

Integrating digital platforms to deliver a biopsychosocial rehabilitation approach in Dementia

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BACKGROUND

- Training and education of current and future health and social care workforce is key to transformational changes required to improve experience and outcomes of care and treatment for people living with dementia and their families in Scotland (Alzheimer Scotland 2017 Connecting People Connecting Support).
- Ensuring recovery and rehabilitation post Covid-19 is inclusive of needs of people with dementia requires collaboration and an openness to learn (Scottish Government 2020).

METHODS

- One strategic approach, contributing towards a workforce skilled in biopsychosocial rehab approaches in dementia, has been the AHP Dementia Webinar series. Established in 2018/19, in a pre covid world, the National AHP Dementia Webinar series was well positioned to respond in 2020, throughout the pandemic and contribute to the development of both a digitally & dementia skilled workforce.
- In 2021 a partnership with NES AHP Practice Education Program contributed to webinar recording.

WHO CONNECTED?

Having started with AHPs in Scotland we have expanded our reach across professions and services as well as geographically.

- All Allied Health Professions
- People with dementia & unpaid carers
- Health
- Social Care & Third Sector
- Scotland
- Dementia link workers
- Carers organisations
- Nursing
- Pre-registraion students
- Care homes/Care at home
- England, Wales, Northern Ireland
- Psychology, psychiatry, medical
- University educators
- Government and policy influencers
- Professional bodies
- Ireland, Netherlands, Canada, USA

WHAT REGISTRANTS TOLD US THEY DID NEXT?

<p>Raising and addressing issues which matter to lives of people with dementia; a rights based approach.</p> <p>“Develop a local pathway for driving and dementia as we already have these for other conditions like stroke.”</p> <p>“A diagnosis of dementia should not be considered as an immediate barrier to the safe use of a stairlift”</p> <p>“the topic, it is rarely talked about or researched so thank you very much.”</p>	<p>Sharing evidence informed AHP led interventions in dementia with others.</p> <p>“I will mention physical activity more when dealing with Helpline calls regarding stress and distress.”</p> <p>“Will speak with senior staff in Homecare so all home care staff are able to access these webinars and the valuable information available from them.”</p> <p>“I work at the Care Inspectorate and will share the resources with my colleagues in order to raise awareness and knowledge.”</p>
<p>Contributing to practice change across services settings and countries.</p> <p>“To use today’s enthusiasm to push for changes in my services to benefit the person.”</p> <p>“The webinar will help to inform discussions in my service on the topic and our practice.”</p> <p>“I want to think about positive risks - we spend a lot of time measuring / preventing falls in the hospital setting falls which is harmful to patients.”</p>	<p>Contributing to effective lifelong learning in Dementia and a Skilled Workforce.</p> <p>“The need for effective assessment tools and understanding how to use them to best effect for the person.”</p> <p>“Have studied the cognitive models discussed in the webinar while in university but now feel like I properly understand them and how they relate to my everyday role.”</p> <p>“Everything! It was very in depth and one of the best webinars I’ve attended in a very long time. An excellent learning event.”</p>

THE WEBINARS HAVE BEEN CAPTURED AND SHARED VIA:

Our AHP Blog		All webinar recordings available here.	
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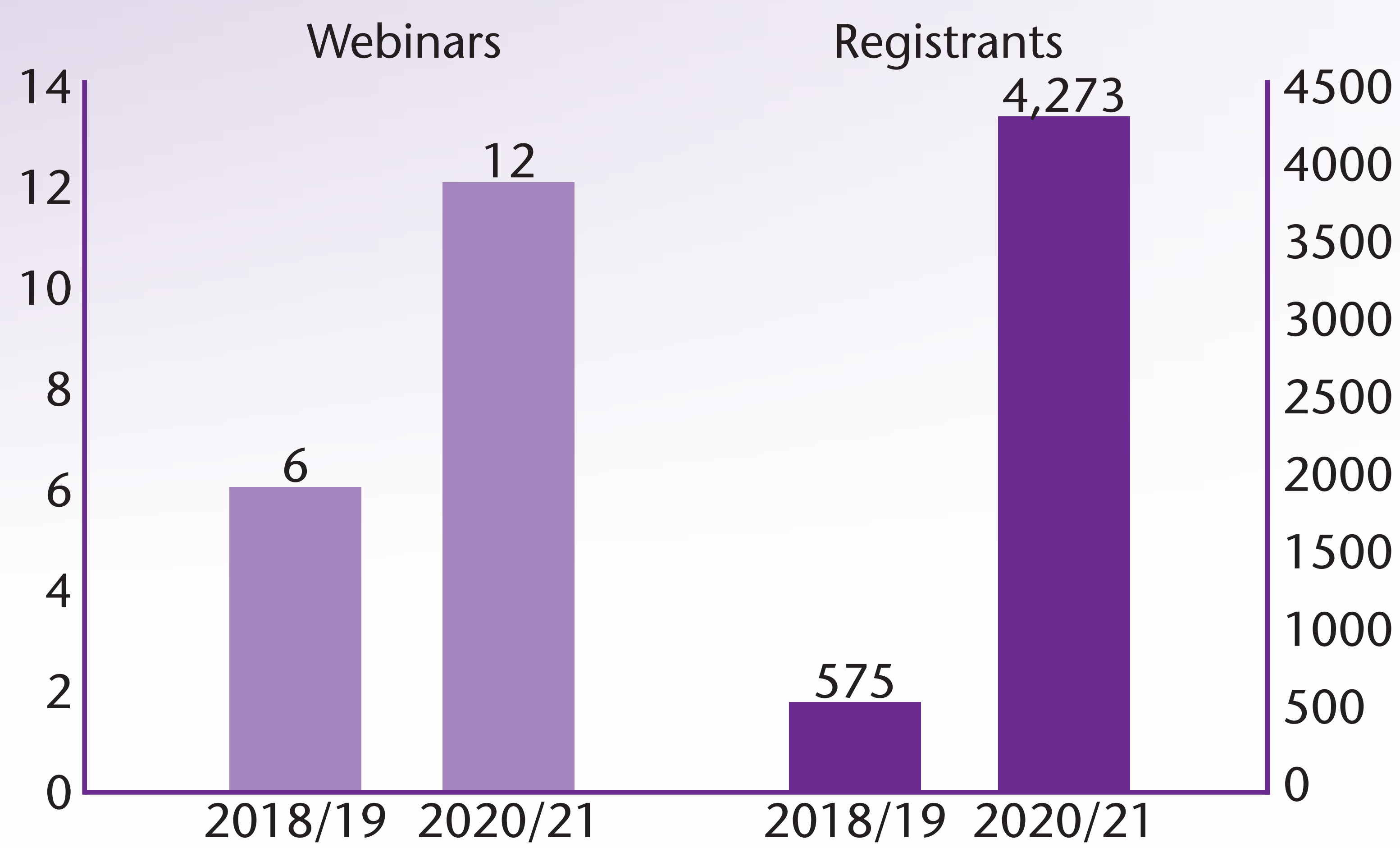
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GROWTH DURING COVID



IMPACT

- Webinars are a proven means to support learning for diverse groups of people (Holdsworth et al 2021)
- Recorded sessions have enabled a further 3,000 views of webinar content to date
- Engagement has grown - Scotland, Nationally & Internationally. Webinars are accessible to anyone, across settings.

NEXT STEPS

- Developing new ways of working and further digital developments during 2021 to support people living with dementia
- Continue to develop use of webinars to share collaborative learning and a biopsychosocial rehabilitation approach in dementia

