

What's On – March 2023

Angus Groups



Tuesday	Wednesday	Thursday	Friday
	1	2	3
	Arbroath Tea & Blether 10.30 – 12 noon	Arbroath Tea & Blether 10.30 – 12noon Carnoustie Drop-in Panbride Church Hall 2pm – 3.30pm	Monifieth Drop-in Dobbies Cafe 2pm-3.30pm
7	8	9	10
Brewhouse Lunch Club 12.30pm	Arbroath Tea & Blether 10.30 – 12noon Football Memories Arbroath FC 2pm – 3.30pm	Arbroath Tea & Blether 10.30 – 12noon Forfar Drop-in East & Old Church 2pm – 3.30pm	
14	15	16	17
Arts and Crafts Group Arbroath DRC 2pm – 3.30pm	Arbroath Tea & Blether 10.30 – 12noon Brechin Drop-In Café Glebe Park 2pm – 3.30pm	Arbroath Tea & Blether 10.30 – 12noon Montrose Drop-In Café Old & St Andrews 2pm – 3.30pm	Birkhill Drop-in Millennium Hall 2pm – 3.30pm
21	22	23	24
Music & Movement Arbroath DRC 2pm – 3.30pm	Arbroath Tea & Blether 10.30 – 12noon Brechin Music and Memories 2pm – 3.30pm	Arbroath Tea & Blether 10.30 – 12noon	
28	29	30	31
	Arbroath Tea & Blether 10.30 – 12noon	Arbroath Tea & Blether 10.30 – 12noon Arbroath Boogie Royal British Legion 2pm – 4pm	<i>Making Sure nobody face dementia alone.</i>

For More information contact

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“Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently **and/or for** those unable to do so should come with a companion who can provide any support for them. We *don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely.*”

Further details regarding Angus Activity Groups

Angus Dementia Resource Centre (DRC) – 262 High St, Arbroath, DD11 1JE
Brewhouse - 1 High St, Arbroath DD11 1BH

Arbroath Art Group held at the Arbroath Dementia Resource Centre
Arbroath Boogie – Royal British Legion, Helen Street, Arbroath, DD11 3AP
Arbroath Football Memories - Gayfield, Arbroath FC ground, DD11 1QB
Arbroath Music & Movement held at the Arbroath DRC
Arbroath Tea & Blether held at the Arbroath DRC
Arbroath Walking Group meets at the beginning of The Victoria (Vicky Park)
Brechin Music and Memories held at Glebe Park, Trinity Rd, Brechin DD9 6BJ

Birkhill Drop-in held at Millennium Hall, Birkill DD2 5NS
Brechin Drop-in held at Glebe Park, Trinity Rd, Brechin, DD9 6BJ
Carnoustie Drop-in held at Panbride Church Hall, 8 Arbroath Rd, Carnoustie, DD7 6BL
Forfar Drop-in held at East & Old Church, E High St, Forfar, DD8 2EG
Monifieth Drop-in held at Dobbies Café, Ethiebeaton Park, Monifieth
Montrose Drop-in held at Old & ST Andrews Church, 121 High St, Montrose DD10 8QW

Dementia Drop in Cafés in Angus

Come along and enjoy refreshments in a relaxed and informal setting. The Dementia Cafés offer an opportunity for people living with dementia and their carers to meet others, enjoy an activity, and to socialise. There will be a Dementia Advisor on hand to offer support and provide information.