

SUMMER ACTIVITIES

D CAFE

The D Café is an informal gathering for people with dementia, their family and carers. At the heart of the D Café is the mutual support it can offer. We meet from **1pm to 3pm on the last Thursday of the month at the Quaker Meeting House at 7 Victoria Terrace (above Victoria Street) EH EH1 2JL**. On 26 June we will be joined by Diana Morton from Edinburgh Museums and Galleries. The Memory Box she brings with her is always full of surprises and generates much discussion and reminiscences. On 31 July we have a picnic in Saughton Park. There is no meeting in August but on 25 September we return to welcome Wendy Carle Taylor who enchants us with her singing. For the full programme for 2014 please telephone the Edinburgh Branch office.

'Art in the City'

'Art in the City' is a friendly, diverse group of people who meet on the **second Thursday of the month in the City Art Centre, Market Street EH1 1DE** to share an opportunity to look at, and discuss, art – and other things!

We meet to provide an opportunity for people whose lives are affected by dementia to share a gallery visit with other interested people, who are able to provide a welcome and a bit of support where necessary.

We meet at 10.30 and have coffee/tea and a chat together. At about 11am we start our session- looking at our chosen exhibition/theme for the morning. We finish at 12.00.

Our next event - A Capital View - the Art of Edinburgh - is on Thursday 12 June.

For more information about 'Art in the City' and details of our meeting on Thursday 10 July contact: Fiona Campbell, Social Worker: 0131 469 6222 or email: fiona.campbell@edinburgh.gov.uk

THE FORGET ME NOTES SINGING GROUP, EDINBURGH

Singing and fun! We meet on the **last Thursday of each month at 7pm in the Salvation Army Hall in Gorgie Road**. Because we are linked to the Early Onset Project, the songs we sing reflect the 60s, 70s and 80s. Contact Alan Midwinter 0131 551 9350.

EDINBURGH SINGING GROUPS

for people with dementia and their carers

A group meets at **St Serf's Church Hall, 1a Clark Road, EH5 3NP** twice a month on **Thursday afternoons**. Contact Sheila Hardie, 0131 551 1229 or Kate Walker 0131 554 44940.

Another group meets at **Fairmilehead Parish Church Hall, 1a Frogston Road West, EH10 7AA** on the **2nd and 4th Wednesdays of the month**. Contact Anne Sommerville 0131 447 5132 or Moira Pate 0131 667 8336.

A third Singing Group for people with dementia and their carers is in the planning stages. It aims to meet at St Christopher's Church, Craigentenny Road twice a month on Monday afternoons and will mirror the groups at St Serf's and Fairmilehead. We are currently looking for volunteers and are keen to hear from anyone willing to help with keyboard playing, leading the singing, helping with meeting and greeting and making and serving tea/coffee. If you are interested, please contact Sheila Hardie 0131 551 1229 or Kate Walker 0131 554 4940 for further information.

100 CLUB WINNERS

Apr	A&A Arthur	H MacDonald
May	B Mure	J Shaw
Jun	A Cairns	C Watt

Alzheimer Scotland –
Action on Dementia
is a company limited by
guarantee, registered in Scotland
149069.



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Gardens, Edinburgh EH3 7RN.
It is recognised as a charity by the
Office of the Scottish Charity Regulator,
no. SC022315

We rely on fund-raised income and donations to help us to campaign and to provide services for Scotland's 88,000 people with dementia and their carers

www.alzscot.org