



Alzheimer Scotland
Action on Dementia

Innovative dementia services

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What is an innovative dementia service?

- Individual level
- Service level

What do people with dementia need?

- HDL 44 template outcomes for people with dementia:
 - As normal a life as possible
 - Successful readjustment after a period away
 - Best possible quality of life

What's 'normal'?



Principles

- Good knowledge of the individual
- Balancing risk and protection
- Based locally in the community
- Care staff trained and supported
- Small, domestic, home-like settings & philosophy of care
- Attention to design



Range & Capacity Review Group

- Emphasis on health improvement
- Individual needs at the centre
- Support as citizens and to participate in wider community

- Whole systems approach
- Healthy living, living well and prevention
- New ways of thinking and providing services
- More innovative models of care



Themes

- Environment/setting
- Ethos
- Technology

Innovative service planning

- Creative housing solutions
 - Cathkinview
 - Croftspar Place
- Blurring the boundaries between home and care home



Environment/setting/ethos

- 'Small, domestic, home-like settings'

Skye & Lochalsh Dunvegan Day Care

- Ordinary house
- Very local provision in rural area
- 5 places, 2 days a week
- 2 staff



Joint Dementia Initiative 'Home from Home'

- 'A day out with a friend'
- In someone's own house
- Staffed by householder and 1 other, trained, self-employed
- 4 or 5 people
- Everyday activities you would do with a friend



Environment/setting/ethos

- 'Small, domestic, home-like settings'
- Clubs
- Adult education

Dementia and Memory Community Centres (Australia)

- Alzheimer's Australia NSW
- Aim is to improve awareness & management of dementia
- Art, music, exercise and relaxation programs
- Workshops for people with dementia and carers together
- Monthly café
- Library & information service
- Counselling service



Day opportunities – or is it home support?

- Support to access community facilities
- Fife
 - Younger people's day opportunities group
 - Ken's Tours
- Voluntary work
- One-to-one – Home Support services



Technology and telecare

- Northamptonshire Safe at Home study
- Technology cost-effective, delays admission to care
- Range of devices based on thorough assessment
 - Door sensors and bed-leaving monitors
 - Video phones
 - Smoke, flood and intruder detectors
- Call centre link essential



North Lanarkshire Council

- Full assessment:
 - Legal and ethical implications
 - OT – avoid de-skilling people
- Personalised packages
- Most common are movement and door sensors
- Can help people to remain at home
- Alarm monitoring essential



Are we doing enough?

- Seeking the views of service users & carers central
- But people don't know what they don't know
- Innovation is **everyone's** responsibility

