

Locations

Singing Memories: This is a Group of people with dementia and their carers/families to come along and join in with sessions of singing and playing instruments.

“No need to be tuneful, just to be joyful”

Held at The Wallneuk North Church, Abercorn Street, Paisley.

Monday Drop-In Cafe: This is a lunchtime Group for something to eat and “a catch-up and chat with friends”.

Held at The Brewers Fayre, Phoenix Park, Linwood.

Forget-Me-Not Café: A Drop-In Café, which each week has an activity planned, eg. boardgames, arts & crafts, reminiscence or perhaps singing “it’s a fun time had by all”

Held at Renfrew North Parish Church, 14b Renfield Street, Renfrew PA4 8RG

St Mirren FC Football Memories: This Group is run by volunteers with input from staff at St Mirren FC to talk about football old and new “90 minutes of fun from when the whistle blows”

Held at St Mirren Park, Greenhill Road, Paisley PA3 1RU

All other events

Held at The Memory Lane Club, 32 Riccarton Avenue, Paisley PA2 6BG

For any further information on any of the events please contact Wendy or Iain on 0141 887 1289.

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.

All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can take responsibility for them and share the experiences of the group.

We are unable to provide transport, therefore it is your responsibility to get to and from this community activity, safely.

Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Registered office: 22 Drumsheugh Gardens, Edinburgh EH3 7RN. It is recognised as a charity by the Office of the Scottish Charity Regulator, no. SC022315



Renfrewshire Services

Diary of Events for
February - March 2017

Making sure nobody faces dementia alone.

FEBRUARY

Wed 1st	Forget-Me-Not Café Peer Support Groups	2.00–4.00pm 6.30–8.00pm
Mon 6th	Drop-In Café (Phoenix Park)	12.30 - 2.00pm
Tues 7th	Singing Memories	6.30 - 8.00pm
Wed 8th	Forget-Me-Not Café	2.00–4.00pm
Tues 14th	Singing Memories	6.30–8.00pm
Wed 15th	Forget-Me-Not Café Social Evening Valentines Theme	2.00–4.00pm 6.30–9.00pm
Tues 21st	Football Memories Singing Memories	1.00–2.30pm 6.30 - 8.00pm
Wed 22nd	Forget-Me-Not Café	2.00–4.00pm
Thurs 23rd	Drop-In Café	10.30–12 noon
Mon 27th	St Mirren FC Football Memories	2.30–3.30pm
Tues 28th	Singing Memories	6.30–8.00pm

MARCH

Wed 1st	Forget-Me-Not Café Peer Support Groups	2.00–4.00pm 6.30–8.00pm
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Wed 29th	Forget-Me-Not Café	2.00–4.00pm

