

What's on

September 2023 - Glasgow

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Mon 4 th September	Younger Persons Café – under 65 Alzheimer Scotland, Bridgeton Resource Centre, 11 Bridgeton Cross, G40 1BN Younger Person Link Worker – Jane Brown Call: 07852 948 902 or Email: jbrown@alzscot.org	10.30am – 1.30pm
	Allotment Alzheimer Scotland at Bellahouston Park, Dumbreck Road, G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	1pm – 3pm
Tuesday 5 th September	Post Diagnostic Support Drop-In Café for over 65 Alzheimer Scotland Dementia Resource Centre 81 Oxford Street, Glasgow, G5 9EB Post Diagnostic Lead – Janice Stewart Call: 07584 408 192 or Email: jstewart@alzscot.org	10.00am – 12noon
Wednesday 6 th September	About Digital and Me (ADAM) Alzheimer Scotland Dementia Resource Centre 81 Oxford Street, Glasgow, G5 9EB Digital Dementia Advisor – Rachel McLaughlan Call: 07341 096 832 or Email: rmclaughlan@alzscot.org	10.30am – 12.30pm
Thursday 7 th September	Brigton Café – Over 65 Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross, Glasgow, G40 1BN Dementia Advisor – Polly Mark Call: 07775 761 087 or pmark@alzscot.org	10.30am – 12.30pm
	Allotment Alzheimer Scotland, Bellahouston Park, Dumbreck Road, G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	2.00pm – 4.00pm

Monday 11th September	Younger Persons Café – under 65 Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Younger Person Link Worker – Jane Brown Call: 07852 948 902 or Email: jbrown@alzscot.org Allotment Alzheimer Scotland Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.30am – 1.30pm 1pm – 3pm
Tuesday 12th September	Post Diagnostic Support Drop-In Café over 65 Alzheimer Scotland Dementia Resource Centre 81 Oxford Street, Glasgow G5 9EB Post Diagnostic Lead – Janice Stewart Call: 07584 408 192 or Email: jstewart@alzscot.org Partick Football Memories Alzheimer Scotland Firhill Stadium, 90 Firhill Road, G20 7AL Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.00am – 12noon 10.30am – 12noon
Wednesday 13th September	Screen Memories Michael White Alzheimer Dementia Resource Centre 81 Oxford Street, Glasgow G5 9EB Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	2pm – 3pm
Thurs 14th September	Brigton Café Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross Glasgow G40 1BN Dementia Advisor – Polly Mark Call: 07775 761 087 or pmark@alzscot.org Allotment Alzheimer Scotland Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.30am – 12.30pm 2.00pm – 4.00pm
Mon 18th September	Younger Persons Café – under 65 Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Younger Person Link Worker – Jane Brown Call: 07852 948 902 or Email: jbrown@alzscot.org Allotment Alzheimer Scotland Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org Under 65 – Post Diagnostic Advice Clinic	10.30am – 1.30pm 1pm – 3pm 2pm – 4pm

Mon 18 th September	Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Younger Person Link Worker – Jane Brown Call: 07852 948 902 or Email: jbrown@alzscot.org	
Tues 19 th September	Post Diagnostic Support Drop-In Café over 65s Alzheimer Scotland Dementia Resource Centre 81 Oxford Street, Glasgow G5 9EB Post Diagnostic Lead – Janice Stewart Call: 07584 408 192 or Email: jstewart@alzscot.org	10.00am – 12noon
Wed 20 th September	About Digital and Me (ADAM) Alzheimer Scotland Dementia Resource Centre Oxford Street, Glasgow G5 9EB Digital Dementia Advisor – Rachel McLaughlan Call: 07341 096 832 or Email: rmclaughlan@alzscot.org Hampden Football Conversations Hampden Park Lower Level Hall from Main Entrance Glasgow G42 9BA Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.30am – 12.30pm 12.30pm – 2.00pm
Thurs 21 st September	Brigton Café Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Dementia Advisor – Polly Mark Call: 07775 761 087 or pmark@alzscot.org Allotment Alzheimer Scotland - Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.30am – 12.30pm 2.00pm – 4.00pm
Fri 22 nd September	We Sing Together Group Alzheimer Scotland Dementia Resource Centre 81 oxford Street, Glasgow G5 9EB Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	1.30pm – 3.00pm
Mon 25 th September	Younger Persons Café – under 65 Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Younger Person Link Worker – Jane Brown Call: 07852 948 902 or Email: jbrown@alzscot.org Allotment Alzheimer Scotland Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org Coffee & Culture at the Burrell Collection Pollok Park 2060 Pollokshaws Road G43 1TA Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	10.30am – 1.30pm 1pm – 3pm 2pm – 4pm

Tues 26 th September	Post Diagnostic Support Drop-In Café Alzheimer Scotland Dementia Resource Centre 81 Oxford Street, Glasgow G5 9EB Post Diagnostic Lead – Janice Stewart Call: 07584 408 192 or Email: jstewart@alzscot.org	10.00am – 12noon
	Tea & Blether Dementia Café Hillington Park Parish Church Main Door Entry 25 Berryknowes Road Cardonald, Glasgow G52 2UD Dementia Advisor – Polly Mark Call: 07775 761 087 or pmark@alzscot.org	12.30 – 2pm
Wed 27 th September	About Digital and Me (ADAM) Alzheimer Scotland Dementia Resource Centre Oxford Street, Glasgow G5 9EB Digital Dementia Advisor – Rachel McLaughlan Call: 07341 096 832 or Email: rmclaughlan@alzscot.org	10.30am – 12.30pm
Thurs 28 th September	Brigton Café – Over 65 Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN Dementia Advisor – Polly Mark Call: 07775 761 087 or pmark@alzscot.org	10.30am – 12.30pm
	Allotment Alzheimer Scotland - Bellahouston Park, Dumbreck Road G41 5BW Community Activities Organiser – Jan Watson Call: 07407 814 641 or Email: jwatson@alzscot.org	2.00pm – 4.00pm

For those times when you cannot make it into the centre, or wish to attend some groups in person, and some online. Please contact the person listed below the activity and they will send you the link to join. Contact details for groups:

Younger Persons Café & Drop In Clinic – Jane Brown, Younger Persons Post Diagnostic Link Worker
 Email: jbrown@alzscot.org Tel: 07825 948 902

Brigton Café – over 65 – Polly Mark, Dementia Advisor
 Email: pmark@alzscot.org Tel: 07775 761 087

Movie Memories, Sing Along Group, Football Groups – Partick and Hampden – Jan Watson
 Email: jwatson@alzscot.org Tel: 07407 814 641

Sing Along Group, Yoker Café and Coffee & Culture – Jenny Douglas
 Email: jdouglas@alzscot.org Tel: 07827 307582



Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>