with SPEECH AND LANGUAGE THERAPY you CAN...
Speech and language therapy improves health and wellbeing by supporting communication and swallowing

Speech and language therapy can:

• Help you find strategies to communicate successfully in different situations
• Support family, friends, colleagues and carers to adapt to your communication needs
• Help give you confidence to join in conversations and participate in the activities you enjoy
• Give advice on how to compensate for any difficulties eating, drinking and swallowing

24 HOUR Dementia Helpline
Freephone: 0808 808 3000
Email: helpline@alzscot.org

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