

What's on

May 2025 - Renfrewshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them.

Contact Katie for details on any of the groups Email: krobinson@alzscot.org or Tel: 07795257195



Thurs 1 May	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00
Fri 2 May	Keep Fit Chair Exercise Class North Church, Paisley PA3 4AB	1.30-2.30
Wed 7 May	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 8 May	Film Club – “Sister Act” St Mark’s Church, Paisley, PA1 3DL	Doors Open at 1.30
Thurs 8 May	Houston Hello Cafe West Halls, Main Street, Houston	2.00-4.00
Fri 9 May	Cuppa And A Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 9 May	Keep Fit Chair Exercise Class North Church, Paisley PA3 4AB	1.30-2.30
Mon 12 May	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 13 May	Singing Buddies North Church, Paisley, PA3 4AB	1.30-3.00
Wed 14 May	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 15 May	Carers Support Group 32, Riccartbar Avenue, Paisley, PA2 6BG	10.30-12.00
Thurs 15 May	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00
Fri 16 May	Keep Fit Chair Exercise Class North Church, Paisley PA3 4AB	1.30-2.30
Wed 21 May	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 22 May	The Haven Café St. Mark’s Church, Paisley, PA1 3DL	2.00-4.00

Thurs 22 May	Houston Hello Cafe West Halls, Main Street, Houston	2.00-4.00
Fri 23 May	Cuppa And A Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 23 May	Keep Fit Chair Exercise Class North Church, Paisley PA3 4AB	1.30-2.30
Mon 26 May	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 27 May	Singing Buddies North Church, Paisley, PA3 4AB	1.30-3.00
Wed 28 May	Lunch Club	12.00
Fri 30 May	Keep Fit Chair Exercise Class North Church, Paisley PA3 4AB	1.30-2.30

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

