

November Activities

Dementia Resource Centre, 8–12 College Wynd, Kilmarnock KA1 1HN 01563 542621



Weds 1	1pm–3.30pm	Musical Minds–Howard Centre, Kilmarnock
Thurs 2	10am–noon	Young@HeART– Art & Craft Group–DRC
Friday 3	10am–2pm	Information & Support Drop-In–DRC
Friday 3	Noon–2pm	Blether & Bite Dementia Cafe–DRC
Friday 3	10.30am–noon	Around the Town–Kilmarnock Stories–DRC
Mon 6	10am–noon	Cumnock Memory Café, East Ayrshire Hospital Cumnock
Mon 6	3pm–4.30pm	Football Memories, Rugby Park
Tues 7	2pm–3.30pm	Men’s Group – DRC
Tues 7	2pm–3.30pm	Girls’ Gathering – DRC
Tues 7	1pm–2.30pm	Garven Court Memory Café–Garven Court
Weds 8	2pm–3.30pm	Musical Minds–Howard Centre, Kilmarnock
Thurs 9	10am–noon	Young @ HeART – Art & Craft Group–DRC
Thurs 9	2pm–3.30pm	Cumnock Social, Menzies Court– Cumnock
Friday 10	10am–2pm	Information & Support Drop-In–DRC
Friday 10	Noon–2pm	Blether & Bite Dementia Cafe–DRC
Friday 10	10.30am–noon	Around the Town–Kilmarnock Stories–DRC
Mon 13	10am–noon	Rowantree Dementia Café–Rowantree Court, Drongan
Tues 14	2pm–3.30pm	Men’s Group–DRC
Tues 14	2pm–3.30pm	Girls’ Gathering – DRC
Weds 15	2pm–3.30pm	Musical Minds–Howard Centre, Kilmarnock
Thurs 16	10am–noon	Young @ HeART – Art & Craft Group–DRC
Thurs 16	2pm–4pm	Galston Friendship Club–Hogg Hall, Galston
Friday 17	10am–2pm	Information & Support Drop-In–DRC
Friday 17	Noon–2pm	Blether & Bite Dementia Cafe–DRC
Friday 17	10.30am–noon	Around the Town–Kilmarnock Stories–DRC
Mon 20	2pm–4pm	Football Memories–DRC
Mon 20	3pm–4.30pm	Football Memories–The Juniors– Auchinleck Talbot Social Club
Tues 21	2pm–3.30pm	Men’s Group–DRC
Tues 21	2pm–3.30pm	Girls’ Gathering – DRC
Weds 22	2pm–3.30pm	Musical Minds–Howard Centre, Kilmarnock
Thurs 23	10am–noon	Little Art School – Young @ HeART – Art & Craft Group – DRC
Friday 24	10am–2pm	Information & Support Drop-In–DRC
Friday 24	Noon–2pm	Blether & Bite Dementia Cafe–DRC
Friday 24	10.30am–noon	Around the Town–Kilmarnock Stories–DRC
Friday 24	2pm–3.30pm	Music & Mix, St Columba’s Church–Stewarton
Mon 27	10.30am–noon	Dementia Circle Session–DRC
Tues 28	2pm–3.30pm	Men’s Group–DRC
Tues 28	2pm–3.30pm	Girls’ Gathering – DRC
Weds 29	2pm–3.30pm	Musical Minds–Howard Centre, Kilmarnock
Thurs 30	10am–noon	Young @ HeART – Art & Craft Group–DRC
Thurs 30	1.30pm–3.30pm	Dementia Dog Day–DRC

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.

All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can take responsibility for them and share the experiences of the group.