

## East Ayrshire Activities & Events in May 2023

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### In Person Groups

Dates & Times	Activity	Venue	Contact Details
<b>Monday</b> 1 May 2.00 – 3.00	<b>Football Memories</b>	<b>Rugby Park</b>	Sheena Boyd 07584 361411
<b>Monday</b> 1 May 2.00 – 3.00	<b>WAG Group</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Tuesday</b> 2 May 10.00 – 12.00	<b>Movie Morning</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Wednesday</b> 3 May 1.30 – 3.00	<b>Tipi Group</b>	<b>Dean Park/ Kilmarnock DRC</b>	John Gray 07919 097681
<b>Thursday</b> 4 May 11.00 – 1.00	<b>Coffee Catch-Up</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Monday</b> 8 May 2.00 – 3.00	<b>Football Memories</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Monday</b> 8 May 2.00 – 3.00	<b>WAG Group</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Tuesday</b> 9 May 10.00 – 12.00	<b>Movie Morning</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Tuesday</b> 9 May 2.00 – 4.00	<b>Music &amp; More</b>	<b>Cumnock Community Hospital</b>	John Gray 07919 097681
<b>Wednesday</b> 10 May 1.30 – 3.00	<b>Tipi Group</b>	<b>Dean Park/ Kilmarnock DRC</b>	John Gray 07919 097681

<b>Thursday</b> 11 May 11.00 – 1.00	<b>Coffee Catch-Up</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Monday</b> 15 May 2.00 – 3.00	<b>Football Memories</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Monday</b> 15 May 2.00 – 3.00	<b>WAG Group</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Tuesday</b> 16 May 10.00 – 12.00	<b>Movie Morning</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Tuesday</b> 16 May 2.00 – 3.00	<b>Art Class</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Wednesday</b> 17 May 1.30 – 3.00	<b>Tipi Group</b>	<b>Dean Park/ Kilmarnock DRC</b>	John Gray 07919 097681
<b>Thursday</b> 18 May 11.00 – 1.00	<b>Coffee Catch-Up</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Monday</b> 22 May 2.00 – 3.00	<b>Football Memories</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Monday</b> 24 April 2.00 – 3.00	<b>WAG Group</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Tuesday</b> 23 May 10.00 – 12.00	<b>Movie Morning</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Tuesday</b> 23 May 2.00 – 4.00	<b>Chill &amp; Chat</b>	<b>Cumnock Community Hospital</b>	Sheena Boyd 07584 361411
<b>Wednesday</b> 24 May 1.30 – 3.00	<b>Tipi Group</b>	<b>Dean Park/ Kilmarnock DRC</b>	John Gray 07919 097681
<b>Thursday</b> 25 May 11.00 – 1.00	<b>Coffee Catch-Up</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Friday</b> 26 May 2.00 – 3.00	<b>Afternoon Tea</b> (Booking Required)	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Monday</b> 29 May 2.00 – 3.00	<b>Football Memories</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411
<b>Monday</b> 29 May 2.00 – 3.00	<b>WAG Group</b>	<b>Kilmarnock DRC</b>	Sheena Boyd 07584 361411

<b>Tuesday</b> 30 May 10.00 – 12.00	<b>Movie Morning</b>	<b>Kilmarnock DRC</b>	John Gray 07919 097681
<b>Wednesday</b> 31 May 1.30 – 3.00	<b>Tipi Group</b>	<b>Dean Park/ Kilmarnock DRC</b>	John Gray 07919 097681

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

**We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.**

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All staff details are below.

Please note that if there is an in-person group that you would like to attend but are unable to get to, please get in touch and we may be able to offer the chance to join it online. Similarly, if there is an online group you would like to join but you are unable to get online, we may be able to link you into the group from the Dementia Resource Centre.

**Our support and activities are only possible thanks to the donations we gratefully receive.**

**There are many ways to support our groups, please speak to any member of staff detailed above for more details.**

**To make a donation, please consider donating to our local Just Giving page.**

**[www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire](http://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire)**

**Or by putting money in our donation tins when you attend any of our groups.**

Alzheimer Scotland – Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Registered office: 160 Dundee Street, Edinburgh EH11 1DQ. It is recognised as a charity by the Office of the Scottish Charity Regulator, no, SC022315

### Covid guidance

Please do not attend our groups if you are feeling unwell.  
Any of our In Person groups may be cancelled at short notice if the Government guidelines change or if staff members need to self-isolate.