

What's on in North East Fife

February 2020



Alzheimer Scotland, Hill Street, Kirkcaldy, KY1 1AH
Phone: 01592 204541 | Email: fifeservices@alzscot.org

Therapeutic group activities

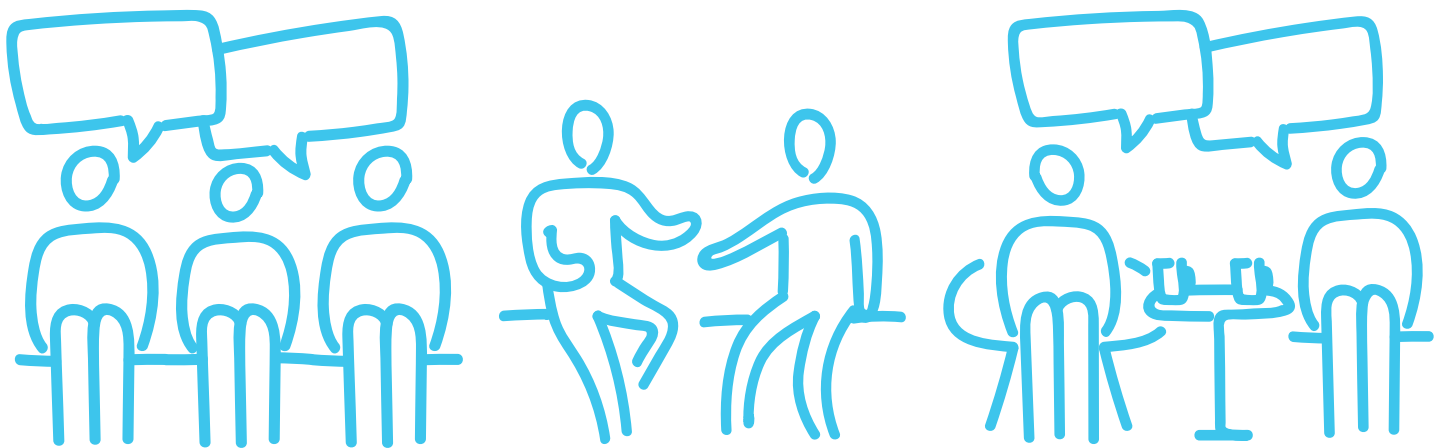
Stay Active, Live Well, Remain Connected

We offer a variety of community groups throughout Fife offering a range of meaningful activities for people living with dementia, their families and carers.

People requiring support and assistance with personal care, mobility or personal safety can still attend with a companion or carer.

Mon 3	<p>Craft Group 1pm - 2.45pm</p> <p>A supportive and creative group to develop a range of crafts at your own pace.</p> <p>Venue: St David's Centre, 6 Albany Park, St Andrews, KY16 8BP</p> <p>For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
Tues 4	<p>Coffee and Craft 10.30am - 11.45am</p> <p>Come and enjoy a coffee and company with the opportunity of step-by-step craft at this monthly group for people living with dementia, their carers and friends.</p> <p>Venue: Bathgate Court, Cupar, KY15 4LP</p> <p>For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
Wed 5	<p>Garden Gathering 10.30am - 12.15pm</p> <p>An opportunity to join a small group of people with a love of gardening.</p> <p>Venue: Scout Hut, Elizabeth Street, Fife, DD6 9LT</p> <p>For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
Mon 10	<p>Craft Group 1pm - 2.45pm</p> <p>A supportive and creative group to develop a range of crafts at your own pace.</p> <p>Venue: St David's Centre, 6 Albany Park, St Andrews, KY16 8BP</p> <p>For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
Tues 11	<p>Tee Time Golf Memories 2pm - 3.30pm</p> <p>Take a look back over the years of golfing, or enjoy a game of putting at this monthly group.</p> <p>Venue: The British Golf Museum, Bruce Embankment, St Andrews, KY16 9AB</p> <p>For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>

<p>Wed 12</p>	<p>Garden Gathering 10.30am-12.15pm An opportunity to join a small group of people with a love of gardening. Venue: Scout Hut, Elizabeth Street, Fife, DD6 9LT For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
<p>Mon 17</p>	<p>Craft Group 1pm - 2.45pm A supportive and creative group to develop a range of crafts at your own pace. Venue: St David's Centre, 6 Albany Park, St Andrews, KY16 8BP For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
<p>Tues 18</p>	<p>Football Memories 10.30am - 12pm Take a look back over the years of football, enjoy a pie and Bovril at 'half time' at this monthly group. Venue: St Andrews Football Social Club, Langlands Road, St Andrews, KY16 8BN For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p> <hr/> <p>Blether Together - Whatever the Weather 1.30pm-3pm Come and join us for a monthly get together to blether and enjoy fun activities. Venue: Rio Community Centre, St Mary's Lane, Newport-on-Tay, DD6 8AH For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
<p>Wed 19</p>	<p>Garden Gathering 10.30am - 12.15pm An opportunity to join a small group of people with a love of gardening. Venue: Scout Hut, Elizabeth Street, Fife, DD6 9LT For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
<p>Mon 24</p>	<p>Craft Group 1pm - 2.45pm A supportive and creative group to develop a range of crafts at your own pace. Venue: St David's Centre, 6 Albany Park, St Andrews, KY16 8BP For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>
<p>Wed 26</p>	<p>Garden Gathering 10.30am - 12.15pm An opportunity to join a small group of people with a love of gardening. Venue: Scout Hut, Elizabeth Street, Fife, DD6 9LT For further information please contact Anne Haskell on 07979 950887 or email ahaskell@alzscot.org</p>



24 HOUR
Dementia
Helpline



Alzheimer Scotland
Action on Dementia

Freephone 0808 808 3000
Email helpline@alzscot.org

Contacting us

For further information on any of our groups please contact:

Alzheimer Scotland
Hill Street
Kirkcaldy
KY1 1AH

Phone: 01592 204541
Email: fifeservices@alzscot.org

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely