



What's On December 2022

WEEK 1

Monday	28th	Football Memories, St Mirren Park, Paisley	In Person	2-3.30
Wednesday	30th	Forget Me Not Café, North Church, Renfrew*	In Person	2-4
Thursday	1st	Memory Lane Café, Inchinnan Parish Church, Inchinnan	In Person	10-12
Thursday	1st	Bingo/Quiz	Online	2-3
Friday	2 nd	Lochwinnoch Tea Dance, Lochwinnoch Golf Club*	In Person	2-4

WEEK 2

Monday	5th	Xmas Party, Paisley North Church, Paisley (has to be booked)	In Person	1.30-3.30
Thursday	8th	Bingo/Quiz	Online	2-3
Thursday	8th	Drop-In Café, St Mark's Church, Paisley*	In Person	2-4
Thursday	8th	Houston Hello Café, Killellan Halls, Houston*	In Person	2-4
Friday	9th	Cuppa and a Chat, Morrisons Café, Johnstone	In Person	10-12

WEEK 3

Monday	12th	Football Memories, St Mirren Park, Paisley	In Person	2-3.30
Tuesday	13 th	Carers Support Group, Memory Lane, Riccarton Avenue, Paisley	In Person	10.30-12
Tuesday	13 th	Singing Buddies, Paisley North Church, Paisley	In Person	1.30-3
Wednesday	14th	Forget Me Not Café, North Church, Renfrew*	In Person	2-4
Thursday	15th	Bingo/Quiz	Online	2-3

WEEK 4

Monday	19th	Activities Group, Paisley North Church, Paisley	In Person	1.30-3
Tuesday	20th	Singing Buddies, Paisley North Church, Paisley	In Person	1.30-3
Wednesday	21 st	Lunch Club, Brewers Fayre, Linwood	In Person	12.30
Thursday	22nd	GFT Cinema Movie Memories, Singing In The Rain*	In Person	11-1
Friday	23rd	Cuppa and a Chat, Morrisons Café, Johnstone	In Person	10-12

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or those unable to do so should come with a companion who can provide any support for them and share the experiences of the group. We are unable to provide transport for these groups; therefore, it is your responsibility to get to and from this community activity, safely. There is no charge for the Community Groups, however donations are welcomed.

SINGING BUDDIES

On the 2nd and 4th Tuesday of the month from 1.30-3pm. Come along to Wallneuk North Church, Abercorn Street, Paisley, PA3 4AB for a singsong of some old classics, and to meet some new friends. Tea and coffee is also served.

CUPPA AND A CHAT, MORRISON'S CAFÉ, JOHNSTONE

Join us every second Friday in the café in Morrisons, 30 Napier St, Johnstone PA5 8SF for a chance to get to know others in an informal and relaxed atmosphere. All welcome!

ACTIVITIES GROUP

A new group for those who like to do things! Come along for board games, dominoes, colouring etc and join us in having some fun. The group is at Wallneuk Church, Abercorn Street, Paisley, PA3 4AB from 1.30-3pm.

FORGET ME NOT CAFÉ*

This lively and friendly café runs every two weeks in North Church, 14 Renfield St, Renfrew PA4 8RG from 2-4pm. Come along for a hot drink, delicious cakes, and enjoy the entertainment.

HOUSTON HELLO*

Join Frankie for a fun afternoon and a cuppa, home baking, activities and meeting new and old friends. It is on every 2nd and 4th Thursday at Killellan Halls, Houston from 2pm – 4pm.

LUNCH CLUB

Join us for lunch club at Brewers Fayre, Phoenix Business Park, Linwood, PA1 2BH from 12.30pm. This is open to anyone living with dementia and their families/carers. Booking a space isn't compulsory, but it would be appreciated if you could let me know if you are coming so I can book the table. All are welcome, so come along for some good food and good company.

FOOTBALL MEMORIES

Football Memories is a group that meet at St Mirren Park, Greenhill Road, Paisley, PA3 1RU on the second and last Monday of each month, with kick off from 2.00pm – 3.30pm. Come along and talk about the beautiful game, share memories of teams, players, and games of the past, and if you want to come along just for the company and not to talk about football, we won't tell anyone!

DROP IN CAFÉ, ST MARK'S CHURCH, PAISLEY*

Come along once a month on a Thursday between 2-4pm to St Marks, 334 Glasgow Rd, Paisley PA1 3DL for a tea or coffee, fab cakes, and lovely company. All welcome!

MEMORY LANE CAFÉ, INCHINNAN PARISH CHURCH

We meet on the first Thursday of the month, from 10-12pm, at Inchinnan Parish Church, Old Greenock Rd, Inchinnan, Renfrew PA4 9PE for a chance to catch up with old friends and make new friends. Teas, coffees and biscuits are available, and everyone is welcome.

GLASGOW FILM THEATRE (GFT) MOVIE MEMORIES*

Glasgow **Movie Memories** is GFT's dementia-friendly film programme presenting classical and contemporary film events in a safe and social setting. The programme is designed for people affected by dementia, their Carers and/or families to socialise in a safe and welcoming environment. Movie Memories is held once a month. Tickets must be booked and cost £3. For further information contact the GFT on Tel: 0141 332 6535.

***These groups are run by affiliate groups and not Alzheimer Scotland ***

For Information and Joining Links for any Community Activities please contact Katie Robinson, Community Activity Organiser, Renfrewshire.

Phone: 07795257195 Email: KRobinson@alzscot.org

Information can also be found on our website www.alzscot.org