

Lanarkshire

Lanarkshire Regional Office

Old Town Hall, High Road, Motherwell, ML1 3HU

Tel: 01698 275300

Fax: 01698 251867

Email: LanarkshireServices@alzscot.org

- Information, advice, support
- Carer education
- Outreach support.

- Regional Manager - Linda Smith
- Locality Manager - Arlene Crockett
- Finance Administrator - Mary Clarke

- Carers support group
- Service user support group
- Singing for the Brain singing group - weekly, St John's Centre, 12-14 Duke Street, Hamilton. Contact Teeda Boyd, Dementia Advisor, 01698 892 900.

- Assistant Service Manager - Jim Clarke
- Project Worker - Claire Hermon
- Training and Community Project Manager - Anne McWhinnie
- Senior Support Worker - Sharon McKendrick

Dementia Advisor - Teeda Boyd

c/o Voluntary Sector Support Centre, 155 Montrose Crescent, Hamilton, ML3 6LQ

Tel: 01698 892 900

Email: tboyd@alzscot.org

Covering South Lanarkshire.

North Lanarkshire

North Lanarkshire Support Services

Old Town Hall, High Road, Motherwell, ML1 3HU

Tel: 01698 275300

Email: LanarkshireServices@alzscot.org

- Home support
- Information and advice
- Carer support and education
- Support groups

- Assistant Service Manager - Jim Clarke
- Project Worker - Claire Hermon
- Senior Support Worker - Sharon McKendrick
- Carer Liaison Worker - Angela McCafferty
- Memory Clinic Link Workers - Rose Burnett, Janice Stewart, Helen McKenzie
- Administrators - Janice McGhie, Jennifer Ingram, Marie Higson

South Lanarkshire

South Lanarkshire Services

Old Town Hall, High Road, Motherwell, ML1 3HU

Tel: 01698 275300

Email: LanarkshireServices@alzscot.org

- Information and advice
- Outreach support for carers and people with dementia
- Home support

South East and Central

South East and Central Regional Office

National Office, 22 Drumsheugh Gardens, Edinburgh, EH3 7RN

Tel: 0131 243 1453

Fax: 0131 243 1450

Email: hhay@alzscot.org

Alzheimer Scotland regional office.

- Regional Manager - Helen Hay
- Finance Administrator - Lucy Marriott

- Link Worker - Faye Smart
- Project Workers - Janine Adair (North East Fife), Yvonne Bryce (Central Fife), Margaret Hay (West Fife)
- Family Outreach (Younger Persons Project - West Fife) - Mary Hammon

Dementia Advisor - Ann Little

12-14 Whytescauseway (access via Kirkcaldy bus station), Kirkcaldy, KY1 1XF

Tel: 01592 204 541

Email: alittle@alzscot.org

Covering North East Fife. Mobile: 07543 388760.

Borders

Borders Services

Kelso Hospital, Inch Road, Kelso, TD5 7JP

Tel: 01573 226162

Email: BordersServices@Alzscot.org

- Training, information and support
- Carer support groups
- Awareness raising

- Resource Worker - Stephen Fox
- Administrator - Marbeth Hardie

Dementia Advisor - Jane Maskelyne

12-14 Whytescauseway (access via Kirkcaldy bus station), Kirkcaldy, KY1 1XF

Tel: 01592 204 541

Email: jmaskelyne@alzscot.org

Covering Central and West Fife.

Fife

Fife Dementia Resource Centre

12-14 Whytescauseway, (access via Kirkcaldy bus station), Kirkcaldy, KY1 1XF

Tel: 01592 204541

Email: fiferegion@alzscot.org

- Information and support
- Home and community support
- Weekend day care (Kirkcaldy)
- Carer education & carer support
- Drop in/Information Cafes
- Fife Memory Clinic/Early Stage Service
- Interest groups
- Younger persons day opportunities (West Fife) and family outreach support.

- Service Manager - Julie Penn
- Administrators - Lorraine Simpson, Linda Tyrell

Forth Valley

Falkirk Services

35 Johnston Avenue, Stenhousemuir, FK5 4JZ

Tel: 01324 559480

Email: FalkirkServices@alzscot.org

- Information and support
- Day care (Stenhousemuir, Bo'ness)
- Home support service
- Carer education
- Carer support group
- Post diagnostic support group

- Service Manager - Fay Godfrey
- Assistant Service Managers - Julie Anne Moore & Lesley-Ann Orr
- Day Care Organisers - Anne Christian, Ann Corbett & Lesley Hawthorn
- Administrator - Julie Drummond

Stirling & Clackmannanshire Services

5 New Street, Bridge of Allan, FK9 4NZ

Tel: 01786 831171

Email: StirlingServices@alzscot.org

- Information and support
- Home support
- Day care (Alloa, Alva, Balfron)
- Carer support groups (Alva, Buchlyvie, Bridge of Allan)
- Carer education
- Musical Memories singing group (monthly).

- Service Manager - Lesley Corr
- Assistant Service Manager - Margaret Marr
- Assistant Service Manager/Carer Liaison
Assistant/Post Diagnostic Support Worker - Carole Pascal
- Day Care Organisers - Margaret Marr, Denise Priestley, John Syme
- Administrators - Jean Reid and Liz Junnier

Dementia Advisor - Carole Pascal

5 New Street, Bridge of Allan, FK9 4NZ

Tel: 01786 831 171

Email: cpascal@alzscot.org

Covering Stirling and Clackmannanshire.

Dementia Advisor - Justine Davidson

35 Johnston Ave, Stenhousemuir, FK5 4JZ

Tel: 01324 559 480

Email: j davidson@alzscot.org

Justine covers the Falkirk area. Contact her for details on:

- post diagnostic support
- post diagnostic support course
- post diagnostic peer support group

Falkirk Branch

36 Cortachy Avenue, Carron, Falkirk, FK2 8DH

Contact: Andy Paterson, Secretary

Tel: 01324 556051

Email: falkirkbranch@alzscot.org

The Falkirk Branch holds open meetings to raise awareness of dementia campaigns on behalf of people with dementia and their carers on local and national issues. It raises funds to support people with dementia - especially those who are clients of the local Falkirk Services - through many activities, from rattling cans to social events including a Burns Supper.

It also encourages membership of Alzheimer Scotland nationally and publishes a newsletter to over 250 mainly

local people with news of local activities of the Branch and of Falkirk Services.

Stirling and Clackmannanshire Branch

37 The Braes, Alloa, FK10 2TT

Tel: 01259 216150

Email: Theobrae@aol.com

- Carer support group
- Open meetings about dementia
- Ex-carer support group

Lothian local services

Mid and East Lothian Services

3 Edinburgh Road, Dalkeith, EH22 1LA

Tel: 0131 654 1114

Email: MidlothianServices@Alzscot.org

Office open: 10am-3.30pm Monday, Wednesday and Friday, 10am-3pm Tuesday and Thursday.

Mid and East Lothian

- Information and advice
- Information and advice on Benefits

Midlothian

- Day care (except Saturday. 9/10 clients per session - stimulation, orientation, craft activities, fun and laughter)
- Day opportunities service
- Private purchase
- Carer support
- Dementia Cafe ('D-Cafe' second and fourth Tuesday of month, 12 noon-3pm, Baptist Church, North Wynd, Dalkeith; lane between Nationwide and Halifax Bank of Scotland, off High Street. Includes Carer Support Group 1pm-2pm. Support for people with dementia at this time. Lunch at 12. Cost £3.00)

East Lothian

- Specialist Dementia Services
- Private purchase
- Dementia Cafe ('D-Cafe' first Wednesday of month, 11am-3pm, St Andrews High Church, High Street, Musselburgh; entrance at rear of building in Mill Hill. Includes Carer Support Group 11.45-12.45pm. Support for people with dementia at this time. Lunch

at 12.45. Cost £3.00)

- Service Manager - Hazel Johnson
- Assistant Service Manager - Alaine Chalmers
- Project Worker - Mark Tolmie (East Lothian)
- Administrator - Jacqui Reade
- Day Care Organisers - Sheila Ray, Alison Napier

West Lothian Self Management Project

c/o Answer House, Reveston Lane, Croftmalloch Road, Whitburn, EH47 8HJ
 Tel: 01501 749 974
 Email: ebutchard@alzscot.org

The project helps people affected by a recent diagnosis of dementia stay in control of their lives. People with dementia and their carers often feel overwhelmed by questions such as 'What happens now?' 'What can I expect in the future?' 'Where can I get support?'

We help people explore the problems they face and to find ways to live with and manage their illness. Together, we can begin to understand their abilities and interests and build on these to help people live as full a life as possible.

This project is the first of its kind for people with dementia in West Lothian. If you think this might be for you call us for more information. The office is open Tues, Wed, Thurs 9am - 3pm.

- Project Manager - Emma Butchard

Dementia Advisor - Lynne Mallinson

94 High Street, Musselburgh, EH21 7EA
 Tel: 0131 514 1044
 Email: lmallinson@alzscot.org

Covering East / Midlothian. Mob: 07827 321 958

Dementia Advisor - Mary McKenzie

Answer House, Reveston Lane, Croftmalloch Road, Whitburn, EH47 8HJ
 Tel: 01501 749 974
 Email: mmckenzie@alzscot.org

Covering West Lothian. Mary works Monday or Tuesday, Wednesday and Thursday.

Dementia Advisor - Teresa Straczynska

139 St Leonard's Street, Edinburgh, EH8 9RB
 Tel: 0131 662 1204
 Email: tstraczynska@alzscot.org

Covering the City of Edinburgh.

Lothian-wide services

Lothian Early Onset Support Services

The Prentice Centre, 1 Granton Mains, Edinburgh, EH4 4GA
 Tel: 0131 551 9350
 Email: LEOSSProject@alzscot.org

This Service is for individuals who have a diagnosis of dementia up to and including the age of 65. We offer:

- Information and advice
- Family outreach support
- Community and home support
- Carer support and education
- 4 day clubs for younger people in the early, moderate and later stages of dementia
- Monthly 'Oasis' social club for carers and younger people with dementia
- A holiday for younger people with dementia and their carers
- Day Club - Answer House, West Lothian (fortnightly)
- Polish Befriending for Polish people of all ages
- The Meeting Place for people with dementia and carers of all ages
 - 1st, 3rd & 5th Saturday of each month, Lifecare Centre, Stockbridge
 - 2nd & 4th Saturday of each month, Eric Liddell Centre Cafe, Morningside (All 12am-3pm, Lucia Main, Organiser)
- Day opportunities for people in the early stages of dementia
- Dementia Cafe (St Andrews Court, Bield Housing, Uphall, 4th Tuesday of month, 11am-2pm)
- Dementia Cafe (Answer House, Whitburn, 2nd Tuesday of month, 12-3.15pm)
- West Lothian Self Management Project
- Service Manager - Alan Midwinter
- Administrator - Debbie Rae
- Family Outreach Workers - Shelagh Prime, Elizabeth Campbell
- Day Club Organisers - Lindsay Gibson, Paula Frame
- Volunteer Co-ordinator - Izabela Banasiak

Edinburgh Branch

Branch Office, 139 St Leonard's Street, Edinburgh, EH8 9RB

Tel: 0131 667 6289

Email: EdinburghBranch@alzscot.org

The Edinburgh branch of Alzheimer Scotland offers:

- Advice and information
- Strathyre Holidays
- Dementia Cafe - Quaker Meeting house, Victoria Terrace; last Thursday of month 1-3pm

Office hours: 10am-12 noon, Monday - Friday.

National Services

24 hour Dementia Helpline

- Information
- How to get help
- Emotional support
- 24 hours - confidential service
- Database of care homes

Freephone 0808 808 3000

Development Team

Deputy Director Development - Joyce Gray,
jgray@alzscot.org

Practice Development Manager - Julie Miller,
jmiller@alzscot.org

Development Managers - Marie Innes,
minnes@alzscot.org (Tel: 01698 275300); Jenny Henderson (based in Dumfries Office),
jhenderson@alzscot.org; Yvonne Stewart (National Self Directed Support development) ystewart@alzscot.org;
Anne Marie MacDonald, ammacdonald@alzscot.org
Development Team Co-ordinator - Kirsty Wilson,
kwilson@alzscot.org

Development Administrators - Angi Inch,
ainch@alzscot.org; Nicola Cooper,
ncooper@alzscot.org; Patricia McQuarrie,
pmcquarrie@alzscot.org

Learning Development Manager - Hazel Walker,
hwalker@alzscot.org

SVQ Trainer/Assessor - Lesley Thomas,
lthomas@alzscot.org

Learning Development Administrator - Dorothy Keith,
dkeith@alzscot.org

Alzheimer Scotland, 81 Oxford Street, Glasgow, G5 9EP.

Tel: 0141 418 3930, fax: 0141 418 3945.

Fundraising

Deputy Director of Fundraising - Glenda MacKenzie,
gmackenzie@alzscot.org
Head of Fundraising Development - Shona Blakeley,
sblakeley@alzscot.org
Donor Development Manager - Angie Smith,
asmith@alzscot.org
Trusts and Corporate Fundraising Manager - Catherine
Thomas, cthomas@alzscot.org
Events Manager - Val Weir, vweir@alzscot.org
Fundraiser (Northern Scotland) - Vera Haringman,
vharingman@alzscot.org based at Gordon Terrace,
Inverness
Corporate Fundraiser - Gillian Messelink,
gmesselink@alzscot.org
Trusts and Corporate Fundraiser - Lucy Christopher,
lchristopher@alzscot.org
Sponsored and Community Events Fundraiser - Martin
Quigley, mquigley@alzscot.org
Community and Events Fundraiser - Rachel Laming,
rlaming@alzscot.org
Events Administrator - Gillian Dimmock,
gdimmock@alzscot.org
Fundraising Administrator - Gillian Ronaldson,
gronaldson@alzscot.org
Fundraising Administrator - Nicola Brown,
nbrown@alzscot.org

Alzheimer Scotland, 22 Drumsheugh Gardens,
Edinburgh, EH3 7RN.
Tel: 0131 243 1453, fax 0131 243 1450.
Events Line: 0845 260 0789

Information and Helpline Department

Information Manager - Maureen Thom
Helpline Manager - Elaine Harley
Helpline Assistant - Carole Ramsay
Awareness Manager - Kirsty Jardine
Website and Intranet Manager - Ian Hewines
Administrative Assistant - Lucy Glenny

Alzheimer Scotland, 22 Drumsheugh Gardens,
Edinburgh, EH3 7RN
Tel: 0131 243 1453, fax: 0131 243 1450
Email: alzheimerscot@alzscot.org

Welfare Rights Service

- Information about social security benefits and other sources of financial help administered by the Department for Work and Pensions, Local Authorities and other agencies
- Information about Free Personal and Nursing Care
- Information about Local Authority Financial Assessments and Charging Policies
- Information about the Adults with Incapacity (Scotland) Act 2000
- Talks to groups
- Training for colleagues and staff of other organisations who work with people who have dementia

To access the Welfare Rights Service, contact your local Alzheimer Scotland Services in the first instance, or the Dementia Helpline on 0808 808 3000.
Welfare Rights Service Manager - Jim Pearson (direct line 0141 418 3937) Email: jpearson@alzscot.org
Welfare Rights Assistant - Andy Paul
Welfare Rights Service, Alzheimer Scotland, 81 Oxford Street, Glasgow, G5 9EP.
Tel: 0141 418 3936
Email: Welfare@alzscot.org

Scottish Dementia Working Group

The Scottish Dementia Working Group (SDWG) is a national campaigning group, run by people with dementia. We are the independent voice of people with dementia within Alzheimer Scotland.

Membership is open to people with dementia.



run by people with dementia

The purpose of the Working Group is to campaign to improve services for people with dementia and to improve attitudes towards people with dementia.

Enquiries are welcome from, or on behalf of, individuals from anywhere in Scotland who are interested in becoming involved.

Joint National Co-ordinators - Martin Sewell, Jenny Douglas
Development Officer - Deborah Grossman

Alzheimer Scotland, 81 Oxford Street, Glasgow, G5 9EP.

Tel: 0141 418 3939.

Email: sdwg@alzscot.org

Website: www.sdwg.org.uk

Alzheimer Scotland



Dementia Helpline **24 HOUR**
Alzheimer Scotland
Action on Dementia

Freephone **0808 808 3000**
Email: helpline@alzscot.org

Alzheimer Scotland

22 Drumsheugh Gardens, Edinburgh EH3 7RN

Telephone: 0131 243 1453

Fax: 0131 243 1450

Email: alzheimerscot@alzscot.org

Website: www.alzscot.org

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