AUTUMN and WINTER ACTIVITIES Gallery, Garden, Museum and Library Socials

Friday dates from October 2015 – January 2016 For details of venues and to book places contact:

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Garden Social -		0131	248	2981
Library Social	-	0131	623	3734
Museum Social	-	0300	123	6789
Gallery Social	-	0131	624	6560
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Socials in October

Garden Social – 2 October 10.30 -12.30pm The autumn herbalist: Aromatic remedies Library Social – 9 October 10.30 -12noon Lifting the Lid: a history of Scottish cooking Museum Social – 16 October 10.30 -12noon Polka Dot Cotton: modern glass sculptures Gallery Social – 23 October, 10.30am -12noon Arthur Melville

Socials in November

Garden Social - 6 November 10.30 -12.30pm Buck-up berry tonics: Wild berries to wonderful concoctions

Library Social - 13 November 10.30 -12noon Good reads: John Buchan and other favourite writers

Museum Social - 20 November 10.30 -12noon Ice Age Animals

Gallery Social - 27 November 10.30 -12noon Head to Head | Portrait Sculpture

Socials in December

Garden Social - *4 December 10.30 -12.30pm* Christmas spice:Tastes and scents of the season **Library Social -** *11 December 10.30 -12noon* Football: Scotland's Dream Team, 1945-1980 **Museum Social -** *18 December 10.30 -12noon* Scotland at Work

Socials in January

Garden Social - 8 January 10.30 -12.30pm The flowers of Robert Burns Library Social - 15 January 10.30 -12noon Exploring Robert Burns: poetry and song Museum Social - January 22 10.30 -12noon Rabbie Burns: Fiddle Music Gallery Social - 29 January 10.30am -12noon

Rabbie Burns – a celebration!

Courses for Carers organised by VOCAL

Understanding Dementia

Thursdays 1 October-5 November 10 am-12.30pm Dementia Information Day Saturday 3 October 10am-2.30pm

Dementia and Long Term Care

Tuesdays 6 October – 20 October 10am-12.30pm

Caring for someone with Dementia and thinking about challenging behaviour

Thursdays 12 & 26 November 10am – 12.30pm Other learning and leisure opportunities also available - art, body balance,reflexology, etc. For details and to book contact 0131 622 6666

SAVE the DATE!

Saturday 5 December 10am – 12 noon Alzheimer Scotland Edinburgh Branch Coffee Morning and Information Stall Priestfield Church, Dalkeith Road, Edinburgh,

'Art in the City'

These gallery visits are run by volunteers from the Department of Health and Social Care, working with the City Museums and Galleries Service, the Volunteers Development Team and the Older Peoples Resource and Development Team, and the D Café, Alzheimer Scotland (Edinburgh Branch). For more information and to book places contact: Rachel Henry, Volunteers Development Team, tel: 0131 469 6187 or 469 595 or email: rachel.henry@edinburgh.gov.uk

Date	Exhibition	Venue
Thu 8 Oct 10.30 -12	Bailey's Stardust	Scottish National Gallery
Thu 12 Nov 10.30 -12	Scottish Women Artists 1880-1965	Gallery of Modern Art 2
Thu 10 Dec 10.30 -12	Arthur Melville	Scottish National Gallery

D Café

You will be made very welcome at our Edinburgh Branch D Café between **1pm and 3pm on the last Thursday of the month at the Quaker Meeting House at 7 Victoria Terrace (above Victoria Street) Edinburgh.** More and more people are finding us and there is a real buzz of chat and mutual support. The D Café is an informal gathering for people with dementia, their family and carers where there is time for a blether, sharing experiences over a cup of tea!

On *Thursday 24 September* Wendy Carle Taylor will be singing to us. Those who have heard Wendy in the past will know it's a real treat - and for those who haven't, it's a session not to be missed. On *Thursday 29 October* there will be a talk about the Water of Leith and on *Thursday 26 November* we will celebrate St Andrew's Day. There will be no meeting in December.

For further information, please contact the Branch office 0131 667 6289

100 CLUB WINNERS

May	C Breslin	R Henderson
June	M Macleod	B Shandon
July	J Thomson	D Walker
Aug	J Walls	W Wynn
Sept	P Robson	J Mason