



Publications list

Introduction

Alzheimer Scotland produces a range of information materials which are free to people with dementia and carers. We ask professionals and organisations to pay so that we can cover our costs. Some of these materials are also available in large print and audio tape formats. Most of our publications may also be read on-line or downloaded in portable document format (pdf) from www.alzscot.org. Publications, merchandise and Christmas cards may be purchased directly from the "Shop" section of the website: www.alzscot.org/store/

We also produce publicity materials to help raise awareness about dementia and about services available – these are free to everyone.

We publish a range of policy reports for which we charge.

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Free publicity materials

Quantity

<input type="checkbox"/>	Dementia – how to reduce your risk	free
<input type="checkbox"/>	We care about dementia – about Alzheimer Scotland	free
<input type="checkbox"/>	Worried about dementia? – how the Dementia Helpline can help	free
<input type="checkbox"/>	What is dementia? – leaflet	free
<input type="checkbox"/>	Countertop dispenser for Worried about dementia leaflets	free
<input type="checkbox"/>	Dementia Helpline posters (A4)	free
<input type="checkbox"/>	Dementia Helpline cards – wallet-sized, for handing out	free
<input type="checkbox"/>	Please join - individual membership leaflet	free
<input type="checkbox"/>	Corporate & group membership - leaflet	free
<input type="checkbox"/>	Do you have a comment, suggestion or complaint?	free
<input type="checkbox"/>	Payroll giving - how to support Alzheimer Scotland directly through your pay	free
<input type="checkbox"/>	Remember someone special – Forget-me-not tribute funds leaflet	free

Booklets and leaflets for people with dementia & carers

Single copies free to carers and people with dementia; professionals and organisations are asked to pay.

Quantity

<input type="checkbox"/>	Letting go without giving up: continuing to care for the person with dementia	£2.00 (5 + copies £1.50 each)	<input type="checkbox"/>	Working with dementia: a handbook for care staff – booklet by former carer Margaret MacKinlay	Single copy free to care staff
<input type="checkbox"/>	A positive choice – choosing long-stay care for a person with dementia	£3.00 (5 + copies £1.50 each)	<input type="checkbox"/>	Working with dementia: a handbook for home carers – booklet by the Glasgow North Dementia Forum. NB Aimed at home care workers, not family carers	£0.50 per copy; minimum order 10 copies
<input type="checkbox"/>	I'll get by with a little help from my friends – information for friends of people with dementia	£1.50 (5+ copies £1 each)	<input type="checkbox"/>	Caring for a partner, relative or friend with dementia: a pocketbook for carers – booklet by the Glasgow North Dementia Forum.	£0.50 per copy
<input type="checkbox"/>	Looking after yourself – for carers of people with dementia, produced with the help of carers in Scotland.	£1.50 (5+ copies £1 each)	<input type="checkbox"/>	Dementia: what you need to know – leaflet	
<input type="checkbox"/>	Helpcard for people with dementia – wallet-sized card for people with dementia to show to display when seeking extra help or understanding	20p minimum paid order 5 copies	<input type="checkbox"/>	English version – for use <i>only</i> as a translation with minority language leaflets	Photocopy only
<input type="checkbox"/>	Getting help – caring for someone with dementia – leaflet	10p	<input type="checkbox"/>	Bengali version	Photocopy only
<input type="checkbox"/>	Dementia: money & legal matters – a guide 2 volume set	£5.00 (5+ copies £3.75 each)	<input type="checkbox"/>	Chinese version	Photocopy only
			<input type="checkbox"/>	Italian version	Photocopy only
			<input type="checkbox"/>	Polish version	Photocopy only
			<input type="checkbox"/>	Ukrainian version	Photocopy only
			<input type="checkbox"/>	Urdu version	Photocopy only
			<input type="checkbox"/>	Taking charge: a short guide to self-directed support for people with dementia and their carers	

Information sheets

Single copies free to carers and people with dementia; professionals and organisations are asked to pay 25p per copy.

Quantity
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dard print

Quantity
stan- large
dard print

Quantity	stan- dard	large print		Quantity	stan- dard	large print	
<input type="checkbox"/>	<input type="checkbox"/>		1 Branches and services of Alzheimer Scotland	<input type="checkbox"/>	<input type="checkbox"/>		18 Dementia with Lewy bodies
<input type="checkbox"/>	<input type="checkbox"/>		2 Communicating with the person with dementia	<input type="checkbox"/>	<input type="checkbox"/>		19 Free personal care and nursing care
<input type="checkbox"/>	<input type="checkbox"/>		3 Volunteering for research into dementia	<input type="checkbox"/>	<input type="checkbox"/>		20 Ebixa (memantine)
<input type="checkbox"/>	<input type="checkbox"/>		4 Aluminium and Alzheimer's disease	<input type="checkbox"/>	<input type="checkbox"/>		21 Vascular dementia
<input type="checkbox"/>	<input type="checkbox"/>		5 Personal care	<input type="checkbox"/>	<input type="checkbox"/>		22 Complaints – what to do if not happy with a service
<input type="checkbox"/>	<input type="checkbox"/>		6 Understanding and dealing with challenging behaviour	<input type="checkbox"/>	<input type="checkbox"/>		23 Solicitors specialising in mental health
<input type="checkbox"/>	<input type="checkbox"/>		7 Safety in the home	<input type="checkbox"/>	<input type="checkbox"/>		24 Continence management – advice for carers
<input type="checkbox"/>	<input type="checkbox"/>		8 Drugs during dementia	<input type="checkbox"/>	<input type="checkbox"/>		25 Driving and dementia
<input type="checkbox"/>	<input type="checkbox"/>		9 Travel and holidays	<input type="checkbox"/>	<input type="checkbox"/>		26 When people with dementia walk – guide for carers
<input type="checkbox"/>	<input type="checkbox"/>		11 Aricept (donepezil hydrochloride)	<input type="checkbox"/>	<input type="checkbox"/>		27 Alzheimer's disease
<input type="checkbox"/>	<input type="checkbox"/>		12 Anti-inflammatory drugs and Alzheimer's disease – current research	<input type="checkbox"/>	<input type="checkbox"/>		28 Sexuality and dementia
<input type="checkbox"/>	<input type="checkbox"/>		14 Exelon (rivastigmine)	<input type="checkbox"/>	<input type="checkbox"/>		29 Direct payments
<input type="checkbox"/>	<input type="checkbox"/>		15 Community care and assessments	<input type="checkbox"/>	<input type="checkbox"/>		30 Neuroleptic drugs for the treatment of behavioural symptoms of people with dementia
<input type="checkbox"/>	<input type="checkbox"/>		16 Dementia factsheet	<input type="checkbox"/>	<input type="checkbox"/>		31 Alcohol-related brain damage
<input type="checkbox"/>	<input type="checkbox"/>		17 Reminyl (galantamine)	<input type="checkbox"/>	<input type="checkbox"/>		32 Stem cell research & animal research in dementia
				<input type="checkbox"/>	<input type="checkbox"/>		33 Healthy living with dementia
				<input type="checkbox"/>	<input type="checkbox"/>		34 Celebrating the festive season with someone who has dementia

Quantity

stan- large
dard print

<input type="checkbox"/>	<input type="checkbox"/>	35 Genetics and dementia
<input type="checkbox"/>	<input type="checkbox"/>	36 Making decisions about future treatment
<input type="checkbox"/>	<input type="checkbox"/>	38 Pain in dementia
<input type="checkbox"/>	<input type="checkbox"/>	39 Anti-psychotic drugs: what to do if you are worried
<input type="checkbox"/>	<input type="checkbox"/>	40 Risk factors in dementia
<input type="checkbox"/>	<input type="checkbox"/>	41 Constipation & faecal impaction
<input type="checkbox"/>	<input type="checkbox"/>	42 Loss & bereavement in people with dementia

Information on DVD

Single copies free to carers and people with dementia; professionals and organisations are asked to pay.

<input type="checkbox"/>	United we stand - . DVD	£7.50
	The Scottish Dementia Working Group showcases its campaigning & awareness raising activity	including p&p
<input type="checkbox"/>	Through our eyes: a life with dementia	£25.00
	Training DVD	plus £1.00 postage.
		Bulk order rate also available

Local service guides

We are producing guides to local services for people with dementia and carers for each of Scotland's 32 local authorities. The guides below are those complete to date.

Single copies free to carers and people with dementia; professionals and organisations are asked to pay 25p per copy.

Quantity

<input type="checkbox"/>	Angus
<input type="checkbox"/>	Argyll & Bute
<input type="checkbox"/>	City of Edinburgh
<input type="checkbox"/>	Clackmannanshire
<input type="checkbox"/>	Dumfries & Galloway
<input type="checkbox"/>	Dundee
<input type="checkbox"/>	East Ayrshire
<input type="checkbox"/>	East Lothian
<input type="checkbox"/>	East Renfrewshire
<input type="checkbox"/>	Falkirk
<input type="checkbox"/>	Fife
<input type="checkbox"/>	Glasgow
<input type="checkbox"/>	Highland – Badenoch, Strathspey & Nairn
<input type="checkbox"/>	Highland – Caithness & Sutherland

Quantity

<input type="checkbox"/>	Highland - Inverness
<input type="checkbox"/>	Highland - Lochaber
<input type="checkbox"/>	Highland – Ross, Cromarty, Skye & Lochalsh
<input type="checkbox"/>	Inverclyde
<input type="checkbox"/>	Midlothian
<input type="checkbox"/>	North Ayrshire
<input type="checkbox"/>	North Lanarkshire
<input type="checkbox"/>	Orkney
<input type="checkbox"/>	Perth & Kinross
<input type="checkbox"/>	Scottish Borders
<input type="checkbox"/>	Shetland
<input type="checkbox"/>	South Ayrshire
<input type="checkbox"/>	South Lanarkshire
<input type="checkbox"/>	Stirling
<input type="checkbox"/>	West Lothian

Publications from other organisations

We can supply **single copies** of information published by other organisations free **to carers, relatives and people with dementia only**. We cannot supply these titles to professionals or organisations or in bulk, but we list below details of publishers.

Order (1 copy, for individuals only – see above)

- Coping with dementia: a practical handbook for carers** – book (Bulk copies *from local health promotion departments*. Publisher: *NHS Health Scotland, Woodburn House, Canaan Lane, Edinburgh EH10 4SG, 0131-536 5500*)
- Coping with dementia: a practical DVD for carers** - can be viewed in English (with or without subtitles), British Sign Language, Polish, Cantonese, Sylheti or in formal versions of Hindi and Punjabi.
- Facing dementia – how to live well with your diagnosis** – booklet (*NHS Health Scotland - see above.*)
- Living well with dementia** – DVD (*NHS Health Scotland - see above.*)
- Don't make the journey alone** - personal thoughts, support and practical advice written by and for people with dementia (*Published by Alzheimer Scotland; bulk copies from NHS Health Scotland - see above.*)
- Understanding dementia: a guide for young people** – booklet (*NHS Health Scotland - see above.*)
- Keeping safe - a guide to safety when someone with dementia lives alone** – booklet (*NHS Health Scotland - see above.*)
- Worried about your memory?** – booklet (*NHS Health Scotland - see above.*)

Newsletter

Quantity

<input type="checkbox"/>	Dementia in Scotland - Quarterly newsletter of Alzheimer Scotland	£1.50 <i>(Free to members)</i>
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Reports

Quantity

**Let's get personal -
personalisation and
dementia**

£10

2010 ISBN 978 0 948897 63 4

**Meeting our needs? The level
and quality of dementia
support services in Scotland.**

£10

2008 ISBN 978 0 948897 55 9

**The Dementia Epidemic
- where Scotland is now and
the challenge ahead**

£10

2007 ISBN 978 0 948897 51 1

Quantity

**Good for You Good for Your
Brain: the evidence on risk
reduction and dementia**

Free

2006 ISBN 0 948897 48 1

Other policy documents

Charter of rights for
people with dementia
and their carers in
Scotland

Free

Charter of rights for
people with dementia
A3 poster

Free

Ordering

Please use this sheet or a photocopy to order. Prices given include UK post & packing. International postage applies to deliveries outside the UK

Please supply me with the items marked.

Name: _____

Organisation
(if any): _____

Address: _____

Postcode: _____ Telephone (day): _____

E-mail address: _____

Cardholder address, if different
(credit card orders only): _____

Payment method (please tick):

- I enclose a cheque*
- Please charge my Visa or Mastercard*
- Please invoice my organisation*
- No charge** (except reports – listed on page 7) to:
- *Carers and people with dementia*
 - *Alzheimer Scotland services and branches*

Card no:

Amount due: £

Expiry date: _____ Order date: _____

Donation: £

Cardholder signature: _____

Total: £

Card security code (This is the last 3 digits of the number printed on the back of your card. This information will be destroyed as soon as we have processed your payment.)

I am a UK tax payer and would like Alzheimer Scotland to treat all donations I have made in the past 6 years and all my future donations as Gift Aid donations. Please tick box

We would like to keep your details so that in future we can send you occasional information about Alzheimer Scotland or how you could help us. We will not pass them on to any other organisation. Please tick this box if you do not wish us to keep your details.

Please return to: Alzheimer Scotland, 22 Drumsheugh Gardens, Edinburgh EH3 7RN, Scotland, UK. Fax: 0131-243 1450 E-mail: alzheimerscot.org



Dementia Alzheimer Scotland
Action on Dementia

Helpline 24
HOUR

Freephone **0808 808 3000**
Email: helpline@alzscot.org

Alzheimer Scotland

22 Drumsheugh Gardens, Edinburgh EH3 7RN

Telephone: 0131 243 1453

Fax: 0131 243 1450

Email: alzheimerscot.org

Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Registered Office: 22 Drumsheugh Gardens, Edinburgh EH3 7RN. It is recognised as a charity by the Office of the Scottish Charity Regulator, no. SC022315.

Find us on the internet at
www.alzscot.org