



# Your legacy



Leaving a legacy in your Will to Alzheimer Scotland will make a lasting difference and help us create a future Scotland where nobody has to face dementia alone

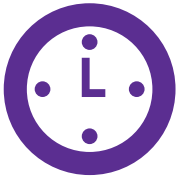
Thank you for considering leaving a legacy in your Will to Alzheimer Scotland. The information enclosed explains how to leave a legacy and the things you and your executors need to consider when making, updating or administering a Will.

## Why your legacy is needed

Dementia can be frightening, confusing, exhausting and isolating. We believe that people living with dementia in Scotland are entitled to have the best quality of life, possible for as long as possible. Here is what we do with the funds we receive at Alzheimer Scotland.

Every year Alzheimer Scotland spends millions of pounds to support people living with dementia. As the number of people living with dementia in Scotland continues to rise, we plan to increase our services and projects, open more resource centres, campaign vigorously for the rights of people living with dementia, and much more.

### People:



**675,000  
hours**

of support delivered  
by our frontline staff.



### 60 + Link Workers

help people come to terms with their diagnosis, manage their symptoms and plan for the future.



### 1,700 staff & volunteers

working to improve the lives of people with dementia, their family members and carers.



### 20,000+ people

have received support from 33 Dementia Advisors since 2010.

### 24/7 Dementia Helpline:



**38%**

of callers contact us in the evening, overnight or at weekends.



**5,000  
calls and  
emails**

to our free confidential 24 hour  
Dementia Helpline every year.

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## Places and projects:

### 200+ groups and projects

running all year round for people with dementia, their family members and carers, including dementia cafes, sporting reminiscence, art and music therapy and peer support groups.

### 48 centres across Scotland

where people with dementia, their family members and carers can meet in welcoming, dementia friendly environments, including 17 Dementia Resource Centres, 30+ local services and 7 gardens, with more to come!



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## Policy and campaigning:



**We collaborated with the Scottish Government to achieve a ground-breaking guarantee of one year's post diagnostic support for everyone diagnosed with dementia in Scotland from April 2013.**

We work with people living with dementia, their families and carers to build a strong voice for people with dementia in Scotland.



Formed in 2002, the Scottish Dementia Working Group (SDWG) was the first ever national campaigning group run by people with dementia.



In 2011, the National Dementia Carers Action Network (NDCAN) was formed.

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## Partnerships, research and development:

Working with partners at universities across Scotland, we aim to improve care and to discover potential new treatments.

Each year we fund

### 15 postgraduate bursary places

and fellowships in Scottish universities.



### 750+

people in Scotland signed up to the Join Dementia Research programme.

## Give the gift of a lifetime...

If you do choose to remember us in your Will, please let us know. It is our opportunity to thank you for your valuable support, both now and long into the future.

Please be assured that, by letting us know, you are not making a legal commitment and are free to change your mind at any time.

You can let us know that you plan to leave a legacy in your Will by using the reply form within this pack, by calling 0131 243 1453 or emailing [legacies@alzscot.org](mailto:legacies@alzscot.org).



Our mission is to make sure nobody faces dementia alone.

Help us make that mission a reality by leaving a legacy in your Will.

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In this pack, you will find a guide to Planning your Will, an Executor's Guide which includes a glossary of legal terms, and a Legacy Notification Reply form.

If any of these items are missing or you'd like further copies, please call our Fundraising Team on 0131 243 1453 or email [legacies@alzscot.org](mailto:legacies@alzscot.org)

Thank you again for considering leaving a legacy in your Will to Alzheimer Scotland.

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Alzheimer Scotland wants to make sure nobody faces dementia alone. There are two main objectives that help us achieve this and drive all our work:

- being the foremost provider of support services and information for people with dementia, their family members and carers throughout Scotland; and
- being the leading force for change at all levels of society, protecting and promoting the rights of people with dementia, their family members and carers.

Alzheimer Scotland is committed to improving the lives and opportunities of people with dementia, their family members and carers. We do this through provision of direct support services and by raising funds to provide our 24 hour Freephone Dementia Helpline (0808 808 3000), our networks of Dementia Advisors and Dementia Nurses, our Reminiscence Networks and our Dementia Research Centres. Our work and campaigning activity is informed by our 7,000 members and delivered by over 1,000 staff and 700 volunteers.

For more information about who we are and what we do, visit [www.alzscot.org](http://www.alzscot.org)

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