## Annual Conference 2017 - Current Programme
### International Insights; National Innovation; Local Inspiration

<table>
<thead>
<tr>
<th>Time</th>
<th>Item &amp; Speaker(s)</th>
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<tbody>
<tr>
<td>9:00 – 9:30</td>
<td>Registration&lt;br&gt;Tea, coffee, exhibitions &amp; posters</td>
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<tr>
<td>9:30 – 9:35</td>
<td>Welcome&lt;br&gt;Henry Simmons, Chief Executive, Alzheimer Scotland plus Archie Noone, Chair, Scottish Dementia Working Group (SDWG) &amp; Maggie Muir, Member, National Dementia Carers Action Network (NDCAN)</td>
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<td>9:35 – 9:45</td>
<td>Ministerial welcome&lt;br&gt;Further insights into the third dementia strategy; national standards for dementia care&lt;br&gt;Maureen Watt MSP, Minister for Mental Health, The Scottish Government</td>
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<td>9:45 – 10:00</td>
<td>Why is it taking so long?&lt;br&gt;The challenges of implementing national strategy at local level. What’s the gap and how do we bridge it?&lt;br&gt;Henry Simmons, Chief Executive, Alzheimer Scotland</td>
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<td>10:00 – 10:15</td>
<td>What’s next for Scotland? The nature of engagement&lt;br&gt;Geoff Huggins, Director of Health and Social Care Integration, Scottish Government</td>
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<td>10:15 – 10:30</td>
<td>Brexit! What does this mean for dementia?&lt;br&gt;Post Brexit implications for research and cooperation in Europe&lt;br&gt;Jean Georges, Executive Director, Alzheimer Europe</td>
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<td>10:30 – 10:35</td>
<td>When will there be good news?&lt;br&gt;Where’s my new drug?&lt;br&gt;Personal account of hopes, disappointments and aspirations for dementia research&lt;br&gt;Anne Macdonald, Vice-Chair, SDWG</td>
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<tr>
<td>Time</td>
<td>Session Title</td>
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<tr>
<td>10:35– 10:45</td>
<td>The international research perspective and Brexit implications for EPAD &amp; Prevent</td>
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<td>10:45 – 10:55</td>
<td>Research progress &amp; practice at the Alzheimer Scotland Dementia Research Centre</td>
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<td>10:55 – 11:25</td>
<td>Coffee Break</td>
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<tr>
<td>11:25 – 12:25</td>
<td>Parallel Sessions</td>
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<tr>
<td>12:25 – 13:25</td>
<td>Lunch</td>
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<tr>
<td>13:25 – 14:25</td>
<td>Parallel Sessions</td>
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<td>14:25 – 15:10</td>
<td>Coffee Break</td>
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<td>15:10 – 15:20</td>
<td>The road to a rights based approach to dementia:</td>
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<td>15:30 – 15:35</td>
<td>Yes it does! No it doesn’t! Contradictory nutrition, food &amp; drink risk reduction &amp; prevention messages.</td>
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### Mind diet and dementia prevention
Dr Martha Clare Morris, Professor, Rush University Medical Center, Chicago

### HammondCare’s innovative approach to food & drink including menu creation
CHAIR: Colm Cunningham, Director of Dementia Centre, HammondCare
Peter Morgan Jones, Executive Chef, HammondCare

### Closing Remarks
Including prize awarded for the best poster
Henry Simmons, Chief Executive, Alzheimer Scotland

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**Parallel Sessions**

You will be given the opportunity to select one option for the morning and afternoon period when registering.

**AM: Connecting people, connecting support**

Description: This session will share how we are working collaboratively to bridge the gap between policy and practice in Scotland. Bringing together people with lived experience and professionals to make it happen! This interactive session will provide examples of where we know things are working well in post diagnostic support, care co-ordination in the community and hospital settings. Improvement is happening...you can do it too!

CHAIR: Michelle Miller, National Improvement Lead, Focus on Dementia
Julie Miller, Associate Improvement Advisor, Focus on Dementia
Elaine Hunter, National Allied Health Professions Consultant, Alzheimer Scotland
**AM: Nutrition, food & drink**

Description: Developments, insights and solutions to some of the food and drink challenges associated with dementia, including a chef’s approach to dignified and enjoyable meal times; strategies for adopting a risk reduction diet; simple adaptations to make the kitchen a safe and enjoyable heart of the home.

CHAIR: Barbara Sharp, Policy & Research Advisor, Alzheimer Scotland
Dr Martha Clare Morris, Associate Professor, Rush University Medical Center, Chicago
Peter Morgan-Jones, Executive Chef and Food Ambassador, HammondCare

**AM: Make it equal: all of our roles in equalities and dementia**

Description: A 2016 report ‘Dementia and Equality’ from NHS Health Scotland and Alzheimer Scotland found a number of population groups to be under-researched in research and that practice responses varied hugely. With a particular focus on lesbian, gay, bisexual and transgender people, and people with learning disabilities this session will explore what we know, what we don’t know, ongoing work and what we can all do to better support people with a range of diverse backgrounds and needs who are affected by dementia.

CHAIR: Amy Dalrymple, Head of Policy, Alzheimer Scotland
Graham Jackson, Alzheimer Scotland Professor of Dementia Care, Alzheimer Scotland Centre for Policy and Practice, University of West of Scotland
Michael Tornow, Senior Health Improvement Officer - Public Service Reform, Health Scotland
Maruska Greenwood, Chief Executive, LGBT Health and Wellbeing
Karen Watchman, Senior Lecturer in Frailty, Ageing and Dementia, University of Stirling

**AM: Caring by design: function vs aesthetics**

Description: The importance of design & innovation in future dementia care environments. Areas of focus will include the HammondCare approach to care home design in Australia; Alzheimer Scotland’s approach to dementia resources centres as public spaces and insights into product design and domestic spaces.

CHAIR: Colm Cunningham, Director of Dementia Centre, Hammond Care
Joyce Gray, Deputy Director of Development, Alzheimer Scotland
Ross Hunter, Director, Graven
Jeni Lennox, Project Manager, Dementia Circle
AM & PM: Innovations in practice - music, film, dementia dogs, language & sensory day care
Description: An interactive showcase of non-pharmacological innovations that are currently used in day support and what could be on offer in the future
CHAIR: Jan Beattie, Deputy Director Workforce Development, Alzheimer Scotland
Robbie Norval, Director & Founder, Lingo Flamingo
Andy Lowndes, Deputy Chair & Training Lead, Playlist for Life
Michael White, Football Memories Manager, Alzheimer Scotland
Kerry Gough, Dog Instructor, Castle Huntly Prison
Jim Baird, Community Activity Organiser, Alzheimer Scotland
Susan Webb, Development Coordinator, Little Art School Trust
Fiona Bell, Service Manager, Alzheimer Scotland
Linda Kerr, Day Care Organiser, Alzheimer Scotland

PM: Designing services for younger people with dementia
Description: Learn about current services; the challenges for younger people accessing relevant services; discussion on improving future support and a case study from one family’s experience living with a diagnosis.
CHAIR: Jim Pearson, Director of Policy & Research, Alzheimer Scotland
Dr Marie Prince, Clinical Psychologist, NHS Greater Glasgow and Clyde
Ros Wilson, Practice Team Leader, Alzheimer Scotland
Karen Lau
Dr Gary Stevenson, Consultant Psychiatrist, NHS Fife
**PM: Advanced illness, end of life & palliative care**

*Description:* This session will consider what is needed and what is happening to improve the experiences of people with advanced dementia and those who are dying with dementia. It will include personal, professional and academic perspectives.

*CHAIR:* Amy Dalrymple, Head of Policy, Alzheimer Scotland
Muriel Reid
Iva Holmerova, Chairperson, Alzheimer Europe
Prof. Debbie Tolson, Alzheimer Scotland Professor of Dementia/Director, Alzheimer Scotland Centre for Policy and Practice, University of West of Scotland
Scottish Social Services Council

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**PM: Enabling technologies: technology and digital innovation**

*Description:* Innovations in technology that help people with dementia live better, including an update on the progress of the technology charter; Purple Alert; the rise in the use of health trackers and self-diagnosis tool; and what this means for information provision, risk reduction and prevention.

*CHAIR:* Joyce Gray, Deputy Director of Development, Alzheimer Scotland
Charlotte Swarbrick, Technology Coordinator, Alzheimer Scotland
Gillian Anderson, Technology Coordinator, Alzheimer Scotland
Nicola Cooper, Technology Coordinator, Alzheimer Scotland
Tommy Petillo, Website Manager, Alzheimer Scotland
Sandra Shaffi, Consultant
**PM: Capturing person centeredness – sex, diversity and hope**

Description: This session will involve three individual presentations showcasing why person centred care is essential when helping people to live well with dementia.

Chair: Prof Jan Dewing, Sue Pembrey Chair in Nursing, Queen Margaret University
Richard Leckerman, Service Manager, Alzheimer Scotland
Jen Hall, Training Officer, Alzheimer Scotland
Barbara Sharp, Policy & Research Advisor, Alzheimer Scotland
Margaret Brown, Senior Lecturer, University of the West of Scotland
Dr Fiona Maclean, Senior Lecturer, Queen Margaret University
Elaine Hunter, National Allied Health Consultant, Alzheimer Scotland
Maureen Huggins, Member, National Dementia Carers Action Network