

This table is not an exhaustive list of progress but an overview to date

**Ambition 1 Enhanced Access**

*What people living with dementia can expect by 2020 as a result of action in this area:*

- *I am supported to look after my own health and wellbeing*
- *I feel I get the support I need to keep on with my caring role for as long as I want to do that*

<b><i>Actions for change outlined in Connecting People Connecting Support</i></b>	<b><i>Progress March 2019</i></b>
<p>1. Alzheimer Scotland and partners will raise awareness of the AHP role, informing people who AHPs are and how they can help throughout the illness, and ensure people are clear on how to access the AHP workforce. This work will extend to raising awareness of the role of rehabilitation and dementia to the AHP workforce and health and social care services.</p>	<p><b>AHP leaflet</b> designed and distributed 4,000 nationally outlining how to access AHPs, updated and re-launched March 2019 and available online and in all Alzheimer Scotland services</p> <p><b>AHP postcards</b> developed for 6 AHP professions, in partnership, available for people living with dementia. 5,000 shared and distributed.</p> <p><b>Social media improvement project</b> successful ensuring international engagement about dementia and the role of allied health professionals</p> <ul style="list-style-type: none"> <li>• Blog every Thursday since June 2014</li> <li>• Twitter since January 2018 with followers increasing daily @AHPDementia</li> <li>• Instagram sharing the work of the AHP students in Alzheimer Scotland</li> </ul>
<p>2. AHP-led, evidence-based self-management resources for people living with dementia will be developed as standard across Scotland to support self-management before targeted intervention is required. AHP resources available locally will be reviewed and, if appropriate, made available to the public. The national resources will be co-produced and designed in a partnership involving Alzheimer Scotland, people living with dementia, AHP leads and other stakeholders.</p>	<p>Developing a <b>national tiered model to access</b> AHP services if living with dementia – awareness, universal, targeted and specialist. This model will be shared and integral to the 18-month review of CPCS which will be written by May 2019.</p> <p>Developed a <b>self-management resource</b> with Royal College of Occupational Therapy and will be available online.</p> <p>Working with local allied health professionals to develop and share <b>self-management resource</b>. This will be supported by Alzheimer Scotland with short term funding</p>
<p>3. Focused work to support and strengthen early access and post-diagnostic AHP-led interventions, will continue to be undertaken. AHP post-diagnostic improvement support will continue to be developed and integrated within the transformation of primary care.</p>	<p><b>Home based memory rehabilitation</b> is now available in 13 health boards in Scotland supporting the PDS standards with over 100 people receiving this occupational therapy intervention. This number will increase 2019 and has an improvement plan integral to the spread and scale of this intervention.</p>

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	Testing a new and innovative PDS <b>self-management group</b> in both Fife and Aberdeenshire. Supported by the NHS NES clinical career fellowship. This project has an improvement plan to support the testing.
4. Work will be developed in partnership to support and strengthen the integration of the AHP approach to integrated care co-ordination in the community for people living with dementia and the Advanced Dementia Practice Model to understand and transform advanced dementia and end-of-life care. This will focus on rehabilitation and targeted and tailored AHP interventions in a range of health and social care settings.	Testing an innovative 8 pillar intervention called the <b>Tailored Activity Programme</b> in up to 8 health boards. Supported by the NHS NES clinical career fellowship Integration of CPCS to the new <b>whole system</b> proposal being developed by Focus on Dementia in 2019.

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## Ambition 2 Partnership and integration

*What people living with dementia can expect by 2020 as a result of action in this area:*

- I feel that I am treated as a person by the people doing the work – we develop a relationship that helps us to work well together*

Actions for change	Progress March 2019
1. A personal-outcomes approach for people with dementia, recognising people as experts in their own lives with strengths, hopes and aspirations, will be promoted across all AHP services.	Being developed locally by members of the Alzheimer Scotland AHP Dementia Forum Nationally working with the SDWG
2. AHPs will work collaboratively with new integration joint boards and NHS boards to support local planning and redesign of dementia services, with a particular focus on integrated and coordinated AHP service provision.	Nationally linking with the strategic meetings led by Scottish Government and Alzheimer Scotland Being developed locally by members of the Alzheimer Scotland AHP Dementia Forum
3. AHPs will connect with each other to create efficient pathways across acute, community and third sector settings, with the overall aim of simplifying processes for inter-AHP referrals across services.	Being developed locally by members of the Alzheimer Scotland AHP Dementia Forum
4. AHPs will collaborate to ensure the inclusion of the needs of people living with dementia in AHP-led national programmes, as outlined in AILP.	Nationally integrated into the falls strategy to ensure connections and synergies to ambitions outlined in CPCS. Nationally working with AHP Vocational Rehabilitation to ensure connections and synergies to ambitions outlined in CPCS. Nationally working with the AHP children and young people's lead to ensure connections and synergies to ambitions outlined in CPCS.

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**Ambition 3 AHP workforce skilled in dementia care**

- *What AHP's can expect by 2020 as a result of action in this area:*
- *I feel I get the support and resources I need to do my job well*

<b>Action for change</b>	<b>Progress March 2019</b>
<p>1. Work will continue with a range of stakeholders, including higher education institutions, NHS Education for Scotland and local practice development teams, to implement the Promoting Excellence framework to support the development of a Skilled AHP workforce as a minimum, and further support the development of an Enhanced- and Expert-level AHP workforce.</p>	<p>Nationally working with the AHP team <b>at NHS NES</b> to ensure connections and synergies to ambitions outlined in CPCS.                      Nationally working with <b>AHP Higher Education leads</b> across the 5 HEI's in Scotland to ensure connections and synergies to ambitions outlined in CPCS.                      Developed a successful AHP <b>practice placement programme</b> in Scotland sharing the model locally and nationally.                      Developed a successful AHP MSc module in Scotland sharing the model locally and nationally.</p>
<p>2. An Alzheimer Scotland AHP Dementia Forum has been developed to provide national clinical leadership and an infrastructure of leadership for integrating Connecting People, Connecting Support principles and ambitions, and transforming current and future AHP practice. This newly established Forum will have a pivotal role in planning and supporting implementation nationally and locally.</p>	<p><b>Alzheimer Scotland AHP Dementia Forum</b> established with over 40 participants and meets bi monthly. Full engagement from all boards with the exception of one. All agenda papers available at <a href="http://www.alzscot.org/ahp">www.alzscot.org/ahp</a></p>
<p>3. Each member of the Forum will have strong links with their AHP director/associate director or their professional body and will develop local AHP dementia networks with a range of stakeholders. The networks will include AHP representatives from, for example, practice education, acute, primary and social care, and the third sector, and will engage meaningfully with people living with dementia.</p>	<p>Reviewing currently for the 18 months review the number of local forums and to 9 have been number established</p>
<p>4. The Alzheimer Scotland AHP Dementia Forum will work collaboratively to ensure a national approach to the implementation of evidence, sharing of best practice and use of outcome measures, developing a shared understanding of priority areas for development.</p>	<p><b>Communication plan</b> developed and attached                      All policy resources available at <a href="http://www.alzscot.org/ahp">www.alzscot.org/ahp</a></p>

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**Ambition 4 Innovation, improvement and research**

*What people living with dementia can expect by 2020 as a result of action in this area:*

- *The right care for me is delivered at the right time*

<i>Actions for change</i>	<i>Progress March 2019</i>
<p>1. The Alzheimer Scotland Dementia Forum will work in partnership to define research and evaluation priorities, including:</p> <ul style="list-style-type: none"> <li>• evaluating the impact of the current awareness-raising campaign led by Alzheimer Scotland in partnership with AHP professional bodies</li> <li>• evaluating the impact of AHP-led self-management information in enabling earlier access to AHP services</li> <li>• evaluating the contribution of AHPs to supporting people with dementia to remain at work</li> <li>• analysing feedback from people living with dementia on their experiences of AHP services.</li> </ul>	<p>This will be one of the priorities for the next 18 months of the CPCS programme</p>
<p>2. A clear national evaluation framework will be developed to support local implementation and enable measurement and evidence of change. The evaluation framework will be based on improvement methodology and will include metrics, targets and timescales as appropriate. This will start by collecting baseline data on all four ambitions, which will then be repeated in 2020 to measure any changes or improvements.</p>	<p>A national <b>logic model</b> has been developed in partnership with the Alzheimer Scotland AHP dementia forum with 14 national projects identified. This informs the work plan for delivery of commitment 10 of Scotland’s dementia strategy. A copy is attached and is also available at <a href="http://www.alzscot.org/ahp">www.alzscot.org/ahp</a>.</p>
<p>3. New, innovative, evidence-informed AHP models of practice, underpinned by a national measurement framework, will be tested and rolled out. These new models of practice will enhance the AHP contribution to meeting broader national priorities, so work will be aligned to, and integrated with, relevant national and local programmes. Local or profession-specific issues will be identified and addressed.</p>	<p><b>Models being tested</b></p> <ul style="list-style-type: none"> <li>Access to universal self-care information for people living with dementia</li> <li>Access to universal self-care information for the allied health professionals</li> <li>Home based memory rehabilitation</li> <li>Journey Through Dementia</li> <li>Tailored Activity Programme</li> </ul>

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4. Progress and opportunities arising from the Connecting People, Connecting Support AHP dementia programme will be shared as three-monthly flash reports and formal annual updates linked to the Dementia Strategy and AILP. The work will also be shared creatively through social media, presentations and newsletters.

**40 Spotlight reports** have been developed and shared nationally. Copy attached. **30 case studies** have been collected and shared nationally. Update will be available as an **18-month review** to be published May 2019

The use of **social media** has been successfully integrated to the communication of the work and practice of the allied health professionals both nationally and internationally

**Presentation** have been shared nationally and internationally.