

What's on

December 2023 - oban

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, biscuits and company. We will be providing more coffee catch ups, or just pop in for a warm drink anytime.

In Person Group		
Monday 4 th Dec	Drop in Session Oban Dementia Resource Centre Come along to the resource centre every Monday and meet your dementia advisor and find out what support we have to offer carers/families and people living with dementia.	11.00am – 1.00pm
Thursday 7 th Dec	Christmas Games Afternoon Oban Dementia Resource Centre Come along to the resource centre for an afternoon of dominoes and board games. For people living with Dementia.	11.30am – 1.00pm
Mon 11 th Dec	Drop in Session Oban Dementia Resource Centre Come along to the resource centre every Monday and meet your dementia advisor and find out what support we have to offer carers/families and people living with dementia.	11.00am – 1.00pm
Wed 13 th Dec	Christmas Memory Lunch Royal Hotel, Oban Come along and enjoy a 2 course Christmas lunch with Christmas music and a small raffle. Raffle tickets can be bought at the lunch. Christmas cards will be available to buy at the lunch. £3 per pack. <u>The Oban Lorn Dementia Support Group will kindly be paying for 1 carer and cared for.</u>	12.30am – 2.00pm
Monday 18 th Dec	Drop in Session Oban Dementia Resource Centre Come along to the resource centre every Monday and meet your dementia advisor and find out what support we have to offer carers/families and people living with dementia.	11.00am – 1.00pm

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

Contact details for groups:

Email: gmckie@alzscot.org **Tel:** 01631 570614 / **07554 998794**

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzscot-argyllandbute>

