CORONAVIRUS MYTH BUSTER

MYTHS!	FACTS!
Cold weather and snow can kill coronavirus.	Washing your hands helps protect yourself and others from coronavirus.
Taking hot baths prevents coronavirus.	Catching your coughs and sneezes in a tissue or a flexed elbow is a good habit.
Coronavirus can be transmitted through goods manufactured in affected areas.	Staying home when you are sick helps you and others.
Coronavirus can be transmitted through mosquito bites.	Remaining calm and not panicking helps to keep your stress levels low.

Can spraying alcohol or chlorine all over your body kill the coronavirus? No. Spraying alcohol or chlorine all over your body will not kill viruses that have already entered your body. Using these substances can be harmful and shouldn't be used irresponsibly.



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Can your pets at home spread the coronavirus?

No. At present, there is no evidence that pets such as dogs or cats can be infected with the coronavirus. It's always a good idea to wash your hands however after contact with pets.

Do vaccines against pneumonia protect you against the coronavirus? No. Vaccines against pneumonia, such as pneumococcal vaccines and haemophilus influenza type B vaccine, do not provide protection against the coronavirus.





Can regularly rinsing your nose with saline help prevent infection with the coronavirus?

No. There is no evidence that regularly rinsing the nose with saline can protect people from infection by the coronavirus.