Supporting families & carers as equal partners

Maximising physical wellbeing

- Keeping physically active
  - Falls reduction and fracture prevention.
  - Eating well

Maximising psychological wellbeing

- Maintain and maximise communication
- Psychological interventions
  - Psychological therapies

Adapting everyday environments

- Enable environments
  - Using everyday technology.
  - Equipment and adaptations to the home.

Enhancing daily living

- Valuing everyday activities
  - Enhancing vocational and educational opportunities.
  - AHP-led targeted rehabilitation interventions

Connecting People, Connecting Support
Transforming the allied health professionals’ contribution to supporting people living with dementia in Scotland 2017-2020
Connecting People, Connecting Support

Connecting people, connecting support is about how allied health professionals (AHP’s) in Scotland can improve their support for people with dementia, their families and carers to enable them to have positive, fulfilling and independent lives for as long as possible.

The aspiration is that people living with dementia have better access to a range of AHP’s regardless of age or place of residence, early in their diagnosis and throughout their illness.

Connecting People, Connecting Support presents an evidence-informed case to support an approach to practice for AHPs working with people living with dementia – what we call the AHP approach.

5 things you need to know about the AHP Approach:

1. The AHP approach is applicable for all people with a diagnosis of dementia in all care settings
2. It is underpinned by principles of human rights using the PANEL approach as a framework
3. The fundamental understanding driving the approach is that people living with dementia can benefit from AHP-led interventions.
4. The AHP approach combines a biopsychosocial approach of care with an integrated and co-ordinated approach to providing AHP interventions.
5. The five elements in the AHP approach are described separately, but must be considered collectively within overall universal, targeted and specialist AHP interventions

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Blog http://www.alzscot.org/talking_dementia
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You can find the full report here: https://www.alzscot.org/assets/0002/7356/AHP_Report_2017_WEB.pdf