



**Alzheimer  
Scotland**  
Action on Dementia

**Tea &  
Blether**  
Now you're talking



# Get ready to blether!

**27 May to 2 June**

**Join us this Dementia Awareness Week and host a coffee morning, afternoon tea or bake sale to raise funds for people living with dementia.**

**Tea & Blether can happen at home, work, school or wherever you are. Plus every penny raised in Scotland stays in Scotland.**

**Sign up for free to get your fundraising pack at  
[blether.alzscot.org](http://blether.alzscot.org)**



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