Face covering exemption

Face coverings are mandatory in the majority of indoor public places across Scotland. However, there are many individuals who are not required to wear a covering. These include:

- People who have a health condition or who are disabled, including hidden disabilities, for example, autism, dementia or a learning disability, or are providing care for someone with a health condition or disability, and a face covering would be inappropriate because it would cause difficulty, pain or severe distress or anxiety to the wearer or the person in the care of the wearer.
- Anyone who needs to take medication and cannot do so whilst wearing a face covering.
- People who cannot apply a covering and wear it in the proper manner safely and consistently.
- Anyone who is seeking medical assistance, or acting to avoid injury, illness or harm, and where wearing a face covering would make this more difficult. This also applies if someone needs emergency assistance and they don’t have a face covering with them or there is not time to put one on.

You should never be pressured or forced into wearing a face covering if you are in the exemption category.

For full guidance on wearing face coverings in Scotland, visit [www.gov.scot](http://www.gov.scot)