



What's On June 2022

WEEK 1

Monday	30 th	Football Memories, St Mirren Park, Paisley	In Person	2-3.30
Monday	30 th	Financial Planning for Future Needs at Riccartbar Avenue, Paisley	In Person	4-6
Tuesday	31 st	Tea & A Blether – Dementia & Falls Prevention Presentation, Riccartbar Avenue, Paisley	In Person	10-12
Tuesday	31 st	Houston Nature Walk, Houston *	In Person	1-3
Tuesday	31 st	Bingo/Quiz	Online	2-3
Wednesday	1 st	Reminiscence Group – Erskine Library	In Person	10.30-11.30
Wednesday	1 st	Tea and a Blether – Forget Me Not Café*	In Person	2-4
Thursday	2 nd	Tea and a Blether - Glasgow Airport	In Person	11-3
Friday	3 rd	Tea and a Blether –Morrisons, Johnstone	In Person	10-3
Saturday	4 th	Tea and a Blether – Open Morning at Riccartbar Avenue, Paisley	In Person	10.30-1.30

WEEK 2

Tuesday	7 th	Bingo/Quiz	Online	2-3
Thursday	9 th	Bingo/Quiz	Online	2-3
Thursday	9 th	Houston Hello Café, Killellan Halls, Houston *	In Person	2-4
Friday	10 th	Cuppa and a Chat, Morrisons Café, Johnstone	In Person	10-12

WEEK 3

Tuesday	14 th	Bingo/Quiz	Online	2-3
Wednesday	15 th	Forget Me Not Café, North Church, Renfrew *	In Person	2-4
Thursday	16 th	GFT Cinema Movie Memories, Local Hero *	In Person	11-1
Thursday	16 th	Bingo/Quiz	Online	2-3
Thursday	16 th	Drop In Café, St Marks Church, Paisley *	In Person	2-4

WEEK 4

Tuesday	21 st	Bingo/Quiz	Online	2-3
Tuesday	21 st	Singalong-A-Buddy, Wallneuk Church, Paisley	In Person	1.30-3
Wednesday	22 nd	Under 65 Café, Brewers Fayre, Linwood	In Person	10-11.30
Thursday	23 rd	Bingo/Quiz	Online	2-3
Thursday	23 rd	Houston Hello Café, Killellan Halls, Houston *	In Person	2-4
Friday	24 th	Cuppa and a Chat, Morrisons Café, Johnstone	In Person	10-12
Friday	24 th	Don Giovanni, Theatre Royal, Glasgow*	In Person	3.00

WEEK 5

Monday	27 th	Football Memories, St Mirren Park, Paisley	In Person	2-3.30
Tuesday	28 th	Houston Nature Walk, Houston *	In Person	1-3
Tuesday	28 th	Bingo/Quiz	Online	2-3
Wednesday	29 th	Forget Me Not Café, North Church, Renfrew *	In Person	2-4
Thursday	30 th	Bingo/Quiz	Online	2-3

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or those unable to do so should come with a companion who can provide any support for them and share the experiences of the group. We are unable to provide transport for these groups; therefore, it is your responsibility to get to and from this community activity, safely. There is no charge for the Community Groups, however donations are welcomed.

SINGALONG-A-BUDDY

On the 3rd Tuesday of the month from 1.30-3pm. Come along to Wallneuk North Church, Abercorn Street, Paisley, PA3 4AB for a singsong of some old classics, and to meet some new friends. Tea and coffee is also served.

CUPPA AND A CHAT

Join us every second Friday in the café in Morrisons, 30 Napier St, Johnstone PA5 8SF for a chance to get to know others in an informal and relaxed atmosphere. All welcome!

FALLS PREVENTION

An information session held at our base at 32, Riccartbar Avenue, Paisley, PA2 6BG, and hosted by the Occupational Health Team. This is open to carers and families to discuss all aspects of falls prevention and common obstacles to avoid. There will also be a check on any walking aids, so feel free to bring yours with you.

FINANCIAL PLANNING FOR FUTURE NEEDS

Financial Advisor, Robert Heron, will be at our base at 32, Riccartbar Avenue, Paisley, PA2 6BG for a Care Fees Planning Surgery. So, if you are concerned about the cost of care, come along and have a chat about funding long term care with Robert Heron, our local member of the Society of Later Life Advisors (SOLLA). This is an opportunity to ask how your financial landscape may look if you, or your loved ones, require care now or in the future. *Garthland Wealth Ltd is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority).*

FORGET ME NOT CAFÉ

This lively and friendly café runs every two weeks in North Church, 14 Renfield St, Renfrew PA4 8RG from 2-4pm. Come along for a hot drink and delicious cakes, and enjoy the entertainment.

REMINISCENCE GROUP

Come along to Erskine Library at 8 Bridgewater Place, Erskine PA8 7AA, for some lively chat and a cuppa and meet new friends. Meets on the first Wednesday of the month from 10.30-11.30.

HOUSTON HELLO

Join Frankie for a cuppa, home baking, activities and meeting new and old friends. It is on every 2nd and 4th Thursday at Killellan Halls, Houston from 2pm – 4pm.

HOUSTON NATURE WALK

Held on the last Tuesday of the month at 1-3pm, a dementia friendly nature walk around Houston. Meet at Houston and Killellan Kirk, 13A Kirk Rd, Houston, Johnstone PA6 7HW

UNDER 65 GROUP

Join us for a group for anyone who is aged under 65 years, and who have been diagnosed with dementia, and their carers and family. We meet at Brewers Fayre, Pheonix Business Park, Linwood, PA1 2BH from 10-11.30am every fourth Wednesday.

FOOTBALL MEMORIES

St Mirren Park, Greenhill Road, Paisley, PA3 1RU – last Monday of each month, Kick off from 2.00pm – 3.30pm. Football Memories is a group that meet at St Mirren Park, Greenhill Road, Paisley, PA3 1RU on the last Monday of each month, with kick off from 2.00pm – 3.30pm. Come along and talk about the beautiful game, share memories of teams, players, and games of the past.

DROP IN CAFÉ, ST MARKS

Come along once a month on a Thursday between 2-4pm to St Marks, 334 Glasgow Rd, Paisley PA1 3DL for a tea or coffee, fab cakes, and lovely company. All welcome!

GLASGOW FILM THEATRE (GFT) MOVIE MEMORIES

Glasgow **Movie Memories** is GFT's dementia-friendly film programme presenting classical and contemporary film events in a safe and social setting. The programme is designed for people affected by dementia, their Carers and/or families to socialise in a safe and welcoming environment. Movie Memories is held once a month. Tickets must be booked and cost £3. For further information contact the GFT on Tel: 0141 332 6535.

***These groups are run by affiliate groups and not Alzheimer Scotland ***

For Information and Joining Links for any Community Activities please contact Katie Robinson, Community Activity Organiser, Renfrewshire.

Phone: 07795257195 Email: KRobinson@alzscot.org

Information can also be found on our website www.alzscot.org

