What’s on
September 2023 - Glasgow

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know.

All contact details are below.

<table>
<thead>
<tr>
<th>In Person Group</th>
<th>Mon 4th September</th>
<th>10.30am – 1.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Younger Persons Café – under 65</td>
<td>Alzheimer Scotland, Bridgeton Resource Centre, 11 Bridgeton Cross, G40 1BN</td>
<td>10.30am – 1.30pm</td>
</tr>
<tr>
<td>Younger Person Link Worker – Jane Brown</td>
<td>Call: 07852 948 902 or Email: <a href="mailto:jbrown@alzscot.org">jbrown@alzscot.org</a></td>
<td>10.30am – 1.30pm</td>
</tr>
<tr>
<td>Allotment</td>
<td>Alzheimer Scotland at Bellahouston Park, Dumbreck Road, G41 5BW</td>
<td>10.30am – 1.30pm</td>
</tr>
<tr>
<td>Community Activities Organiser – Jan Watson</td>
<td>Call: 07407 814 641 or Email: <a href="mailto:jwatson@alzscot.org">jwatson@alzscot.org</a></td>
<td>10.30am – 1.30pm</td>
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<thead>
<tr>
<th>In Person Group</th>
<th>Tuesday 5th September</th>
<th>10.00am – 12noon</th>
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<tbody>
<tr>
<td>Post Diagnostic Support Drop-In Café for over 65</td>
<td>Alzheimer Scotland Dementia Resource Centre, 81 Oxford Street, Glasgow, G5 9EB</td>
<td>10.00am – 12noon</td>
</tr>
<tr>
<td>Post Diagnostic Lead – Janice Stewart</td>
<td>Call: 07584 408 192 or Email: <a href="mailto:jstewart@alzscot.org">jstewart@alzscot.org</a></td>
<td>10.00am – 12noon</td>
</tr>
</tbody>
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<thead>
<tr>
<th>In Person Group</th>
<th>Wednesday 6th September</th>
<th>10.30am – 12.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>About Digital and Me (ADAM)</td>
<td>Alzheimer Scotland Dementia Resource Centre, 81 Oxford Street, Glasgow, G5 9EB</td>
<td>10.30am – 12.30pm</td>
</tr>
<tr>
<td>Digital Dementia Advisor – Rachel McLaughlan</td>
<td>Call: 07341 096 832 or Email: <a href="mailto:rmclaughlan@alzscot.org">rmclaughlan@alzscot.org</a></td>
<td>10.30am – 12.30pm</td>
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<tr>
<th>In Person Group</th>
<th>Thursday 7th September</th>
<th>10.30am – 12.30pm</th>
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<tbody>
<tr>
<td>Brighton Café – Over 65</td>
<td>Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross, Glasgow, G40 1BN</td>
<td>10.30am – 12.30pm</td>
</tr>
<tr>
<td>Dementia Advisor – Polly Mark</td>
<td>Call: 07775 761 087 or <a href="mailto:pmark@alzscot.org">pmark@alzscot.org</a></td>
<td>10.30am – 12.30pm</td>
</tr>
<tr>
<td>Allotment</td>
<td>Alzheimer Scotland, Bellahouston Park, Dumbreck Road, G41 5BW</td>
<td>10.30am – 12.30pm</td>
</tr>
<tr>
<td>Community Activities Organiser – Jan Watson</td>
<td>Call: 07407 814 641 or Email: <a href="mailto:jwatson@alzscot.org">jwatson@alzscot.org</a></td>
<td>10.30am – 12.30pm</td>
</tr>
</tbody>
</table>
| Monday 11th September | Younger Persons Café – under 65  
Alzheimer Scotland  
Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN  
**Younger Person Link Worker – Jane Brown**  
Call: 07852 948 902 or Email: jbrown@alzscot.org  
**Allotment**  
Alzheimer Scotland  
Bellahouston Park, Dumbreck Road G41 5BW  
**Community Activities Organiser – Jan Watson**  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.30am – 1.30pm |
| --- | --- | --- |
| Tuesday 12th September | **Post Diagnostic Support Drop-In Café over 65**  
Alzheimer Scotland  
Dementia Resource Centre  
81 Oxford Street, Glasgow G5 9EB  
**Post Diagnostic Lead – Janice Stewart**  
Call: 07584 408 192 or Email: jstewart@alzscot.org  
**Partick Football Memories**  
Alzheimer Scotland  
Firhill Stadium, 90 Firhill Road, G20 7AL  
**Community Activities Organiser – Jan Watson**  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.00am – 12noon |
| Wednesday 13th September | **Screen Memories**  
Michael White  
Alzheimer Dementia Resource Centre  
81 Oxford Street, Glasgow G5 9EB  
**Community Activities Organiser – Jan Watson**  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 2pm – 3pm |
| Thurs 14th September | **Brinton Café**  
Alzheimer Scotland  
Bridgeton Resource Centre, 11 Bridgeton Cross  
Glasgow G40 1BN  
**Dementia Advisor – Polly Mark**  
Call: 07775 761 087 or pmark@alzscot.org  
**Allotment**  
Alzheimer Scotland  
Bellahouston Park, Dumbreck Road G41 5BW  
**Community Activities Organiser – Jan Watson**  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.30am – 12.30pm  
2.00pm – 4.00pm |
| Mon 18th September | Younger Persons Café – under 65  
Alzheimer Scotland  
Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN  
**Younger Person Link Worker – Jane Brown**  
Call: 07852 948 902 or Email: jbrown@alzscot.org  
**Allotment**  
Alzheimer Scotland  
Bellahouston Park, Dumbreck Road G41 5BW  
**Community Activities Organiser – Jan Watson**  
Call: 07407 814 641 or Email: jwatson@alzscot.org  
**Under 65 – Post Diagnostic Advice Clinic** | 10.30am – 1.30pm  
1pm – 3pm  
2pm – 4pm |
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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</table>
| Mon 18th September | Alzheimer Scotland  
Younger Person Link Worker – Jane Brown  
Call: 07852 948 902 or Email: jbrown@alzscot.org |                |
| Tues 19th September | Post Diagnostic Support Drop-In Café over 65s  
Alzheimer Scotland Dementia Resource Centre  
81 Oxford Street, Glasgow G5 9EB  
Post Diagnostic Lead – Janice Stewart  
Call: 07584 408 192 or Email: jstewart@alzscot.org | 10.00am – 12noon |
| Wed 20th September | About Digital and Me (ADAM)  
Alzheimer Scotland Dementia Resource Centre  
Oxford Street, Glasgow G5 9EB  
Digital Dementia Advisor – Rachel McLaughlan  
Call: 07341 096 832 or Email: rmclaughlan@alzscot.org  
Hampden Football Conversations  
Hampden Park Lower Level Hall from Main Entrance  
Glasgow G42 9BA  
Community Activities Organiser – Jan Watson  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.30am – 12.30pm |
| Wed 20th September | Briggsont Café  
Alzheimer Scotland Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN  
Dementia Advisor – Polly Mark  
Call: 07775 761 087 or pmark@alzscot.org  
Allotment  
Alzheimer Scotland - Bellahouston Park, Dumbreck Road G41 5BW  
Community Activities Organiser – Jan Watson  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.30am – 12.30pm |
| Fri 22nd September | We Sing Together Group  
Alzheimer Scotland Dementia Resource Centre  
81 Oxford Street, Glasgow G5 9EB  
Community Activities Organiser – Jan Watson  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 1.30pm – 3.00pm |
| Mon 25th September | Younger Persons Café – under 65  
Alzheimer Scotland  
Bridgeton Resource Centre, 11 Bridgeton Cross G40 1BN  
Younger Person Link Worker – Jane Brown  
Call: 07852 948 902 or Email: jbrown@alzscot.org  
Allotment  
Alzheimer Scotland  
Bellahouston Park, Dumbreck Road G41 5BW  
Community Activities Organiser – Jan Watson  
Call: 07407 814 641 or Email: jwatson@alzscot.org  
Coffee & Culture at the Burrell Collection  
Pollok Park  
2060 Pollokshaws Road G43 1TA  
Community Activities Organiser – Jan Watson  
Call: 07407 814 641 or Email: jwatson@alzscot.org | 10.30am – 1.30pm |

1pm – 3pm  
2pm – 4pm
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 26th September</td>
<td>Post Diagnostic Support Drop-In Café</td>
<td>Alzheimer Scotland Dementia Resource Centre, 81 Oxford Street, Glasgow G5 9EB</td>
<td>10.00am – 12noon</td>
</tr>
<tr>
<td>Wed 27th September</td>
<td>About Digital and Me (ADAM)</td>
<td>Alzheimer Scotland Dementia Resource Centre, Oxford Street, Glasgow G5 9EB</td>
<td>10.30am – 12.30pm</td>
</tr>
<tr>
<td>Thurs 28th September</td>
<td>Brighton Café – Over 65</td>
<td>Alzheimer Scotland Bridgefoot Resource Centre, 11 Bridgefoot Cross G40 1BN</td>
<td>10.30am – 12.30pm</td>
</tr>
</tbody>
</table>

For those times when you cannot make it into the centre, or wish to attend some groups in person, and some online. Please contact the person listed below the activity and they will send you the link to join. Contact details for groups:

Younger Persons Café & Drop In Clinic – Jane Brown, Younger Persons Post Diagnostic Link Worker
Email: jbrown@alzscot.org    Tel: 07825 948 902

Brighton Café – over 65 – Polly Mark, Dementia Advisor
Email: pmark@alzscot.org    Tel: 07775 761 087

Movie Memories, Sing Along Group, Football Groups – Partick and Hampden – Jan Watson
Email: jwatson@alzscot.org    Tel: 07407 814 641

Sing Along Group, Yoker Café and Coffee & Culture – Jenny Douglas
Email: jdouglas@alzscot.org    Tel: 07827 307582

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page https://www.justgiving.com/fundraising/