

What's on December 2022

In North and South Lanarkshire.



WEEK 1

Monday	5th	Nature Group	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12noon
Tuesday	6th	Carer Drop In	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	11.00am - 1.00pm
Wednesday	7th	Music Moments	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am-12noon
Wednesday	7th	Online Carer Chat	MS Teams Contact DA's for joining details	2.00pm - 3.00pm
Thursday	8th	Young Onset Cafe	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12.00noon
Thursday	8th	Cumbernauld Carers Group	Abronhill Health Centre, Pine Road, Cumbernauld, G67 3BE	10.30am-11.30am

WEEK 2

Monday	12th	Nature Group	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12noon
Wednesday	14th	Music Moments	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12noon
Wednesday	14th	East Kilbride Memory Café	The Village Centre 12 Maxwell Drive East Kilbride G74 4HG	1.00pm - 3.00pm
Wednesday	14th	Rutherglen Past Times Café (Booking Required)	Stonelaw Church 2 Dryburgh Avenue Rutherglen G73 3EG	2.30pm - 4.00pm
Wednesday	14th	Strathaven Memory Club	Trinity Church 13 Lethame Road Strathaven ML10 6AD	1.30pm - 3.00pm
Thursday	15th	Dalziel Memory Café	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	11.00am - 12.30pm
Thursday	15th	Uddingston PDS Group	Burnhead Parish Church, 92-94 Laburnum Rd Viewpark, Uddingston, G71 5DB	11.00am-12.30pm

WEEK 3

Monday	19th	Nature Group	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12noon
Wednesday	21st	Music Moments	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12noon
Wednesday	21st	Online Carer Chat	MS Teams Contact DA's for joining details	2.30pm - 3.30pm
Thursday	22nd	Young Onset and Dalziel Memory Café	Lanarkshire DRC 64 Dalziel Street Motherwell ML1 1PJ	10.30am - 12.00noon

EVERYONE AT ALZHEIMER SCOTLAND
WOULD LIKE TO WISH YOU A MERRY
CHRISTMAS AND A HAPPY NEW YEAR!

HELPLINE 24HRS – 0808 808 3000

For more information and to book any of the groups please contact either Lindsay or Alana at: lanarkshireservices@alzscot.org or on 01698 275300