Help your loved one to remember to: Wash their Hands

Washing our hands is the best way to beat this virus. Help us help your loved one to stay safe.

What are your steps?

Using this page insert your own pictures to help create a fun reminder for your loved one of how to wash their hands.

Click on the Picture icon to insert your own images. And write your own messages of encouragement.
Wet your hands just like Rhea
Use enough of your favourite soap
Rub hand for 20 seconds like Tony
Remember rinse with hot water
My family help me to remember to: Wash My Hands
Now, dry your hands with a paper towel and put it in the bin.
Wet your hands Mum

Time to use that soap you love

Work up a lather while counting to 20

Now rinse off those bubbles

Now, dry your hands with a paper towel and put it in the bin.