

What's on



May 2025 – Kilmarnock/East Ayrshire

Kilmarnock Brain Health and Dementia Resource Centre, 8-12 College Wynd, Kilmarnock, KA1 1N.

For further information please contact John Gray at JohnGray@alzscot.org or on 07919 097681.

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are above.

In Person Group		
Thurs 1st May	Coffee Catch-Up New Leigh Kirk Hall (Lower)	11.00am – 1.00pm
Mon 5 th May	Football Memories Rugby Park	2.00pm – 4.00pm
	WAG Group Secret Garden, Dean Street	1.00pm – 3.00pm
Tues 6 th May	BOCCE Carers Cottage, Howard Park	1.00pm – 2.00pm
Wed 7 th May	Tipi Project Dean Park	1.30pm – 3.00pm
Thurs 8 th May	Coffee Catch-Up New Leigh Kirk Hall (Lower)	11.00am – 1.00pm
Mon 12 th May	Football Memories Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	2.00pm – 4.00pm
	WAG Group Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	2.00pm – 3.00pm
Wed 14 th May	Tipi Project Dean Park	1.30pm – 3.00pm
Thurs 15 th May	Coffee Catch Up New Leigh Kirk Hall (Lower)	11.00am – 1.00pm
Mon 19 th May	Football Memories Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	2.00pm – 3.00pm
	WAG Group Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	2.00pm – 3.00pm
Wed 21 st May	Tipi Project Dean Park	1.30pm – 3.00pm
Thurs 22 nd May	Coffee Catch-Up New Leigh Kirk Hall (Lower)	11.00am – 1.00pm
Fri 23 rd May	And relax... Carers Cottage, Howard Park	12.00pm – 1.00pm
Mon 26 th May	Football Memories	2.00pm – 3.00pm

Cont...	Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	
	WAG Group Kilmarnock Football Club Community Hub, Ruby Road, KA1 2DP	2.00pm – 3.00pm
Wed 28 th May	Tipi Project Dean Park	1.30pm - 3.00pm
	Supper Club (under 65) Booking required	5.30pm - 7.30pm
Thurs 29 th May	Coffee Catch-Up Carers Cottage, Howard Park	11.00am – 1.00pm

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>



Dementia-Friendly Visits at the Scottish Football Museum in Hampden

Drop in between 2–5pm on Thursdays in May & June 2025

Come along for a relaxed, dementia friendly visit at the **Scottish Football Museum**

- ☒ Try out Alzheimer Scotland's VR Reminiscence Technology
- Enjoy a cuppa and a chat
- Explore Scotland's footballing history in a calm, friendly setting

Free of charge | No booking needed | All welcome including family, friends & carers

Let football memories come alive in a space built for comfort, connection, and community.

Location: Scottish Football Museum. **Hampden Park, Letherby Drive, Mount Florida, Glasgow, G42 9BA.**

Phone: 0141 616 639 for more information