What’s On Dementia Awareness Week 30th May – 4th June 2022

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **30th May**  | **Football Memories – St Mirren Park** | **In Person** | **2-3.30** |
| **Monday** | **30th May** | **Robert Heron – Financial Planning for Future Needs at Riccartsbar Avenue** | **In Person** | **4-6** |
| **Tuesday** | **31st May** | **Tea and a Blether – Falls Prevention & Dementia – Meet the Experts** | **In Person** | **10-12** |
| **Wednesday** | **31st May** | **Reminiscence Group – Erskine Library** | **In Person** | **10.30-11.30** |
| **Wednesday** | **1st June** | **Tea and a Blether – Forget Me Not Café,** | **In Person**  | **2-4** |
| **Thursday** | **2nd June** | **Tea and a Blether - Glasgow Airport** | **In Person** | **11-3** |
| **Friday** | **3rd June** | **Tea and a Blether – Drop In at Morrisons Johnstone** | **In Person** | **10-3** |
| **Saturday** | **4th June** | **Tea and a Blether – Open Morning at Riccartsbar Avenue** | **In Person** | **10.30-1.30** |

**FOOTBALL MEMORIES**

St Mirren Park, [Greenhill Road, Paisley](https://www.google.com/search?rlz=1C1GCEA_enGB989GB989&q=Greenhill+Road,+Paisley&stick=H4sIAAAAAAAAAONgVuLWT9c3LEuzTKrMs1zEKu5elJqal5GZk6MQlJ-YoqMQkJhZnJNaCQCrNiZPKQAAAA&sa=X&ved=2ahUKEwi_5I_V6sf2AhUJilwKHdvfDCkQmxMoAXoECB8QAw), PA3 1RU – kick off from 2.00pm – 3.30pm. Football Memoriesis a group that meet on the last Monday of each month. Come along and talk about the beautiful game, share memories of teams, players, and games of the past. Please feel free to join us and share with anyone you know who has an interest in football.

**FINANCIAL PLANNING FOR FUTURE NEEDS**

Financial Advisor, Robert Heron, will be at our base at 32, Riccartsbar Avenue, Paisley, PA2 6BG for aCare Fees Planning Surgery. So, if you are concerned about the cost of care, come along and have a chat about funding long term care with Robert Heron, our local member of the Society of Later Life Advisors (SOLLA).  This is an opportunity to ask how your financial landscape may look if you, or your loved ones, require care now or in the future.

*Garthland Wealth Ltd is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority).*

**FORGET ME NOT CAFÉ**

This lively and friendly café runs every two weeks in North Church, 14 Renfield St, Renfrew PA4 8RG from 2-4pm. Come along for a hot drink and some delicious cakes, and enjoy the entertainment.

**FALLS PREVENTION**

An information session held at our base at 32, Riccartsbar Aveue, Paisley, PA2 6BG, and hosted by the Occupational Health Team. This is open to carers and families to discuss all aspects of falls prevention and common obstacles to avoid. There will also be a check on any walking aids, so feel free to bring yours with you.

**GLASGOW AIRPORT**

We will be at Glasgow Airport from 11-3 to raise awareness of dementia. So come along and blether with the team over a cuppa, about any questions you have. We will also have some singers and dancers to entertain us so hope to see you there.

**REMINISCENCE GROUP AT ERSKINE LIBRARY**

Come along to Erskine Library at 8 Bridgewater Pl, Erskine PA8 7AA, for some lively chat and a cuppa and meet new friends.

**DROP IN AT MORRISONS JOHNSTONE**

Join us Morrisons,30 Napier St, Johnstone PA5 8SF to discuss any aspects of dementia and for a tea and a blether in an informal and relaxed atmosphere.

**OPEN MORNING AT RICCARTSBAR DAY CENTRE**

Come along to our base at 32, Riccartsbar Avenue, Paisley, PA2 6BG, and join us for a tea and a blether, and a chance to chat to some of the team.