

## Renfrewshire Groups May 2023

Dates & Times	Activity	Venue	Contact Details
<b>Wednesday 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> May, 2-4pm</b>	<b>Forget Me Not Café</b>	<b>North Church, Renfrew, PA4 8RG</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Thursday 4<sup>th</sup> May, 10.30-12pm</b>	<b>Memory Lane Café</b>	<b>Inchinnan Parish Church, Inchinnan, PA4 9PE</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Friday 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> &amp; 26<sup>th</sup> May, 1.30-2.30pm</b>	<b>Keep Fit Exercise Class</b>	<b>Paisley North Church, Paisley, PA3 4AB</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Monday 8<sup>th</sup> &amp; 29<sup>th</sup> May, 2-3.30pm</b>	<b>Football Memories</b>	<b>St Mirren Park, Paisley, PA3 1RU</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Tuesday 9<sup>th</sup> &amp; 23<sup>rd</sup> May, 1.30-3pm</b>	<b>Singing Buddies</b>	<b>Paisley North Church, Paisley, PA3 4AB</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Thursday 11<sup>th</sup> &amp; 25<sup>th</sup> May, 2-4pm</b>	<b>Houston Hello Cafe</b>	<b>Killellan Halls, Houston, PA6 7HW</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>
<b>Thursday 11<sup>th</sup> May, 2-4pm</b>	<b>Drop In Café</b>	<b>St Mark's Church, Paisley, PA1 3DL</b>	<b>Katie Robinson <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> 07795257195</b>

<b>Friday 12<sup>th</sup> &amp; 26<sup>th</sup> May, 10.30-12pm</b>	<b>Cuppa and a Chat</b>	<b>Morrisons Café, Johnstone, PA5 8SF</b>	<b>Katie Robinson</b> <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> <b>07795257195</b>
<b>Monday 15<sup>th</sup> May 3-4.30pm</b>	<b>Erskine Singing Buddies</b>	<b>Hub Café, Erskine Parish Church, Erskine, PA8 6HS</b>	<b>Katie Robinson</b> <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> <b>07795257195</b>
<b>Wednesday 24<sup>th</sup> May 12.30pm</b>	<b>Lunch Club (needs to be booked)</b>	<b>Venue TBC</b>	<b>Katie Robinson</b> <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> <b>07795257195</b>
<b>Thursday 25<sup>th</sup> May, 10.30-12pm</b>	<b>Carers Support Group</b>	<b>Riccartsbar Avenue, Paisley, PA2 6BG</b>	<b>Katie Robinson</b> <a href="mailto:KRobinson@alzscot.org">KRobinson@alzscot.org</a> <b>07795257195</b>

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely.

**Our support and activities are only possible thanks to the donations we gratefully receive.**

**There are many ways to support our groups, please speak to any member of staff detailed above for more details.**

**Or by putting money in our donation tins when you attend any of our groups.**

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