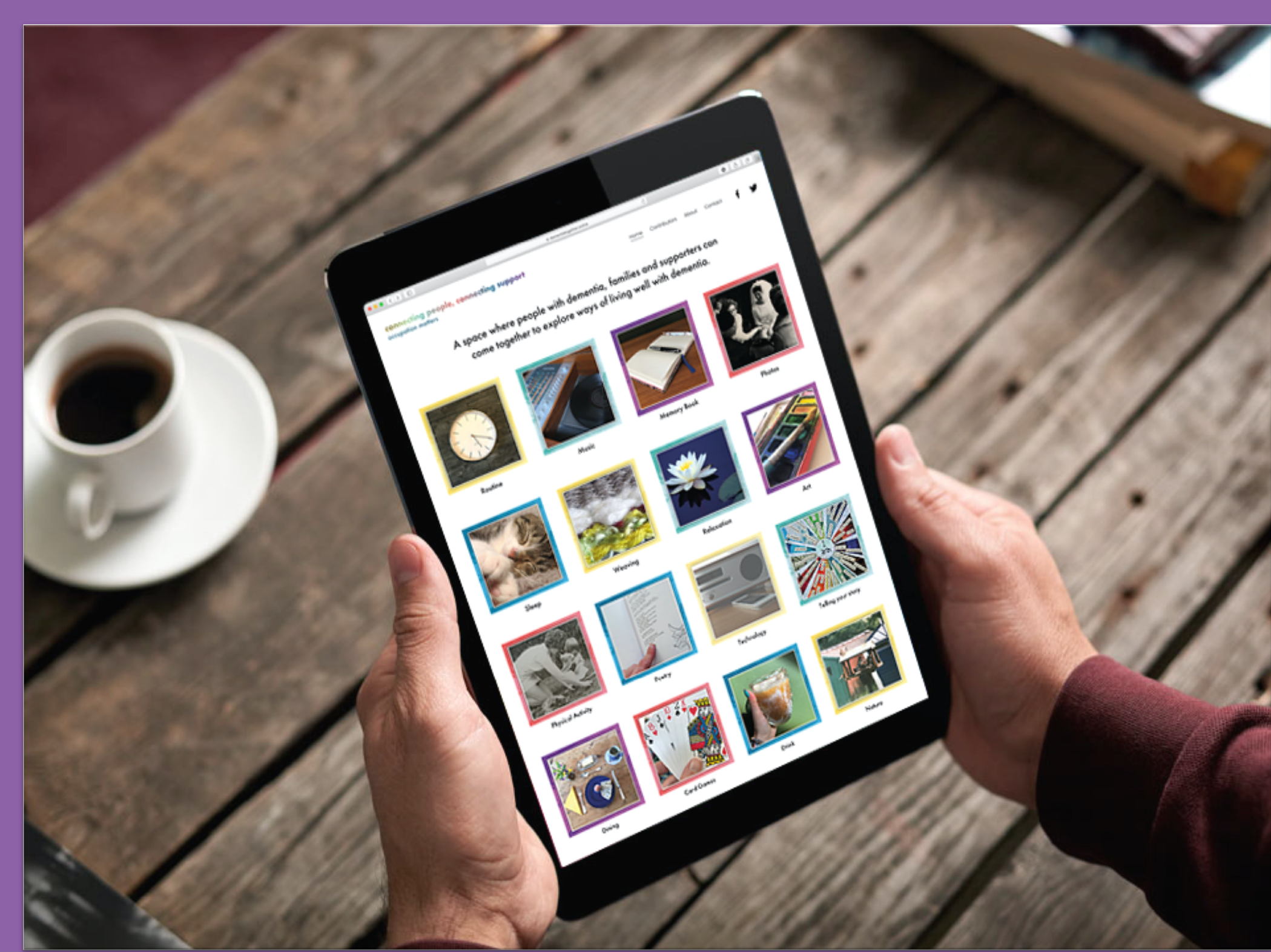


Awareness



Daily tweets at @AHPDementia raising awareness about dementia and sharing practical hints and tips to over 5,669 followers

Universal



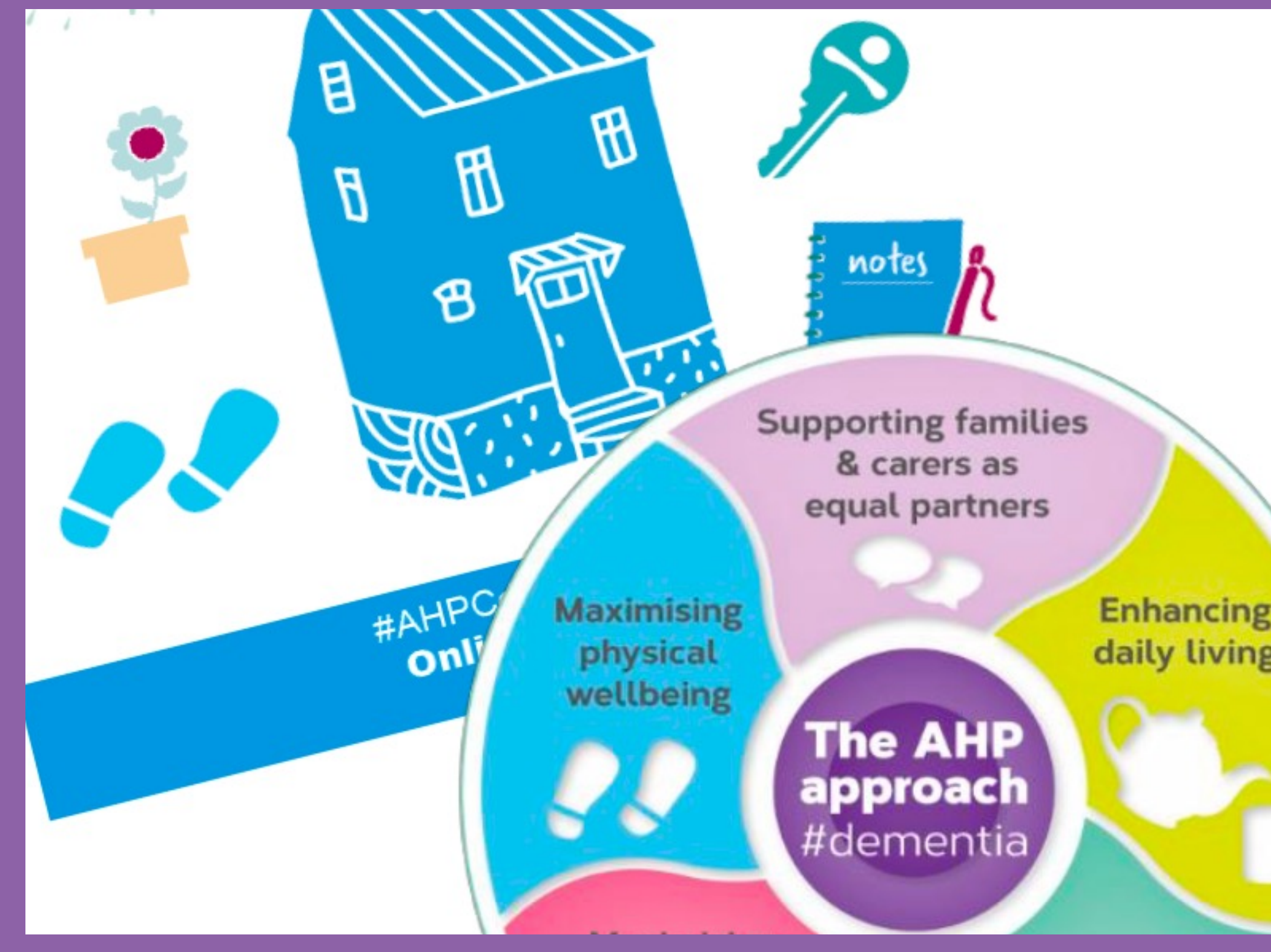
Interactive website with 32 folders with practical hints and tips

Targeted



Making sense together: a resource for shared learning.

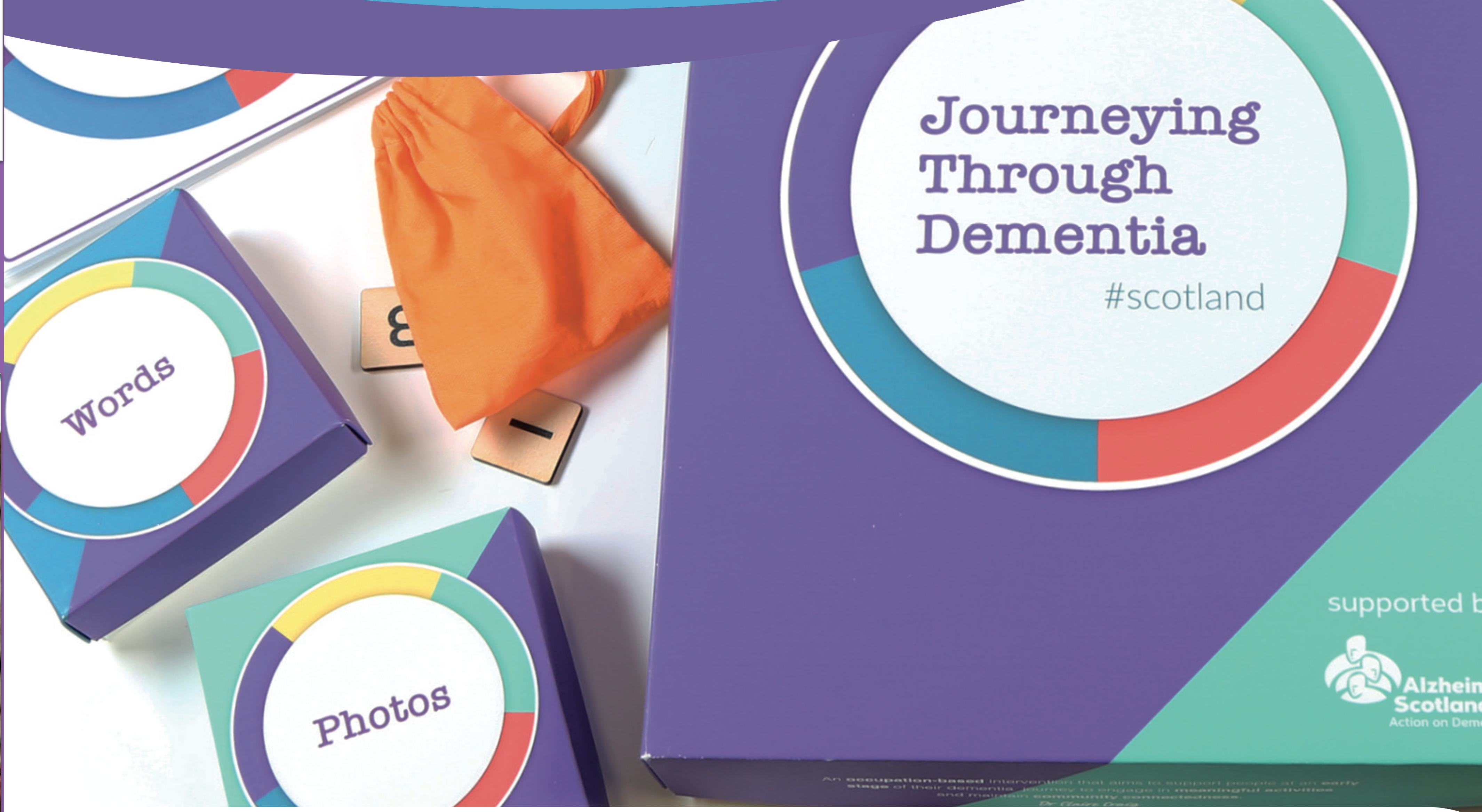
Specialist rehabilitation



Occupational Therapy Home Based Memory Rehabilitation is an individualised post diagnostic intervention that works in partnership with people living with dementia and their supporters in their own homes. Journeying through Dementia is a group-based programme focusing on maintaining community connectedness. These support independence and quality of life.



Rehabilitation: a new occupational therapy pathway of diagnostic support



Dementia is a complex condition that individuals and their families frequently navigate alongside other health needs. A growing evidence base shows the value of multi-disciplinary rehabilitation programmes for people with dementia. Rehabilitation is defined as “a set of interventions designed to optimize functioning and reduce disability in individuals with health conditions”. Put simply, rehabilitation helps a person to be as independent as possible in everyday activities and enables participation in education, work, recreation and meaningful life roles. (WHO 2021)

Allied health professionals in Scotland are delivering a national AHP policy to enhance access to AHP-led information, supported self-management, and targeted and specialist rehabilitation for people living with dementia and their supporters. (Alzheimer Scotland 2017, 2020). A group of occupational therapists, with the support of design researchers have developed a new innovative service model which focuses on people who have just received a diagnosis of dementia. This model has been created in partnership with people living with dementia. It is evidence based and occupational therapy led and comprises of interventions which meet the needs of individuals and their families where they are at. We have applied research into practice (Craig et al 2020, McKean and Hunter 2019) and are now the stage of practice informing future research.

Thank you for reading our poster and join us to keep talking about the right to rehabilitation when living with dementia or supporting a person with dementia. Tweet us at @AHPDementia or follow #AHPConnectingPeople and #WithOTuCAN or email us at AHPDementia@alzscot.org

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 Dr. Claire Craig Professor of Design and Creative Practice in Health and Co-Director of Lab4Living. @Lab4Living
 Helen Fisher, Design Researcher @HelenFisher_
 Alison McKean, AHP post diagnostic lead, Alzheimer Scotland @AliAHPDem
 Ashleigh Gray, Occupational Therapist, NHS Fife @ashleigh_gray1

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