

What's on



MARCH 2024 - Oban

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, biscuits and company. We will be providing more coffee catch ups, or just pop in for a warm drink anytime.

In Person Group		
Fri 1 st March	Games Afternoon Oban Dementia Resource Centre Come along to the resource centre for a fun afternoon of dominoes and board games. Nibbles will be provided. For people living with Dementia.	12.30am – 2.00pm
Mon 11 th March	Drop in session Oban Dementia Resource Centre Come along to our drop in session and find out more information about our services available for people living with dementia.	12.00pm – 1.00pm
Thurs 14 th March	Tea 'n' a tune Oban Dementia Resource Centre Come along and join in with some songs and reminiscence with Lora Macleod.	11.30am – 1.00pm
Mon 18 th March	Drop in session Oban Dementia Resource Centre Come along to our drop in session and find out more information about our services available for people living with dementia.	12.00pm – 1.00pm
Mon 25 th March	Drop in session Oban Dementia Resource Centre Come along to our drop in session and find out more information about our services available for people living with dementia.	12.00pm – 1.00pm
Fri 29 th March	Memory Lunch Royal Hotel, Oban Come along and enjoy a lovely informal lunch. £5 per head for soup and sandwiches.	12.30am – 2.00pm

Contact details for groups:

Email: gmckie@alzscot.org **Tel:** 01631 570614 / 07554 998794

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzscot-argyllandbute>

