A range of community activities in Inverurie, Insch, Ellon, Westhill, Alford & Huntly For further details on all these activities, contact:

## Sarah Howe

**Dementia Advisor (Central & South )** 01224 644077 | 07769 325133 Email <u>SHowe@Alzscot.org</u>

## Anouk Kahanov-Kloppert

## Community Activity Organiser (North & Central, Musical Memories) 07584 408 255

Email <u>AKahanovKloppert@Alzscot.org</u>

Carers Xchange – held monthly Quarriers, Wardes Rd, Inverurie	10.00 am – 12.00 pm
Football Memories - held monthly Hanover Court SH Cuninghill Road, Inverurie	11.00 am – 12.30 pm
Insch Musical Memories - held monthly Insch Church Hall, Western Road Insch	1.15 pm - 2.45 pm
Ellon 'Hae a News' Café - held monthly The Buchan Hotel, Ellon	10.30 am – 12.00 pm
Boogie in the Bar - held monthly Insch Church Hall, Western Road	1.30 pm - 3.00 pm
Westhill Musical Memories - held monthly Westhill Library, Westhill Dr, Westhill	2.00 pm – 3.30 pm
Positive Dementia Group - held monthly Dementia Resource Centre, 13-19 King St, Aberdeen	10.30 am - 12.30 pm
Alford 'Hae a News' Café – held monthly Alford Library, Greystone Road	1.30 pm - 3.00 pm
Ellon Musical Memories - held monthly The Buchan Hotel, Ellon	10.00 am - 11.45 am
Boogie in the Bar - held monthly Gordon Arms Hotel, Huntly	2.00 pm - 4.00 pm
Inverurie 'Hae a News' Café – held monthly Kintore Arms, 83 High Street, Inverurie	10.00 am - 11.30 am
Younger person's group – held monthly Meets up at various locations across Aberdeenshire	1.30 pm – 3.00 pm
Boogie in the Bar – held monthly The Drouthy Laird Pub, Blackhall Rd, Inverurie	2.00 pm - 4.00 pm