

Thurs 26	Jubilee Club Lifestyles centre , Stonehouse	1:30pm-3:30pm
	Memories Tea Room Hamilton	1pm-3pm
	Mind, Music ,Soul Houldworth Centre , Wishaw	2pm-3:15pm



Key

- North Lanarkshire
- Non Alzheimer Scotland group
- South Lanarkshire
- in the Lanarkshire Resource Centre.

Lanarkshire Dementia Resource Centre
64 Dalziel Street
Motherwell
ML1 1PJ

01698 275300

Lanarkshireservices@alzscot.org

www.alzscot.org

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.

All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can take responsibility for them and share the experiences of the group.

We are unable to provide transport, therefore it is your responsibility to get to and from this community activity, safely.

Lanarkshire Services

Diary of Events for
September 2019



Making sure nobody faces dementia alone.

September 2019

Mon 2	Drop in activity Lanarkshire resource centre	11am-1pm
	Airdrie café One Wellwynd	1pm-2:30pm
	Flourish Garden Group Castlebank Horticultural Centre	10:30am-12:30pm
Tues 3	Mind, Music, Soul Airdrie Town Hall	2pm-3:30pm
	NCT Café NCT Centre Newmains	1pm-3pm
Wed 4	Musical Memories St Johns Church, Duke street, Hamilton	10:30am-12pm
	Welcome Group St Patricks Church Hall, Kilsyth	12pm-3pm
Thurs 5	Indoor Bowling Blantyre Miners Welfare	1pm-3pm
	Jubilee club Lifestyles Centre, Stonehouse	1:30pm-3:30pm
	Mind, Music, Soul Houlsworth Centre, Wishaw	2pm-3:15pm
Fri 6	Mind , Music, Soul Cumbernauls New Town Hall	12:30pm-2pm
Tues 10	Lesmahagow Café The Fountain	1pm-3pm
	Mind, Music, Soul Airdrie Town Hall	2pm-3:30pm
Wed 11	Musical Memories St Johns Church, Duke street, Hamilton	10:30am-12pm
	Welcome Group St Patricks Church Hall , Kilsyth	12pm-3pm
	East Kilbride Café The Village Centre	1pm-3pm

Thurs 12	Jubilee Club Lifestyles Centre , Stonehouse	1:30pm-3:30pm
	Mind, Music, Soul Houlsworth centre, Wishaw	2pm-3:15pm
Fri 13	Mind , Music, Soul Cumbernauld New Town Hall	12:30pm-2pm
Mon 16	Drop In activity Lanarkshire Resource Centre	11am-1pm
Tues 17	NCT Café NCT Centre , Newmains	1pm-3pm
	Mind, Music, Soul Airdrie Town Hall	2pm-3:30pm
Wed 18	Musical Memories St Johns Church , Duke Street , Hamilton	10:30am-12pm
	Welcome Group St Patricks church , Kilsyth	12pm-3pm
Thurs 19	Jubilee Club Lifestyles Centre , Stonehouse	1:30pm-3:30pm
	Mind , Music , Soul Houldsworth Centre , Wishaw	2pm-3:15pm
Fri 20	Mind, Music , Soul Cumbernauld New Town Hall	12:30pm-2pm
Tues 24	Rutherglen Café	1pm-3pm
Wed 25	Musical Memories St John Church, Duke Street , Hamilton	10:30am-12pm
	Cumbernauld Café The Carrick Stone	10:30am-12:30pm
	Welcome Group St Patricks Church Hall, Kilsyth	12pm-3pm
	Biggar Café Gillespie Centre Biggar	1pm-2:30pm