



## 2019 Dates

This year we are introducing a second dementia café! So as well as having our “Around the World” café, we will also have “Soup and Bread” café once a month.

### Dates and times:

- 17 January, 1-3pm - Around the world, Finland
- 29 January, 12-2pm - Soup and bread lunch
- 14 February, 12-2pm - Soup and bread lunch
- 28 February, 1-3pm - Around the world, New Zealand
- 14 March, 12-2pm - Soup and bread lunch
- 28 March, 1pm-3pm - Around the world, Ireland
- 11 April, 12pm-2pm - Soup and bread lunch
- 25 April, 1pm-3pm - Around the world, Greece
- 9 May, 12pm-2pm - Soup and bread lunch
- 30 May, 1pm-3pm - Around the world, Germany
- 13 June, 12pm-2pm - Soup and bread lunch
- 27 June, 1pm-3pm - Around the world, USA

Please note that the café where soup will be served will be earlier than the one with tea/coffee and cake.

For more information please contact KarenBlack, by email: [KarenBlack@alzscot.org](mailto:KarenBlack@alzscot.org) or by phone: 01463 711710 / 07585 669654

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely