## What's on April 2025 - Renfrewshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them.

Contact Katie for details on any of the groups Email: <a href="mailto:krobinson@alzscot.org">krobinson@alzscot.org</a> or Tel: 07795257195

Wed 2 April	Forget Me Not Café	2.00-4.00
	North Church, Renfrew, PA4 8RG	
Thurs 3 April	Houston Hello Singers	2.00-4.00
	West Halls, Main Street, Houston	
Fri 4 April	Keep Fit Chair Exercise Class	
	Paisley North Church, Paisley PA3 4AB	
		1.30-2.30
Tues 8 April	Singing Buddies	1.30-3.00
	Paisley North Church, Paisley, PA3 4AB	
Wed 9 April	Forget Me Not Café	2.00-4.00
	North Church, Renfrew, PA4 8RG	
Thurs 10 April	Houston Hello Cafe	2.00-4.00
	West Halls, Main Street, Houston	
Fri 11 April	Cuppa And A Chat	10.30-12.00
	Morrisons Café, Johnstone, PA5 8SF	
Fri 11 April	Keep Fit Chair Exercise Class	
	Paisley North Church, Paisley PA3 4AB	
		1.30-2.30
Mon 14 April	Football Memories	2.00-3.30
	St Mirren Park, Paisley, PA3 1RU	
Wed 16 April	Forget Me Not Café	2.00-4.00
	North Church, Renfrew, PA4 8RG	
Thurs 17 April	Carers Support Group	10.30-12.00
	32, Riccartsbar Avenue, Paisley, PA2 6BG	
Thurs 17 April	Houston Hello Singers	2.00-4.00
	West Halls, Main Street, Houston	
Thurs 17 April	The Haven Café	2.00-4.00
	St. Mark's Church, Paisley, PA1 3DL	
Tues 22 April	Singing Buddies	1.30-3.00
	Paisley North Church, Paisley, PA3 4AB	
Wed 23 April	Forget Me Not Café	2.00-4.00
	North Church, Renfrew, PA4 8RG	

Thurs 24 April	Houston Hello Cafe West Halls, Main Street, Houston	2.00-4.00
Fri 25 April	Cuppa And A Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 25 April	Keep Fit Chair Exercise Class Paisley North Church, Paisley PA3 4AB	1.30-2.30
Mon 28 April	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Wed 30 April	Lunch Club	12.00
Wed 30 April	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page https://www.justgiving.com/fundraising/

