connecting people, connecting support





occupation matters

<u>www.connectingpeopleconnectingsupport.online</u> - A space where people with dementia, family members and supporters can come together and explore ways of living well with dementia. Check in for new resources each week!

Who inspires the resources shared on Connecting People Connecting Support Online?

You do. The resources and activities you find on this website have been tried, tested and recommended by people with dementia and those who support them. We have research to support this work but more importantly we are responding to what people are asking us for.





A new resource

each week

What will we see when we to go Connecting People Connecting Support Online?



In CHAT you will find ideas to start the conversation on that week's topic.



In **TRY** you will find activities or exercise to help you think about the topic.



In **PLAY** you will find an interactive game that relates to the topic.



In MORE you will find other resources and links for exploring the topic further.

How can I find out more about Connecting People Connecting
Support Online?

We hope that you enjoy exploring our website.

We have a lot of different ways to get in touch if you have any activity suggestions or require physical resources posting to your home.



AHPconnectingpeople@gmail.com







@AHPDementia

