

# April Activities

Dementia Resource Centre, 8–12 College Wynd, Kilmarnock KA1 1HN

AyrshireServices@alzscot.org | 01563 542621 or 07584 327875



Mon 1	12 noon - 2.30pm	Acting Up' Session, DRC*
Mon 1	1pm - 2.30pm	Cumnock Music & More, St John's Church Hall, Cumnock
Mon 1	3pm - 4.30pm	Football Memories Park Suite, Rugby Park, Kilmarnock
Tues 2	9am - 12 noon	Tech Drop-in, DRC*
Tues 2	2pm - 3.30pm	Girls' Gathering & Men's Group, DRC
Wed 3	11am - 12 noon	Walking Football Onthank Community Centre, Kirkton Road
Wed 3	1.30pm - 3.30pm	Musical Minds, Kay Park Church, London Road, Kilmarnock
Wed 3	3pm - 5pm	Cumnock Football Memories, Cumnock Social Club
Thurs 4	10am - noon	Young @ HeART, DRC Art & Craft Group
Friday 5	Noon - 2pm	Blether & a Bite Café, DRC
Mon 8	10am - 12 noon	Rowantree Dementia Café Rowantree Court, Dronagan
Tues 9	9am - 12 noon	Tech Drop-in DRC*
Tues 9	2pm - 3.30pm	Girls' Gathering & Men's Group, DRC
Wed 10	10.30am - 12.30pm	Dementia Dog Day DRC
Wed 10	11am - 12 noon	Walking Football, Onthank Community Centre, Kirkton Road
Wed 10	1.30pm - 3.30pm	Musical Minds, Kay Park Church, London Road, Kilmarnock
Thurs 11	10am - 12 noon	Young @ HeART, DRC Art & Craft Group
Thurs 11	2pm - 4pm	Dunlop Circle of Friends, Church Hall, Dunlop
Friday 12	Noon - 2pm	Blether & a Bite Café, DRC
Friday 12	1.30pm - 3.30pm	Music & More - Dalmellington Community Centre
Mon 15	12 noon - 2.30pm	Acting Up' Session DRC*
Mon 15	2.30pm - 4pm	Cinema Session, DRC
Tues 16	9am - 12 noon	Tech Drop-in, DRC*
Tues 16	2pm - 3.30pm	Girls' Gathering & Men's Group, DRC
Wed 17	11am - 12 noon	Walking Football Onthank Community Centre, Kirkton Road
Wed 17	1.30pm - 3.30pm	Musical Minds, Kay Park Church, London Road, Kilmarnock
Thurs 18	10am - 12 noon	Young @ HeART, DRC Art & Craft Group
Thurs 18	2pm - 3pm	Afternoon Tea @ the DRC - DRC
Thurs 18	2pm - 4pm	Galston Friendship Club, Mission Hall, Orchard Street, Galston
Friday 19	Noon - 2pm	Blether & a Bite Café, DRC
Tues 23	9am - 12 noon	Tech Drop-in, DRC*
Tues 23	11am - 12.30pm	Dementia Forum Presents - Research Conversations - making connections to dementia research in Scotland, DRC*
Tues 23	2pm - 3.30pm	Girls' Gathering & Men's Group, DRC
Wed 24	11am - 12 noon	Walking Football, Onthank Community Centre, Kirkton Road
Wed 24	1.30pm - 3.30pm	Musical Minds, Kay Park Church, London Road, Kilmarnock
Thurs 25	10am - 12 noon	Young @ HeART, DRC Art & Craft Group
Friday 26	Noon - 2pm	Blether & a Bite Café DRC
Friday 26	2 - 3.30pm	Tea Dance St Columba's Church, Stewarton
Tues 30	9am - 12 noon	Tech Drop-in DRC*
Tues 30	2pm - 3.30pm	Girls' Gathering & Men's Group DRC

\*Please call DRC for more information and to book

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can take responsibility for them and share the experiences of the group.