

Face covering exemption

Face coverings are mandatory in the majority of indoor public places across Scotland. However, there are many individuals who are not required to wear a covering. These include:

- ✓ People who have a health condition or who are disabled, including hidden disabilities, for example, autism, dementia or a learning disability, or are providing care for someone with a health condition or disability, and a face covering would be inappropriate because it would cause difficulty, pain or severe distress or anxiety to the wearer or the person in the care of the wearer
- ✓ Anyone who needs to take medication and cannot do so whilst wearing a face covering
- ✓ People who cannot apply a covering and wear it in the proper manner safely and consistently
- ✓ Anyone who is seeking medical assistance, or acting to avoid injury, illness or harm, and where wearing a face covering would make this more difficult. This also applies if someone needs emergency assistance and they don't have a face covering with them or there is not time to put one on.



You should never be pressured or forced into wearing a face covering if you are in the exemption category.

For full guidance on wearing face coverings in Scotland, visit www.gov.scot



24 HOUR
Dementia
**Alzheimer
Scotland**
Action on Dementia

Helpline

Freephone 0808 808 3000
Email helpline@alzscot.org