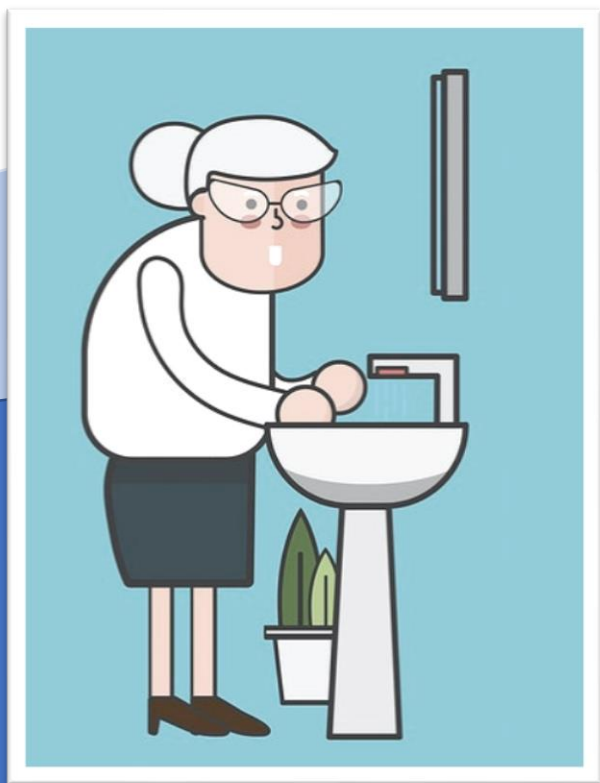




Help your loved one to remember to: **Wash their Hands**



Washing our hands is the best way to beat this virus. Help us help your loved one to stay safe.

What are your steps?

Using this page insert your own pictures to help create a fun reminder for your loved one of how to wash their hands.



Click on the Picture icon to insert your own images. And write your own messages of encouragement.



My family help me to remember to: **Wash My Hands**



EXAMPLE

Wet your hands just like Rina and use the amount of your favourite soap



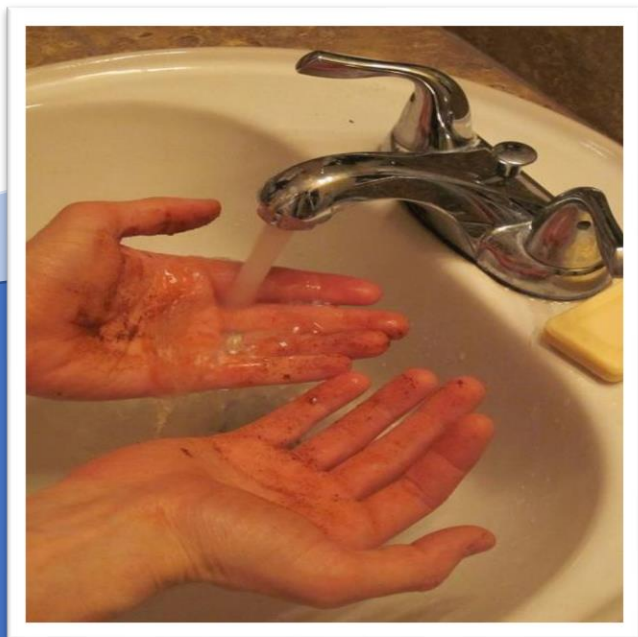
Rub hand for 20 seconds like Tony

Remember rinse with hot water

Now, dry your hands with a paper towel
and put it in the bin.



My family help me to remember to: **Wash My Hands**



Wet your hands Mum



Time to use that soap you love



Work up a lather while counting to 20



Now rinse of those bubbles

**Now, dry your hands with a paper towel
and put it in the bin.**