

BSc (Hons) Speech & Language Pathology, University of Strathclyde

**In conversation with
Scottish Dementia Working Group &
National Dementia Carers Action Network**

Elaine Hunter, February 2023

During your visit to
Alzheimer
Scotland today ...
“what was important
to you?”



“Speaking to those with lived experience & those who support them to continue to live a fulfilling life. Alzheimer Scotland continuing to push for awareness & education. Thank You!”

“Hearing stories about where they feel support lack for them in some healthcare, but can find it here and in others going through the same, understanding them more.”

“To hear about dementia from the persons perspective “

Making sure nobody faces dementia alone.

The easy-going and comfortable nature that this was held. It became really easy to have a conversation when I was comfortable & felt welcomed.

 @AHPDementia
#AHPConnectingPeople



“Listening to people’s individual stories & how dementia has impacted them personally”

“It was important to me to get a different perspective. i.e. from carers to also realise that dementia is a lot more than memory”

“What was important to me was hearing the personal stories of everyone”

“Listening to experiences”

Making sure nobody faces dementia alone.

“Thank you for today!
Incredibly informative, I
learned things about
dementia I’ll carry for the
rest of my career” ❤️




“It was important to hear that there are centres like these – offering over & above support for people with dementia & their families. It was inspirational to listen to people’s stories & the people working in the centres, caring over and above for people.”

“To learn about the variety of abilities people with dementia have.

“Not to underestimate people diagnosed with dementia (& those who care for them) Kenny and Marion were inspirational. Huge thanks.”

Making sure nobody faces dementia alone.



“Today I learned there are over 100 different strains of dementia. That using pictures on household cupboards support independence. Independence is the most important thing for those with lived experience. Cards with their information is greatly supportive”

“The amount of support given to people & their families in all different aspects, and to learn about the independence people with dementia can still have if they have the right support”

“Something important that I have taken away from today is that dementia and Alzheimer is not just about memory”


“To better understand both the lived experience of both the person and carers”

“Learning diagnosis can come very early and age of a person”

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“Something I enjoyed & was important to me was seeing the joy that Alzheimer Scotland brings to people and how it fills them with hope and a sense of togetherness. Hearing all the stories was really interesting to me and made my day” ❤️





“I felt that it was important for me to learn how much variation there is, I had it in my head that everyone had the same symptoms but in fact it is different for all”

“The chance to listen to people who are living with dementia and their carers! Remember that dementia is a brain disease”



“I learnt that dementia affect people in many different ways & hearing different experiences”

“Enjoyed and listened to lived experience”

“It’s good/helpful to understand that each person is an individual, not everyone with dementia is the same”

“It was important for me to learn more about Alzheimer & how everyone is different”

Making sure nobody faces dementia alone.

“Thank you so much for the opportunity. It was really important for me that a face was put to the condition we are studying & that brain health has opened up to us, a holistic approach”

“How dementia is different for each person & their lived experience is all different”

“How caring for someone with dementia can impact them as well”

“I learnt about how dementia doesn’t just affect the person with the disease and a good support system is critical”

“Something important that I learned was that dementia isn’t just losing your memory, & it’s highly stigmatised within society to be a mental illness when it’s not”

Making sure nobody faces dementia alone.

“What was important for me was hearing personal stories on how dementia not only impacts the person but also those closest to them”



“What was important was, to hear real life stories, to really understand how it impacts people. Also, how we can do more, to help & promote speech and language therapy in the future”

