

What's on July 2023

– East Dunbartonshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Sunday 2 nd July	National Thank You Day – Music for Dementia Thank You for Being a Friend Community Singalong New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	Church Service 10.30am Coffee & Singalong - 11.30am
Monday 3 rd July	A Whole New Ball Game – Sports Reminiscence Group The Station Bar Station Road Bearsden, G61 4AN	2pm – 3.30pm
Tuesday 4 th July	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	2pm – 3.30pm
Friday 7 th July	Friday Fun Day Alzheimer Scotland Resource Centre 49 Milngavie Rd Bearsden, G61 2DW	2pm – 3.30pm
Monday 10 th July	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddans Rd Bishopbriggs, G64 2NH	2pm – 3.30pm
Friday 14 th July	Friday Fun Day Alzheimer Scotland Resource Centre 49 Milngavie Rd Bearsden, G61 2DW	2pm – 3.30pm
Tuesday 18 th July	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	2pm – 3.30pm
Wednesday 19 th July	Connection Café Alzheimer Scotland Resource Centre 49 Milngavie Rd Bearsden, G61 2DW	11am – 1pm
Friday 21 st July	Friday Fun Day Alzheimer Scotland Resource Centre 49 Milngavie Rd Bearsden, G61 2DW	2pm – 3.30pm

Monday 24 th July	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddans Rd Bishopbriggs, G64 2NH	2pm – 3.30pm
Wednesday 26 th July	Memories Scotland Group Bearsden Library/Hub 69 Drymen Road Bearsden, G61 3QT	2pm – 3.30pm
Thursday 27 th July	Coffee & Chat at Campsie Campsie Parish Church 130 Main Street Lennoxtown, G66 7DA	1.30pm – 3pm
Friday 28 th July	Friday Fun Day Alzheimer Scotland Resource Centre 49 Milngavie Rd Bearsden, G61 2DW	2pm – 3.30pm

For those times when you cannot make it into the centre, or wish to attend some groups in person, and some online.

Please contact the person listed below the activity and they will send you the link to join.

Online Group		
Wednesday 5 th July	Transatlantic Juke Box Days partnering with Barrie, Vermont, USA	3.30pm

Contact details for groups:

For information on any of the Community Groups please contact:
Anne O'Donnell, Community Activity Organiser, Alzheimer Scotland
Email: ao'donnell@alzscot.org Tel: 07584 607565

Connection Café
Brian Spence, Dementia Adviser
Email: BSpence@alzscot.org Tel: 07785 700728

Memories Scotland Group
Tracey O'Connor, East Dunbartonshire Libraries
Email: Tracey.OConnor@eastdunbartonshire.gov.uk

Sing Song
Kirsteen McLean
Email: kirsteen7@btinternet.com Tel: 0141 942 7603

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page

<https://www.justgiving.com/fundraising/alzheimer-scotland-east-dunbartonshire>

24 HOUR


Alzheimer Scotland
Action on Dementia

Dementia

Helpline

Freephone 0808 808 3000
Email helpline@alzscot.org