

## ACTIVITIES for 2015

### D CAFE

This seems to be the right time to thank those who have supported the D Café over the past year – volunteers, speakers, entertainers and, of course, you who join us each month – and to issue a warm welcome to those who haven't yet found us.

The D Café is an informal gathering for people with dementia, their families and carers where there is time for a blether, sharing experiences with each other all in a relaxed and safe place and over a cup of tea! At the heart of the D Café is the mutual support it can offer. Volunteers are also on hand.

**There won't be a December meeting but we will meet again on 29 January 2015.** We usually start the year with a good catch up chat so we don't invite a speaker. And by then I should be able to let you know what delights we have planned for the rest of the year. **We meet from 1pm and 3pm on the last Thursday of the month at the Quaker Meeting House at 7 Victoria Terrace.** Please contact the office in January, on 667 6289 for the new programme.

Take good care and see you in 2015!

### GALLERY SOCIAL

Join artists for free, informal guided tours around the National Galleries for anyone affected by dementia, their friends, relatives and supporters. For more information and to book a place contact Meg Faragher, Families and Communities Learning Co-ordinator, Tel: 0131 624 6428, M: 07814751087 or email: mfaragher@nationalgalleries.org

#### **Beauty by Design | Fashioning the Renaissance**

Friday 23 January, 10.30am-12noon  
Scottish National Portrait Gallery

#### **The Two Roberts: Robert Colquhoun and Robert MacBryde**

Friday 27 February, 10.30am-12noon  
Scottish National Gallery of Modern Art (Modern 2)

#### **BP Portrait Award 2014**

Friday 27 March, 10.30am-12noon  
Scottish National Portrait Gallery

#### **Dutch Still Life**

Friday 24 April, 10.30-12noon  
Scottish National Gallery, the Mound

### 'Art in the City'

'Art in the City' is a friendly, diverse group who meet on the second Thursday of the month. Our aim is for people whose lives are affected by dementia to share a gallery visit with other interested people. Please contact Fiona Campbell, Social Worker: 0131 469 6222 or email: fiona.campbell@edinburgh.gov.uk for more details about each meeting.

**Historical Collection** Thursday 11 December 2014

10.30am Scottish National Portrait Gallery

**Beauty by Design** Thursday 18 January, 10.30am

Scottish National Portrait Gallery

**You Choose – Edinburgh's Favourites** Thursday 12

February 10.30am City Art Centre

**To be confirmed** Thursday 12 February 10.30am

**Magne Furuholman** Thursday 9 April 10.30am

Dovecot Studios

### VOCAL(Voice of Carers across Lothian)

For details of training, learning, social and leisure activities in 2015, please contact VOCAL  
Address: 8-13 Johnston Terrace T: 0131 622 6666  
E: centre@vocal.org.uk W: www.vocal.org.uk

### CONGRATULATIONS!

Barbara, our Branch Chair, received a Recognition Award at the AGM of Alzheimer Scotland in November. This was in acknowledgement of her multi-faceted involvement over a number of years in different activities, including, amongst others, the D Café, the Helpline, the Council and Edinburgh Branch.

### TOPICAL TIP

You might find this leaflet useful - 'Celebrating the festive season with someone who has dementia'. You can ring the Helpline for a copy or download it [http://www.alzscot.org/information\\_and\\_resources/information\\_sheet/1781](http://www.alzscot.org/information_and_resources/information_sheet/1781).

### 100 CLUB WINNERS

Oct	J McIntosh	M Angus
Nov	E Robinson	R Waters
Dec	K Leary	N Evans

Alzheimer Scotland –  
Action on Dementia  
is a company limited by  
guarantee, registered in Scotland  
149069.



Registered Office: 22 Drumsheugh  
Gardens, Edinburgh EH3 7RN.  
It is recognised as a charity by the Office  
of the Scottish Charity Regulator, no.  
SC022315

**We rely on fund-raised income and donations to help us to campaign and to provide services for Scotland's 88,000 people with dementia and their carers**

[www.alzscot.org](http://www.alzscot.org)