



Alzheimer Scotland – Action on Dementia

(a company limited by guarantee and not having share capital)

Company Number SC149069

Charity Number SC022315

Directors' Report, Strategic Report and Financial Statements

For the year ended 31 March 2024

Making sure nobody faces dementia alone.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

Contents	Page
Directors' Report – including Strategic Report	3 - 23
Independent Auditor's Report	24 - 28
Consolidated Statement of Financial Activities	29
Consolidated and Company Balance Sheets	30
Consolidated Statement of Cash Flows	31
Notes forming part of the Financial Statements	32 - 50

Directors' Report – including Strategic Report

1. References and administrative details

Alzheimer Scotland - Action on Dementia is the registered name of the organisation. Operationally, the organisation is known as Alzheimer Scotland (and this title is used throughout this report).

Scottish charity number: SC022315 Company registration number: SC149069

Principal and registered office

160 Dundee Street
EDINBURGH
Scotland
EH11 1DQ

Chief Executive

Henry Simmons

Company Secretary

Julie Drummond

Solicitor

Russel + Aitken LLP
22-24 Stirling Street
DENNY
FK6 6AZ

Auditor

BDO LLP
Citypoint
65 Haymarket Terrace
EDINBURGH
EH12 5HD

Banker

The Bank of Scotland plc
Edinburgh Comely
PO Box 17235
Edinburgh EH11 1YH

Directors

Mary-Frances Morris (Joint Convener from 10.11.23)
Keith Chapman (re-elected 10.11.23) (Joint Convener from 10.11.23)
David McClements (Convener to 10.11.23)
Tracey Ward (Vice Convener)
Bernard O'Hagan (Treasurer)
Lorraine Mann (Honorary Secretary)
Joanna Boddy (re-elected 10.11.23)
Tom Carroll (re-elected 10.11.23)
Geoff Orry
Thea Laurie
Aileen Rose
Ruth Stewart-Simpson
Theresa Valtin
Margaret Northedge – resigned 27.7.23
Barry Northedge – resigned 27.7.23
Jayne Pashley (re-elected 10.11.23) – resigned 19.2.24

2. Structure, governance and management

Alzheimer Scotland is a company limited by guarantee and has obtained permission from the Registrar of Companies to omit the word 'limited' from the company name. Alzheimer Scotland is governed by its Memorandum and Articles of Association (last amended January 2024) and the Rules of the Organisation (last amended January 2024).

The Directors of the Company, in this Report referred to as “the Directors”, are elected from the membership for three-year terms of office by the members at the Annual General Meeting (AGM). The office bearers of the organisation are elected from and by the Directors, with the past Convener stepping down at the AGM after six years of tenure, replaced by two Conveners jointly holding this position. Alzheimer Scotland has a membership base as at March 2024 of 8,512 (8,753 members - 2022/23). The Board of Directors (who are also the Trustees of Alzheimer Scotland for the purposes of charity law) has an established Nominations Committee for the purpose of recruiting new Trustees, with four Trustees re-elected to the Board during 2023/24 and three resignations. Member's contribution on winding up is £1.

New Directors receive a full induction plan, with training provided, and an overview of each area of the organisation from the Senior Team. The Trustee Handbook and governing documents are issued to each Director at commencement of office and when updated after periodic review.

The Board of Trustees is responsible for the governance, strategic direction and priorities of the organisation and for approving the annual budget. The management of the organisation is delegated to the Chief Executive and the Senior Team. The Senior Team comprises of the Chief Executive, Deputy Chief Executive, Company Secretary and eight Executive Leads who are responsible for their area of expertise.

The Board meets monthly, with the exception of July and November, to oversee delivery of the strategy and comprises of five office bearers and eight other members of the Board. The Chief Executive, Deputy Chief Executive, and Company Secretary attend all Board meetings, with members of the Senior Team attending on a rotational basis to update the Board.

The Board reviews the most significant risks to the organisation at every Board meeting and has a full and detailed review of the Risk Register once per year. The Board schedule includes scrutiny by holding focused governance meetings; three per year in relation to Finance Audit, twice per year in relation to Localities Audit, with one stand alone governance session in September to scrutinise the progress to the Strategic Plan and any amendments to the risk register or governing documents. Cyber security and potential data breach remain the highest risks and mandatory training and consistent updates to staff have been carried out over the year.

3. Objectives and activities

The objectives of Alzheimer Scotland, which are stated in the Memorandum of Association, are:

The Company is established for charitable objects only and in particular for the following objects, noting that references to 'dementia' in this article shall include 'the risk of developing dementia' within the appropriate context, unless stated otherwise:-

- (1) to promote the welfare and rights of people in Scotland with Alzheimer's disease and other dementias and those who care for them;
- (2) to provide care, support and information for people with dementia and those who care for them;

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

- (3) to assist, advise and work with other organisations and individuals in their work in relation to dementia and to promote collaboration between them;
- (4) to identify the needs of people with dementia and of those who care for them, to establish objectives and policies for meeting those needs, to draw the attention of all concerned to those needs, objectives and policies and to keep under review the extent to which those needs are being met;
- (5) to provide, promote or assist in the provision of information, training, education, research and development relating to dementia; and
- (6) to encourage and assist in the establishment and administration of local groups or other bodies with objects related to those of the Company.

These objectives can be summarised in four equally important basic aims:

- i) to be the national and local voice of and for people with dementia and their carers in Scotland;
- ii) to improve public policies for the benefit of people with dementia and their carers in Scotland;
- iii) to provide and secure the provision of high quality services for people with dementia;
- iv) to provide and secure the provision of high quality services for the carers of people with dementia.

The purpose of all four aims is to improve the lived experience of people with dementia and their carers.

In order to achieve these aims, Alzheimer Scotland seeks funding streams and public donations. Alzheimer Scotland fundraises to be able to campaign, raise awareness, support research and develop innovative approaches to supporting people with dementia and their carers. Alzheimer Scotland works closely with people with dementia and their carers in order to ensure that the voice of those with lived experience is listened to and plays a meaningful part in our work as well as leading the engagement of this voice at a national and local level. The two main groups who lead this work for us are the Scottish Dementia Working Group and the National Dementia Carers Action Network. We also operate in partnership with national and local government and other relevant organisations in order to meet our objectives.

At 31 March 2024, Alzheimer Scotland had 407 staff (395 – 2022/23) - the average number of full time equivalent employees during the year was 309 (304 – 2022/23) - and 573 active volunteers (540 – 2022/23) operating in 38 sites throughout Scotland. Alzheimer Scotland's commitment to working with volunteers throughout the organisation is a strength because of the wide-ranging experience and knowledge they bring to governance, service provision and fundraising.

Key management remuneration is reviewed and authorised by the Remuneration Committee, who meet when necessary. Annual cost of living uplifts are reviewed in the People and Wellbeing focus session of the Board meeting and authorised by the Board of Directors (who are also the Trustees of Alzheimer Scotland for the purposes of charity law).

4. Directors Report

We are pleased to present a comprehensive review of the delivery of our strategic objectives and plans this year. Our mission is to make sure nobody faces dementia alone. With the establishment of our work on brain health and dementia prevention and with the increased level of activity in research our current strategic plan themes focus on the concept of working together to Prevent, Care and Cure Dementia and is clear in all communications.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

To fund our work, we rely on voluntary donations from the public, companies and trusts, in addition to the fees and grants we receive for providing services to Local Authorities, Health & Social Care Partnerships, Scottish Government, other funding partners and the local communities in which we work.

Our Mission: we work to make sure that nobody in Scotland faces dementia alone.

Our Vision: A future where dementia doesn't exist.

Our Values: Compassionate – people-focused, caring, approachable, passionate, innovative – forward thinking, always adapting, research driven, bold – impactful, confident, effective, expert, influential, supportive – always there at every stage, local presence, national coverage.

4.1 Brain Health Scotland and Brain Health Services

In December 2023, Brain Health Scotland, the prevention arm of Alzheimer Scotland, welcomed new leadership to drive forward the next phase of Alzheimer Scotland's strong commitment to focus on prevention, innovation, and research in the field of brain health. A new strategic plan was developed to ensure that Brain Health Scotland's initiatives are fully integrated with the wider efforts of Alzheimer Scotland. This development marks an exciting advancement for Alzheimer Scotland, employing a Public Health approach to improve understanding and knowledge of brain health among the public.

Nine of our Brain Health & Dementia Resource Centres across the country were designated to lead in our brain health initiatives to offer specialised brain health services, with Centre Managers developing their expertise in this area to collaborate closely with the Brain Health Scotland team in creating new resources and materials. These centres will act as critical points of integration between Brain Health Scotland and Alzheimer Scotland's frontline services.

December 2023 saw the huge achievement of opening the first Brain Health Service and Clinic at our Aberdeen Resource Centre in collaboration with NHS Grampian. As part of this work, we created *Recommendations for Clinical Practice* guidance, to enable a uniform approach to brain health service provision across Scotland and our hope is that this model is replicated across Scotland by other NHS Boards. The Clinic was highlighted to the public through radio adverts, social media campaigns, and posters on buses and to the end of March 2024 we have seen over 30 people attend the service and 18 referred through the local Healthpoint phoneline. We have had a number of national and international enquiries about the service and delivered a series of conference presentations.

The *Davos Alzheimer's Collaborative (DAC)* Healthcare System Preparedness for the early detection of Alzheimer's included Brain Health Scotland as one of seven flagship sites across the globe. A partnership was formed with NHS Dumfries & Galloway to understand how equipped healthcare systems are for early detection which involved implementing novel diagnostic tools into clinical practice, a digital cognitive assessment and a blood-based biomarker (a first for Europe). Learning is being shared widely with the launch of a digital Blueprint for early detection with further publications and reports to follow in 2024.

The team have been busy with many different Education projects, including the *My Amazing Brain* Schools Programme being carried out in 235 further schools with 7,225 children reached. We received a Scottish Charity Award for being "Highly Commended in the Category of Campaign of the Year", plus were The Boys Brigade Autumn/Winter 2024 campaign, being shared with 1,200 leaders. We continued our relationship with Brodies LLP, by supporting their Tennis Invitational Event with Judy Murray, reaching 4,000 attendees and 25 schools, including a coaching session in the Edinburgh Dementia Resource Centre. The team is also delivering staff training and resources to wider Alzheimer Scotland staff with the MAP of Health Behaviour Change Learning Programme, adapted for Brain Health Resource Centres, delivered to Centre Managers.

A national survey to understand what the Scottish population think about brain health and early detection of dementia was conducted in 2023. This work highlights the importance of continuing to raise awareness about brain health and risk reduction in the Scottish population, and the opportunities to target receptive young age groups. The final report *Attitudes Towards Brain Health, Dementia Risk Reduction and Early Detection* has been published on our website.

Our front-line support services

4.2 Commissioned & Community Support Services

With Alzheimer Scotland's strategic focus on Brain Health in 2023, we started to view our day care services through a new lens and evaluated the support we already provide as a way of protecting your brain health and as a meaningful approach to dementia risk reduction and prevention. Day Services promote wellbeing and support people to stay at home for as long as possible and we know that loneliness and social isolation contribute to frailty and dementia risk as much as physical inactivity. By offering social and community connections at our day services we are providing important cognitive stimulation that can help maintain brain health in people living with dementia and can prevent decline. Day Services enable people of all ages to live healthy and active later lives, live at home for longer, participate in the activities that they value, and contribute to their communities.

Our day care services provide opportunities to socialise, make new friends, try something new, learn new skills and maintain existing skills, access good nutrition and maintain good hydration, and increase physical activity in a variety of ways either occupationally in a garden or through activity programs such as Care about Physical Activity (CAPA). Our daycare services are delivered in supportive, stress-free environments, where individuals are well known and understood by our daycare teams, thus minimising stress.

All our day care services are registered with the Care Inspectorate and in 2023/4 we supported 470 individuals, 259 of whom attended for the first time this year. The total number of day care sessions provided over the year was 4376, totalling 15,483 hours of support. This is growth of 724 extra sessions provided compared to 2022/23.

Over the year the Care Inspectorate carried out inspections in eight of our registered day care services and also in Croftspar (our supported living service), according to their framework based on the Scottish Government's Health and Social Care Standards. All services scored highly in the elements of Wellbeing and Leadership. Full inspection reports are presented to the Board for review and are also accessible to the public on the Care Inspectorate website.

In addition to registered day care support we also provide an unregistered Community Connections Programme in some areas. This programme reaches out from core centre activity and creates ongoing opportunities for peer support, therapeutic groupwork, dementia cafes and carers support within mainstream local community facilities and our own centres. This programme fills the gap between the end of formal post diagnostic support and day services and supports people in a flexible way using both natural every day community supports combined with opportunities for therapeutic and peer-based support. Research has found that these interventions can help to decrease decline and help people to continue to live well for as long as possible in their own communities. This work is mostly commissioned by Health & Social Care Partnerships, in addition to some small-scale Alzheimer Scotland funded Community Connections Programmes in some areas and is complemented by a network of Dementia Advisors.

Over the year, 5,768 individuals attended digital or in-person activity groups either in our resource centres or within the community, (2,682 people with a diagnosis of dementia, 3,086 carers). In total, these individuals attended 47,131 times, and the total hours of activity groups they attended came to 15,648.

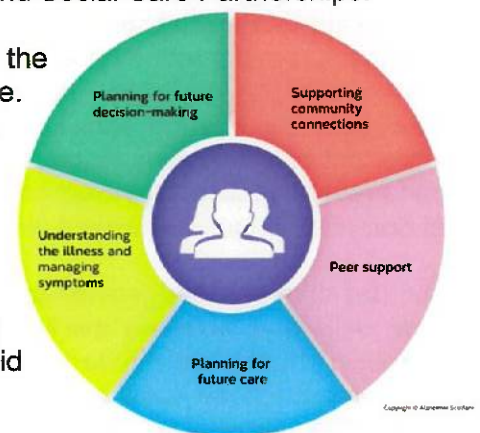
The Health and Social Care Standards underpin our own robust quality evaluation system to monitor, maintain and improve our support services. Feedback from two separate surveys over the year demonstrated that satisfaction levels remain consistently high in all areas.

4.3 National Post Diagnostic Support Services

Over the year 2023/2024 additional funding from the Mental Health Renewal & Recovery Fund continued to enable our post diagnostic support (PDS) service to grow, with now 104 Post Diagnostic Support Link Workers providing a minimum of one years' post diagnostic support to 8,013 people across 10 geographical NHS Health Board areas and 16 Health and Social Care Partnerships.

Alzheimer Scotland's evidence based 5 Pillars Model underpins the Scottish Government's dementia post diagnostic support guarantee. The Model provides a framework for people living with dementia, their families and carers to receive high-quality person-centred post diagnostic support and provides them with the tools, connections, resources and plans to allow them to live as well as possible with dementia and prepare for the future.

The five key pillars are recognised as essential to supporting people after their diagnosis, help build a better resilience, help avoid crisis and the need for formal health and social care services.



Alzheimer Scotland have a strong collaborative partnership with the National Education for Scotland and together reviewed the "Promoting Excellence in Supporting People Through a Dementia Diagnosis" training and facilitators toolkit.

This year we have continued using high quality reporting and evaluation tools including the Quality Improvement Framework, the Single Quality Questionnaire and case studies to evidence the value and quality of our post diagnostic support and strengthen our partnerships with Health and Social Care Partnerships with the aim of retaining existing and securing further funding.

To support quality reporting and to further evidence both the qualitative and quantitative information through reliable data sources and key performance indicators, we developed a new Post Diagnostic Support Digital Platform for gathering, storing and reporting.

Our Post Diagnostic Support Digital Platform captures qualitative information including:

- Diversity information.
- Internal and external referrals linked to the 5 Pillars.
- Confident conversations about brain health and research.
- Power of Attorney, Herbert Protocol and Person-Centred Plans.
- Adult Support & Protection
 - Numbers of referrals and transitions
 - Number of personal outcome plans completed

Following a successful "test of change", Edinburgh Post Diagnostic Support Link Workers the updating of Key Information Summary information for the people we support has been embedded in

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

daily practice and we are now looking to engage other Health & Social Care Partnerships to delivery this across Scotland in partnership with Focus on Dementia.

The Glasgow Post Diagnostic Support team receive around 1000 referrals each year. There are Community Mental Health Teams across three localities and 17 Alzheimer Scotland Post Diagnostic Support Link Workers deliver Post Diagnostic Support working within the teams.

Glasgow Health and Social Care Partnership secured funding to provide the offer of Power of Attorney free of charge, including Office of Public Guardian registration fees, to 200 people living in Glasgow aged 65 and over who have a diagnosis of dementia. Alzheimer Scotland and Glasgow Health and Social Care Partnership worked together on this test of change and the pilot was externally evaluated. The evaluation reflects positive experiences of service users, families, and carers which are echoed by Alzheimer Scotland Post Diagnostic Support Link Workers, Old Age Psychiatrists, and the Law Centres' Solicitors. The service delivers both emotional benefits with reduced stress on people under real pressure and an increased sense of control experienced by families and carers. This Test of Change has developed referrers' existing practice, rather than driven an entirely new way of working, enabling more proactive, confident, and effective engagement with patients around Power of Attorney. Medical and legal professionals involved are clear that having the appropriate legal framework in place will ultimately save time and resources further, often some way further, down the line.

The pre-diagnosis process can be an extremely anxious and worrying time for those referred and for their family/supporters. A long wait can have a negative impact and regularly we are seeing people close to crisis point and in need of services when Post Diagnostic Support begins. For some unfortunately the offer is too late, and the person is in long term care or in the process of moving to long term care by the time Post Diagnostic Support is offered. The Edinburgh Health and Social Care Partnership made funding available for two Pre-Diagnosis Support Link Workers to provide support to those on the waiting list for diagnosis. The aim of this new service is to signpost and refer people to services and resources earlier to avoid crisis situations and to offer emotional support to people where appropriate. This pre-diagnosis work is progressing well.

4.4 National Support Services

We launched our new National Dementia Advisor Service on World Alzheimer's Day, 21 September 2023 to respond to the increasing levels of crisis that we were seeing among people with dementia, their families, and carers from the thousands of interactions we have each week. The National Dementia Advisor Service is part of our National Support Services alongside our 24hour, 365 days a year free phone helpline and small counselling offering. These national supports complement the existing front line core services. The National Dementia Advisor Service merged with and built on the Action on Rights Team by expanding the team of Dementia Advisors to create the capacity to provide a direct and quick response. This new service is funded by Alzheimer Scotland from the generous donations and fundraising activities of our thousands of supporters. The service is available from 9am - 5pm, Monday to Friday and aims to provide responsive, high-quality information, advice and support relating to all aspects of brain health and dementia. The team also importantly provides advocacy support for individuals who need help of this nature to navigate the complexities of the health and social care system. Since the service's launch, the team has responded to over 1200 referrals covering a range of complex issues.

We have established regular development days to allow our National Dementia Advisors an opportunity to increase their knowledge to best equip them to provide support to those contacting the service. Strong themes persisting around contact are: carer stress, accessing support, getting a diagnosis, and complex issues regarding adults with incapacity and adult support and protection legislation. Our 24hr Helpline service manned by volunteers will continue to provide support alongside

the new National Dementia Advisor Service complementing each other and giving further opportunities for learning and crossover.

Alzheimer Scotland's 365 days per year, 24hr free phone helpline continues to be a key foundation for ensuring that people with dementia, their families and carers are never on their own. Over the past year our skilled and dedicated Helpline volunteers have responded to 7,951 calls spending 994 hours (the equivalent of 44 consecutive days) of providing a listening ear, emotional support and information on a broad range of topics to those affected by dementia. In addition, our E-Helpline has responded to 1,285 email enquiries.

4.5 Advocating and campaigning for change and equality

Throughout this year we have continued to campaign for Fair Dementia Care for people with advanced dementia, ensuring they have equal access to the health and nursing care they need in advanced illness, and ending the inequality they face in paying for what should be free health care.

We sought a senior counsel legal opinion on whether the current "Hospital Based Complex Clinical Care" guidance complies with the statutory responsibility on the NHS in Scotland to provide a process for people who have complex healthcare needs in settings other than hospital assessed as set out in the NHS (Scotland) Act 1978. We wrote to the then Cabinet Secretary for Mental Health and Wellbeing and provided a summary of that legal advice. Following a response to that letter we were given the opportunity for us and our legal advisers to meet the Scottish Government legal team and relevant officials to discuss the legal issues we raised. However, we have had to regularly press the Scottish Government for a decision on our arguments. Finally, at a meeting in March, Scottish Government officials confirmed that the position of Maree Todd Minister for Social Care, Mental Wellbeing & Sport is that the 2015 guidance is compliant with the legal obligations. The Scottish Government are not able to disclose the legal advice and therefore to give reasons for the decision. Nevertheless, we are of the view that there is a compelling legal argument that the 2015 guidance is flawed, and we have agreed to further meeting with the Minister and Officials to discuss our position. We are carefully considering our next steps in taking this critical campaign forward and seeking to end the unacceptable inequities that people with advanced dementia and their families face.

The Scottish Government launched Scotland's fourth national dementia strategy in the spring of 2023. This is a ten-year strategy, and it is the intention of the Scottish Government to develop a series of delivery plans over the course of the life of the strategy. The first of the delivery plans has been published and Alzheimer Scotland are fully participating in the governance and delivery of the strategy. We fully support the strategy but in our role as a critical friend we have consistently argued that there are key areas of priority and commitments made in the previous strategies which have not yet been fully delivered. These include:

- improvements in practice and the quality of care within our General Hospitals and Hospital Based Specialist Dementia Care units
- transforming specialist dementia care in line with the previous Scottish Government commitment of 2018
- to test and roll out new models for integrated and coordinated care services and advanced care models and little in the way of any meaningful commitment to deliver any alternative approaches (including ensuring critical opportunities for highly skilled person-centred day-care services for people living with more advanced dementia).

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

- reducing the current unacceptable waiting times for diagnosis
- the shortage of old age psychiatry and the variation in approaches to diagnosis across current memory assessment services
- promotion of non-pharmacological approaches for stress and distress in dementia

While we fully support the new dementia strategy and current delivery plans, we will continue to campaign for these priority areas to be addressed.

Since last year Alzheimer Scotland has been working closely with the Australian Childhood Dementia Initiative to develop our understanding of the numerous neurological conditions and brain diseases that lead to some younger people and children developing what is described as Childhood Dementia. We have also been learning about the impact of these conditions on families and about the lack of support, understanding, research investment and indeed recognition of their needs. Much of this seems to be influenced by the rare nature of these neurological conditions and by the lack of any collective movement capable of bringing these issues into the public domain and political conscience. We support Childhood Dementia Initiative's position that by developing a collective view of these extremely challenging conditions under the descriptor of Childhood Dementia there is a better chance that greater action, understanding and investment for research could be made and that this will also provide a better sense of community and support for those young people and their families. This has certainly been proven to be effective in Australia.

We were pleased to see that the Scottish Government's new Dementia Strategy highlighted this as an area for further research and focus and we are keen to support those individuals and families develop a voice and a better understanding of what they are dealing with throughout Scotland. As part of developing this emerging understanding we have partnered with the Childhood Dementia Initiative, and they have supported and trained our key staff to be better equipped to support and engage with individuals and families in Scotland who might be living with one of these conditions.

We also agreed to support the development of Emery Films production of "Ivy", which we believe sensitively and appropriately reflects the personal experiences of a significant group of children and young people and their families in Scotland. Like any new emerging area of understanding we acknowledge that there might be different views on how best to take forward any form of public engagement and education, we think this short film can help with this dialogue and our goal will be to reach out to individuals, families, professionals and those with an interest in developing better investment, support and research in this area in order to make recommendations on how we in Scotland should move forward.

Last year we established Scottish Dementia Ukraine Partnership to provide advice and support for Ukraine for people with dementia and their families affected by the conflict. We have made links with and supported the Ukrainian national dementia association in their development. We have established a strong relationship with the Scottish Refugee Council and links with local integration teams and through our national dementia advisor service have extended this work to refugees, affected by dementia, from any country experiencing conflict or other crisis. We continue to develop our knowledge and capacity in this critical area.

In 2023 we established Alzheimer Scotland's Long Term Care Commission. Chaired by former First Minister Henry McLeish the commission has been meeting throughout the past 12 months. The commission brings together a broad range of key stakeholders and expertise to help us gather and consider evidence for transforming our long-term care provision in Scotland.

Scotland's current long term care provision relies mostly on large scale care homes. There are few other options available to people with dementia as their needs progress and few people have any real

choice as to how their long-term care needs are met. That lack of choice means that as a person's needs increase the only option available to them is a care home. This is rarely a choice made freely but one driven by crisis and often decisions taken by multidisciplinary health and social care teams. Our care home estate has never been strategically planned or commissioned but has been market driven and has become the default provision for long term care. Local communities have never had any say in the type of long-term care options they would like to meet their changing needs as they go through life. We also know that people with dementia living in Scotland's care homes were disproportionately directly and indirectly harmed by the Covid-19 pandemic. Scotland's free personal and nursing care provisions are often misrepresented and misunderstood leading to a widely held, and false, perception that care in a care home is free to those who use it. Consequently, people who move to a care home are woefully underprepared for the potential cost. Free personal and nursing care provide a contribution to care home costs, but this merely mitigates some of the costs, all care home residents pay a charge towards their care home fees. In many cases people are required to use all the financial assets they have accrued to pay for care home fees, including in many cases the value of their home. The commission has been examining all of this to develop recommendations for alternative approaches to long term care in Scotland, which offer real choice for those who have long term care needs, including the options for a more sustainable and equitable way of funding long term care in Scotland.

The Commission and Alzheimer Scotland aim to produce a report in the early summer 2024 setting out a series of recommendations to inform the development of Scotland's proposed National Care Service.

4.6 Fundraising and Stakeholder Engagement

Alzheimer Scotland made a significant return to pre-pandemic fundraised income levels over the course of 2023/24, delivering a total of £4.3m (excluding legacies), in comparison to the prior year's total of £3.4m. We cannot thank our supporters and contributors enough. Without your support Alzheimer Scotland would not be able to provide the type and level of support that we do.

To thank as many of our invaluable supporters as possible, the charity launched a series of thank you events around Scotland, engaging volunteers, and donors alike. 76% of our survey respondents felt extremely satisfied with the event and 100% of the respondents felt more engaged with Alzheimer Scotland and our work. It is fantastic for us to meet our supporters face-to-face, around Scotland, who give so generously to support our mission and to illustrate to them how their kindness translates into our services and projects.

'It was a pleasure coming to this event, which was amazed at the set up & listening to stories from your guest speakers, which did bring tear to my eye.'
Guest at our Dundee Thank You event.

Our supporters returned to third party events in style, with nearly double the number of supporters taking part in events than we seen in 2022/23; 1,176 participants in 2022 compared to 1,806 participants in 2023. Highlights from the year have been the Edinburgh Marathan, the Glasgow Kiltwalk and the Zipslide across the Clyde. As expected, people organising their own challenges or doing virtual fundraising fell, with the return to face-to-face events, but the charity is absolutely delighted to be able to connect with so many enthusiastic and brave supporters in-person, after a prolonged period of pandemic restrictions.

The charities' main national campaigns Tea & Blether and Memory Walk, delivered during Dementia Awareness Week and World Alzheimer's month respectively, performed well, and were a great

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

opportunity to reconnect with dedicated supporters. Given the success of our face-to-face sporting events, both these national campaigns will incorporate a face-to-face aspect in the year to come, and again, we can't wait to connect with even more of our invaluable supporters in this format, to interact and thank them personally. The winter campaign this year focused on raising funds for the charity's research portfolio and the Team also introduced a new national fundraising campaign to mark Brain Awareness Week; Stitching-Stars. Our first year was encouraging with over 150 sign-ups and we are looking forward to engaging with the crafting community even more in 2024/25.

In conjunction with our communication colleagues, we delivered another strong annual conference at the Edinburgh International Conference Centre in Edinburgh, with the theme; influencing positive changes & progressive practice in dementia. There were approximately 350 delegates and 15 exhibitors in attendance on the day, with a further 200 delegates in attendance online, at the two-week follow-up webinar programme series that delivered sessions focused on specific areas of practice.

It was an encouraging year in terms of corporate partnerships with several organisations pro-actively appointing us as their charity of the year, including Aegon, EY, Miller Homes, the Institute of Directors and BEAR Scotland. In collaboration with the Alzheimer's Society, we secured UK-wide partnerships with CBRE, EDF, Harvey Nichols and Travis Perkins. In addition, we saw terrific events such as the Ayr 5km run around Arthur's Seat in Edinburgh, an Open Doors Day at the Forth Road Bridge and the Three Peaks Challenge by Brodies.

It was the first year we delivered a nationwide bucket collection in Morrisons stores, and such was the success, engaging over 200 volunteers and raising circa £27,000, it will be repeated in 2024. We continue to build on our partnership with the Scottish Chamber Orchestra which delivers not only dementia-friendly concerts but also fundraising collections at a series of New Year concerts. It will be exciting to see how this collaboration develops over the year ahead.

We also launched a very exciting new partnership with the Library Pathfinder programme during Dementia Awareness Week 2023 with over 120 libraries involved across 11 localities. The partnership has equipped libraries with Alzheimer Scotland information displays showcasing local support, dementia friends trained staff and promoting the Brain Health quiz plan for visitors to the library. The partnership has already attracted over 3,650 clicks to the Brain Health quiz plan.

With our new Trusts & Foundations Coordinator in post from July, work began on knowledge-building and the collation of useful reference resources for both Trust applications and others across the team. The year culminated in applications focused on the Lauriston Castle Gatehouse project, sustaining the Dementia Dog project for another year and a particularly generous donation from our long-standing relationship with the James & Patricia Hamilton Charitable Trust.

Highlights from community fundraising included, a husband and wife with lived experience of dementia hosting an art exhibition in Inverurie; ten different gardens supported Alzheimer Scotland through Scotland's Garden scheme; one of our younger supporters being nominated to the Creative Fundraiser of the Year award, and another one of our younger supporters aged 11, running a little more than one mile, every hour for 24 hours until he reaches the distance of 26.2 miles (the same as a full marathon), all in support of his granny who is currently living with dementia. The Dementia Friends programme continues to grow our number of Dementia Friends, with many Friends going on to raise awareness, funds and volunteer for the charity.

Legacies were significantly higher this year. This has been noted across the charitable sector and can be attributed to an increase in the pace of probate and for us in particular, a few very generous gifts left in wills.

To ensure our decision making is driven by data, we gather insights through our quarterly impact piece. This goes out to around 6,500 people who have supported Alzheimer Scotland, thanking them and demonstrating the impact of their support through different aspects of our work. Our open rate for this is 47% (higher than the industry average of 29%).

4.7 Communications and Campaigns and our Active Voice

We were joined by over 350 attendees at the EICC for our 2023 Annual Conference. The theme of the day was 'Influencing positive changes & progressive practice in dementia' and attendees had the opportunity to hear from a range of speakers during the three conference sessions – 'Implementing change to improve lives', 'Women's brain health & dementia' and 'looking to a brighter future.' They also got the chance to put their questions to the speakers making the event a more interactive experience. Each session was introduced by a member of either the Scottish Dementia Working Group or National Dementia Carers Action Network.

We produced and distributed two editions of our *Dementia in Scotland* magazine in 2023. As well as a range of local stories and updates on our work, the summer edition focused on our 'One thing, not everything' Dementia Awareness Week campaign and the winter edition featured our winter 'We're all in' campaign. Each edition was sent to approximately 5500 people with a digital edition made available on our website.

For Dementia Awareness Week (DAW) 2023, we wanted to highlight the stigma and challenges that people with dementia face, with a particular focus on those facing it earlier in life. Our 'One thing, not everything' campaign featured five people who had younger onset dementia who shared their experiences with us through a series of short films and written articles. A DAW enews special was sent out to nearly 20,000 recipients in May and featured the Chief Executive message, links to our campaign videos and Dementia in Scotland magazine and a Tea & Blether promo. The May enews had a healthy open rate of 43.9%. Our most successful year to date for social media engagement, this campaign reached 800,000 people. In terms of ad conversation, we enjoyed an overwhelmingly positive response with 100% of comments being constructive, affirming our positive and uplifting messaging.

In our regular social activity, Instagram saw a great boost in followers this year with a growth of 21% (5.2k followers). Our other platforms achieved 7.6% for LinkedIn (4.4k), 2% for Facebook (31k) and 0.5% for Twitter (25k) for a total of 65k followers.

Our intranet ALIS continues to be our main way of sharing news stories internally as well as 'Viva Engage' becoming a great place for staff to informally share best practice and good news with each other. A regular online meeting takes place with our Chief Executive with staff from across the Charity joining to update colleagues on projects and initiatives.

Our monthly enews was distributed to around 21,000 recipients on average, with the open rate being an average healthy 43%.

The Annual Review for 2022/23 was launched at the Annual General Meeting in November with a digital version available on our website. The Review took a look at the work Alzheimer Scotland has been doing around the Prevent, Care, Cure theme, as well as highlighting some of the many projects and innovative work that had taken place over the period.

4.8 Our People, Wellbeing & Facilities

Our People, Wellbeing & Facilities team have continued to provide a broad range of support to our frontline services in key areas of HR & Fair Work, Health, Safety & Wellbeing, Property and Sustainability and IT Services.

People, Fair Work & Equalities

We have continued to invest in the development of our online Skills Development Hub which offers a comprehensive, user friendly and seamless eLearning provision that maintains learning and development record within one accessible record on the main HR System, iTrent. We continue to evolve our approach to the practice and professional development of our people and seek innovative ways to deliver a broad range of learning and development opportunities to colleagues in all our frontline services.

Having secured significant funding from the Flexible Workforce Development Fund (FWDF), we have invested in supporting and developing a bespoke leadership and management course for line managers. A first cohort progressed with the Chartered Management Institute (CMI) Level 3 Principles of Management and Leadership award with Glasgow Clyde College. The FWDF also provided funding for IOSH Managing Safety training for our new Centre Managers and delivery of the Professional Development Award (PDA) in Leadership and Management of Care Services and SVQs within our commissioned services.

We recognise that employee voice, engagement and communication are the lifeblood of any organisation. It is with some success that our new Colleague Voice Forum has established its key role in providing the mechanism for the effective voice of our colleagues, a key foundation of the Fair Work Framework, where a safe environment in which dialogue and challenge are dealt with constructively and where employees' views are sought, listened to, and have made a real difference. The new Forum has developed quickly into a highly effective body with several new initiatives being introduced as a direct outcome of the meetings and discussion that has taken place throughout the year. One such key initiative has been the enhancement and review of our Carer's Policy which has been recently introduced to provide important and practical support to those of our colleagues who are unpaid carers for family members and other dependents.

The HR Team provided the necessary support and advice to the transition in the past year to the new vision and structure for frontline service delivery around the establishment of new Brain Health Centres and the creation of the National Dementia Advisory Service.

Employee wellbeing remained an important focus with the development of a new relationship with 'Able Futures' to make available confidential and free 121 support to any colleagues who may be living with stress, anxiety, depression and a range of other mental ill-health conditions. This service enables access to clinical mental health specialist support and augments the range of other support available through our employee assistance programme (EAP) partner, PAM Assist. Supporting colleagues to be well both in and out of work is a continued commitment by the Charity.

We were delighted to build upon our continued commitment to equality, diversity and inclusion and hosted a highly successful event in collaboration with PCOS Relief specifically for Black and Minority Ethnic communities in Scotland. This was attended by over 50 participants and provided information in a series of presentations about women's health issues and the common factors that affect both dementia and PCOS. The event showcased our Centre in Oxford Street, a number of enquiries followed about our own services and how we can continue to reach into underrepresented communities.

Health, Safety & Wellbeing

The Health and Safety of our employees, volunteers, visitors, and those accessing Alzheimer Scotland services continues to be a high priority for the Charity and has remained at the forefront of our planning and activity. The Head of Safety, Health, and Wellbeing continues to collaborate closely with the Senior Team, Property Services and HR colleagues and local services to ensure that safety is paramount to prevent accidents and ill health. Work related accidents rates remain low with no accidents reportable under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) this year.

The Health and Safety Policy is reviewed annually to ensure that it is current and reflects the day-to-day practices and the management arrangements, the most recent review and update was introduced and communicated in January 2024. The Health and Safety Committee continues to meet quarterly to provide a forum for representatives from across all functions of the Charity to consider accident data, common themes, risk assessments, health, and safety training and initiatives, and to resolve any health and safety challenges as they arise.

A rolling programme of on-site visits that commits to a minimum of one health & safety focussed visit to all facilities and locations within a two-year period is in place. Action plans are devised to ensure continuous improvement in relation to the understanding and implementation of key health and safety procedures in all of our premises. Health & Safety training for all colleagues is ongoing through the Skills Development HUB and external providers for mandatory in-person training.

Sustainability

The range of initiatives and activities undertaken by the Sustainability Working Group has continued to grow. We have implemented positive changes in relation to efficiency measures, our impact on the environment with regards to our fundraising and promotional materials and strengthened our internal communication with colleagues on environmental awareness and initiatives.

We are continuing to build on the progress with our external consultant partner, Boxfish, on the Charity's Net Zero Plan and Policy. This provides milestones and targets to progress our commitment to achieving Net Zero in line with the Scottish Government target of 2045. The Policy and Roadmap will be available on the website for external stakeholders shortly.

The Sustainability Working Group is in the early stages of transitioning to an internal Green Champions Network to promote sustainable choices, behaviour change, local sustainability initiatives and lead by example to promote the Charity's aims and ambitions.

The Energy Saving Opportunity Scheme (ESOS) is a mandatory energy assessment scheme for organisations in the UK that meet the qualification criteria. Work has been completed to ensure the Charity meets the reporting requirements for the ESOS Phase 3 deadline extension. We are well on track to submit and report on the compliance portal by the August 2024 deadline. Additional Energy Audits across sites have been instructed to determine the next areas for improvement and increased efficiency.

We are delighted to have introduced a carbon neutral driving scheme. This helps reduce the environmental impact of personal commute and business mileage through encouraging colleagues to consider switching to full electric vehicles (EV) or hybrid electric vehicles (HEV). We have facilitated access EV and HEV vehicles through our new salary exchange green car scheme that enables access to new EV and HEV vehicles at a lower and more affordable cost that would otherwise be available, in partnership with our certified carbon neutral car lease supplier.

In addition, we have extended our existing Cycle to Work Scheme to respond to rising costs and the increasing popularity of e-Bikes to make the benefit much more affordable, accessible and inclusive

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

to colleagues. This has introduced options to provide broader availability of both pedal and e-Bikes and encourage green commutable travel, where possible.

Property Services

Another busy year for our Property Team, we continue to ensure our Brain Health and Dementia Resource Centres and other offices and premises remain safe, compliant and fit for purpose. Some notable projects this year include:

- a modern design and fit out day care provision at Goathill, Stornoway, within a wider facility in partnership with the local authority, Comhairle nan Eilean Siar.
- The concept and design of the Brain Health facility within the existing Dementia Resource Centre in Aberdeen commenced in February 2023 in close collaboration with our partners, NHS Grampian, to bring the facility to fruition and the project opened in November 2023.
- investment in an additional office base near our existing resource centre in Motherwell to accommodate our new Carer Liaison team to strengthen our presence and activity throughout North Lanarkshire.
- developing our relationship with the Scottish Football Museum Football Memories Project with the design and delivery of a highly innovative and engaging virtual reality experience and facility at Hampden Park, in conjunction with Abertay University which will transport people back to a bygone footballing era.
- an ongoing and exciting project, working closely with our partners City of Edinburgh Council and the Forget Me Not Garden Trust to open an outdoor dementia resource centre in the historic gatehouse and grounds of Lauriston Castle in Edinburgh.

IT Services

The IT Team have successfully facilitated the achievement of our updated Cyber Essentials award. The new version of the Cyber Essentials is a far more rigorous assessment that requires far more security controls and procedures to be in place than in previous assessments. The award gives the people who use our services, our stakeholders, donors and funders confidence that the charity invests significant resources into keeping data secure and safe.

Other major developments over the last 12 months include:

- fully implementing Papercut for secure printing throughout our facilities. This has also significantly reduced the cost of printing.
- upgrading email security to continue to prevent modern sophisticated phishing threats.
- fully implementing a Managed Detection and Response Service from CrowdStrike, giving the charity an advanced ability to detect and stop highly sophisticated hacking attempts.
- migrating to a new IT service desk system which allows the IT Team to streamline resources to resolve IT issues and requests.
- New cyber-security and GDPR awareness training modules for all colleagues to complete on the Skills Development HUB.

4.9 Innovations & Development

Transforming innovative ideas into supportive, therapeutic practice is a constant lynchpin among the ever-changing world of development and 2023/24 has marked an exciting year for many of Alzheimer Scotland's development projects.

One of the key growth areas over the past year has been developing the use of virtual reality (VR) as a therapeutic tool in all of our centres. Our staff network of 35 VR/digital 'champions' have been trained to support families in accessing VR and feedback to date shows that 75% of users reported an improvement in anxiety level from mild-moderate to none. We have also embarked on exciting external partnerships to explore the therapeutic value of VR by developing a custom designed football reminiscence space at Hampden Park which is due to launch to the public in June 2024.

The Alzheimer Scotland Virtual Resource Centre has now developed into a nationally accessible virtual support programme, complementing our high street offering and expanding our support beyond the reach of physical centres by removing the barriers of any transport issues, especially for those in remote parts of rural Scotland. The virtual 'What's On' programme can now be accessed through a dedicated VRC space of Alzheimer Scotland's website, enabling people to sign up to a variety of high quality, therapeutic support and information sessions quickly and easily.

Another area of development has been our partnership working with Police Scotland to help reduce and prevent repeat missing occurrences for people living with dementia. It is estimated that 40% of individuals with a diagnosis in Scotland will be reported missing at some point, with 30% experiencing multiple incidents of going missing. In collaboration with Police Scotland, we have looked at new ways to provide additional support for families when someone is missing by piloting a 'Return Discussions' approach in Edinburgh, whereby in place of police, Alzheimer Scotland staff carry out this conversation with an affected family, discussing the circumstances surrounding a reported missing incident, offering support and solutions to reduce the risk of someone going missing again. This pilot approach evidenced a 37.5% decrease in repeat missing occurrences. We also piloted for Police Scotland a wearable fob called SafeConnect which we aim to have as part of our Safeguarding Scheme which encompasses a suite of resources and services to aid people's awareness and ability to stay independent for as long as possible.

ADAM (About Digital and Me) is Alzheimer Scotland's online platform created to support people living with dementia to find the right technology product for them to stay independent for longer at home. All products featured within ADAM are tested and reviewed by people living with dementia and carers within Alzheimer Scotland's Dementia Circle project. Over the past year, development time has been invested into improving the user experience of ADAM's conversational questionnaire (which has received over 10,000 visits) to ensure relevant personalised recommendations.

Our Time for You Fund returned in Spring 2023 where we were again able to offer grants of up to £200 to unpaid carers of people with dementia living in Scotland to allow them the chance to take a break from their caring role to look after their own needs and take some time for themselves. Grants could be spent on a variety of things – from short breaks and hobbies to gym memberships and gardening. The fund closed in June 2023 with a total of 710 grants given out.

2023 marked a special 10-year milestone since our Dementia Dog project was launched with Dogs for Good. Over this time, services have developed from training up the world's very first dementia assistance dogs, to expanding how we can support more people living at different stages of dementia, including grass roots community programmes such as Dog Day group events and one-to-one

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

therapeutic interventions to help people achieve meaningful personal goals. All with the helping paw of one of our specially trained Dementia Dogs, of course!

5. Financial review

We ended the financial year with a surplus of £9,482,931 (2022/23 surplus £3,698,647).

The Statement of Financial Activities shows that total income of £25,981,012 was up by 36.3% (2023 - £19,065,502), and total expenditure of £16,679,859 was up by 9.5% (2023 - £15,225,941). Net gain on investments is £181,778 (2023 - loss of £140,914). This gives us the net surplus of £9,482,931 (2023 - surplus of £3,698,647).

The principal funding sources for Alzheimer Scotland are Local Authorities (26%), NHS Boards (9%), Scottish Government (2%), fundraising, trusts, and donations (17%), legacies (45%) and project and consultancy income (1%).

The investment income of £538,866 (2023 - £203,180) comprises bank interest of £470,012 and £68,854 income from our investments with Sarasin.

Most of the organisation's charitable expenditure is spent on care related services at 91.46%. The other 8.54% is split as follows: fundraising 1.95%, campaigning 1.27%, research 1.46%, involvement 2.31% and awareness raising 1.55%. Support costs included in the above is 7.35% of total expenditure and includes governance of 0.40%.

Tangible assets decreased by 3.7% from £7,162,018 to £6,895,101. Details of fixed assets are shown in Note 13 to the financial statements.

The Group (being the charitable company, namely Alzheimer Scotland – Action on Dementia and our trading subsidiary, Dementia Scotland Limited) has free reserves of £18,051,770 (2023 - £8,472,013). The free reserves relate to our Frontline support services, Brain Health Scotland, Advocacy & Policy work along with all support teams.

The group has unrestricted funds of £27,466,180 (2023 - £17,904,364). The Board of Directors considers the key measure of sustainability for Alzheimer Scotland to be the current and future liquidity cover, rather than the surplus or loss accounting position. Directors have decided that at all times we should maintain cash and readily realisable assets sufficient to fund 4 months running costs. This is to allow, in the event of having to close all services and projects, us having sufficient funds to ensure a safe closure in terms of Care Inspectorate and staff notice periods. Our general funds balance of £13,947,416 (2023 - £15,404,364) is significantly more than the £5.6m million required. This funds balance has built up over the last few years as we have received several larger legacies. These generous gifts safeguard the organisations future.

The Directors approved designated funds of £13,518,764 (2023 - £2,500,000), these are allocated from the Unrestricted Funds for strategic commitments or restricted uses, taking into account the unpredictability of legacy income and the organisation's reserves policy. Each year decisions are made about the use of reserves when the annual budget is prepared and approved. Details of designated reserves are shown in Note 22 to the financial statements.

The Group has restricted funds of £3,639,129 (2023 - £3,721,594). This includes restricted income funds of £884,516, the restricted legacy reserve of £986,703 and the restricted research reserve of

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

£1,767,910. Restricted funds must be used for the purpose or area for which they were given, and the group seeks opportunities to use these funds, where appropriate, in agreement with the providers.

The endowment fund of £108,986 (2023 - £105,406) is the Michael Clutterbuck Bequest. Under the terms of the bequest, the group retains the capital of £100,000 and when sufficient interest accumulates, spends the interest on innovative home support services.

Total funds are now £31,214,295 (2023 - £21,731,364) 43.6% increase on 2023, £23,562,401 of which are net current assets. The proportion of total reserves that is unrestricted is 88% (2023 – 82.4%).

The organisation's banking policy is to minimise risk by holding liquid reserves in interest bearing bank accounts. In 2014/15 the organisation's investment policy was extended so as to invest through external fund managers Sarasin, this will help secure future growth. These investments are closely monitored by the Board; in addition, the investment managers meet with the Board on an annual basis to discuss the investments and markets in general. The year-end listed equities balance is £2,519,309 (2023 - £2,268,677).

Alzheimer Scotland has adopted an ethical investment policy to ensure that its investments do not conflict with its aims. The investment manager is also required to bring to the Boards attention any investments made in companies which generate any revenue from the direct or indirect manufacture of pharmaceutical products.

6. Future Plans

We will invest further in our preventative programmes and will continue to evolve Brain Health Scotland and our new Brain Health Service offering as our main prevention arm. This work will combine with our existing care services and extend the continuum of how we engage with individuals and communities across Scotland. This will include a focus on prevention, delay, care to live well and advanced care support services. The Brain Health Scotland team will continue to reach into schools, sports, specific areas such as women's brain health. We will also set up a Brain Health Scotland Clinical Development and Consultancy Team who will support local NHS Boards and others who wish to replicate the development of NHS Grampian Brain Health Clinic. Our local centres and teams will continue to offer early forms of intervention and support on personalised risk reduction for people at risk of developing dementia, whilst also supporting individuals as they go through the process of receiving a diagnosis and continuing thereafter to support people to live as well as possible with a diagnosis on an ongoing basis. We will seek to build on this success and quality of our commissioned services including our National Post Diagnostic Support Services and our registered day services and community connection services. Where possible we will seek to secure and grow on this commissioned aspect of our work.

We will also review some of our long-standing services and seek to ensure that they remain fit for current purposes and of the highest possible quality. This will include a detailed analysis and assessment of our digital and development work and of our current commissioned registered day services.

In terms of our work towards a cure we expect that this year will continue to see further progress in the potential licensing and development of new drugs, such as Donanemab and Lecanemab which are currently under consideration. We also welcome the investments in further research and the potential of new blood based bio-markers. However, we believe that it will take a considerable effort and campaigns to ensure that meaningful progress can be made in ensuring that any newly licensed drugs or new forms of prodromal diagnostic procedures are available to people across Scotland, and

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

we will do all that we can to seek to influence progress and ensure our health and social care system is ready to maximise these new opportunities. Alongside this we will continue our focus on research and in particular helping break down the myths and fears that surround research and prevents many people from participating in research across some of our communities.

In terms of supporting our work towards a cure, we will continue to fund the Alzheimer Scotland Brain Tissue Bank at Edinburgh University, the Alzheimer Scotland Centre for Policy and Practice, the Scottish Dementia Research Consortium and the Scottish support for Join Dementia Research (JDR). Alongside this we will see the development of our new research programme, which has been driven by people with lived experience and will provide funding for several MRes Studentships in the coming years. To complement this work, we will build on our Confident Conversations About Research training and having trained around 150 frontline staff in this way we will ensure that anyone receiving support from us will have the chance to hear about research opportunities and how to register.

We will publish the findings of our Long-Term Care Commission and we will increase our campaigning efforts for Fair Dementia Care. Much of our campaigns and policy work will focus on people living with more severe and advanced forms of dementia and we will seek to ensure that their needs are met and understood by policy makers and practitioners.

7. Going concern

In March 2024 the Executive Team presented a budget to the Board highlighting a deficit of £889,019, for 2024/25. In order to assess the level of headroom in the liquidity, we performed stress testing analysis on the forecasts until 2025/26. Two scenarios were prepared to assess the further reduction in income which would result in reserves falling below Reserves policy (being 4 months of costs) and also for all liquid resources to be exhausted. The first of these would require total income for 2025 to be at 50% of 2024 and the second would require total income for 2025 to be at 24% of income for 2024. However, we did not reduce the expenditure in line with any reducing income in this testing, we would for instance not continue to invest in new property in year 2025/26 as planned if income levels dropped.

The Directors have reviewed the financial position, the financial forecasts, and the results of the stress testing, all of which cover the 3 years to March 2027, considering the levels of investments, reserves and cash, and the systems of financial control and risk management. As a result of this, the Directors believe that we are well placed to manage financial and operational risks successfully.

Accordingly, the Directors have a realistic expectation that the Charitable Company and the Group have adequate resources to continue in operational existence for the foreseeable future. Consequently, they continue to support the going concern basis in preparing the financial statements.

8 Risk Management

Effective risk management is central to Alzheimer Scotland's strategic management process, whereby Alzheimer Scotland methodically addresses the risks attached to our activities. Prompted by the Board, the Senior Team establish our risk appetite which identifies potential risk events that may affect Alzheimer Scotland and seeks to manage those risks and gives reasonable assurance regarding the achievement of our strategic objectives. It is the role of Trustees and the Senior Team to translate the Risk Register approach into tactical and operational objectives, assigning responsibility throughout the organisation to each area for the appropriate management of risk. The Executive Leads have in place procedures for review and assessment of the business, compliance

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

and environmental risks which may impact upon the activities of the organisation and the achievement of our aims and objectives and agree strategies to mitigate and/or obviate each risk.

The safety and wellbeing of the people we support is central to our approach to risk. We adopt a risk-managed approach whilst working toward ensuring their ambitions and stated outcomes are met.

The major strategic risks facing the Charity are:	To mitigate these risks the Charity has in place:
Data Protection breach/Cyber-attack resulting in loss or misuse of data, breach of IT/information security or failure to meet GDPR legislation	Email filtering software and a Managed Detection and Response service from CrowdStrike. Ongoing education and training and regular phishing exercises. Advising Trustees of any reportable or non-reportable data breaches and retained consultation from external Data Protection Officer for guidance, compliance and support.
Loss of contracts or significant variations or reductions in funding from local authorities/funders	Good relationships with funders and open to providing alternative models which may include changing the service/support delivered to avoid loss of contract.
Reduction of fundraising potential through economic slow-down or a recession impacting on our income	A diversified fundraising portfolio to build a more robust approach to delivering sustainable income streams. A strategy to actively source new corporate partnerships and attract new audiences. Digital alternatives incorporated to aid on-going engagement with our work.
Finance Risk - loss on investments	Structured policies and procedures in place with investments closely monitored. Reviews and reports from independent Investment Manager on market performance.
Economic climate - including price increases, and supply issues resulting in higher prices	A strategy to ensure sufficient liquid assets are available and to monitor the market for the best deals.

The Board is satisfied that:

- The major risks to which the charity is exposed have been identified
- Suitable action has been taken to mitigate these risks where possible
- Responsibility for ongoing risk management is delegated to the Chief Executive and Senior Team with monthly reporting and annual scrutiny by the Board

9. Statement of Directors' responsibilities

The Directors (who are as previously explained also the Trustees of Alzheimer Scotland for the purposes of charity law) are responsible for preparing the Directors' Report, the Strategic Report and the financial statements in accordance with applicable law and regulations.

Charity and company law require the Directors to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

of the Charitable Company and the Group and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company and the Group for that period.

In preparing these financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial statements are published on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements, which may vary from legislation in other jurisdictions. The maintenance and integrity of the charity's website is the responsibility of the Directors. The Directors' responsibility also extends to the ongoing integrity of the financial statements contained therein.

Provision of information to auditor at the time of approval of this report:

- So far as the Directors are aware, there is no relevant audit information of which the auditor is unaware, and
- The Directors have taken all steps that they ought to have taken as Directors in order to make themselves aware of any relevant audit information and to establish that the Company's auditor is aware of that information.

In approving the Directors' Annual Report, the Directors are also approving the Strategic Report in their capacity as Company Directors.

By order of the Board of Directors


.....
Convener and Director
Mary-Frances Morris
Edinburgh


.....
Convener and Director
Keith Chapman
Edinburgh

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS AND TRUSTEES OF ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

Opinion on the financial statements

In our opinion, the financial statements:

- give a true and fair view of the state of the Group's and of the Parent Charitable Company's affairs as at 31 March 2024 and of the Group's incoming resources and application of resources and the Parent Charitable Company's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006, as amended.

We have audited the financial statements of Alzheimer Scotland – Action on Dementia ("the Parent Charitable Company") and its subsidiaries ("the Group") for the year ended 31 March 2024 which comprise the consolidated statement of financial activities, the consolidated and charity balance sheets, the consolidated cash flow statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Independence

We remain independent of the Group and the Parent Charitable Company in accordance with the ethical requirements relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

Conclusions related to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Group and the Parent Charitable Company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Other Companies Act 2006 reporting

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Directors' Report and the Strategic report prepared for the purposes of Company Law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' Report, which are included in the Trustees' Report, have been prepared in accordance with applicable legal requirements.

In the light of the knowledge and understanding of the Group and the Parent Charitable Company and its environment obtained in the course of the audit, we have not identified material misstatement in the Strategic report or the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- proper and adequate accounting records have not been kept by the Parent Charitable Company, or returns adequate for our audit have not been received from branches not visited by us; or
- the Parent Charitable Company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

Responsibilities of Trustees

As explained more fully in the Statement of Directors' Responsibilities, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Group's and the Parent Charitable Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Group or the Parent Charitable Company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Extent to which the audit was capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Non-compliance with laws and regulations

Based on:

- Our understanding of the Group and the sector in which it operates;
- Discussion with management and those charged with governance; and
- Obtaining and understanding of the Group's policies and procedures regarding compliance with laws and regulations;

we considered the significant laws and regulations to be the applicable accounting framework (UK GAAP and the Charities SORP) and the Companies Act.

The Group is also subject to laws and regulations where the consequence of non-compliance could have a material effect on the amount or disclosures in the financial statements, for example through the imposition of fines or litigations.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

Our procedures in respect of the above included:

- Review of minutes of meeting of those charged with governance for any instances of non-compliance with laws and regulations;
- Review of correspondence with regulatory authorities (including OSCR) for any instances of non-compliance with laws and regulations;
- Review of financial statement disclosures and agreeing to supporting documentation;
- Review of legal expenditure accounts to understand the nature of expenditure incurred; and
- Review of confirmations received from the entity's solicitor.

Fraud

We assessed the susceptibility of the financial statements to material misstatement, including fraud. Our risk assessment procedures included:

- Enquiry with management and those charged with governance regarding any known or suspected instances of fraud;
- Obtaining an understanding of the Group's policies and procedures relating to:
 - Detecting and responding to the risks of fraud; and
 - Internal controls established to mitigate risks related to fraud.
- Review of minutes of meeting of those charged with governance for any known or suspected instances of fraud;
- Discussion amongst the engagement team as to how and where fraud might occur in the financial statements;
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;

Based on our risk assessment, we considered the areas most susceptible to fraud to be management override of controls, completeness of deferred grant income, completeness of legacy income.

Our procedures in respect of the above included:

- Testing a sample of journal entries throughout the year, which met a defined risk criterion, by agreeing to supporting documentation;
- Testing a sample of grant income received in the final month of the year and agreed that it has been recognised in the correct period;
- Reviewed all post year end receipts of legacy income;
- Reviewing all notifications in the year for which no legacy income has been recognised.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Our audit procedures were designed to respond to risks of material misstatement in the financial statements, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery, misrepresentations or through collusion. There are inherent limitations in the audit procedures performed and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

A further description of our responsibilities for the audit of the financial statements is located at the Financial Reporting Council's ("FRC's") website at:

<https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charitable Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the Charitable Company's trustees, as a body, in accordance with the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the Charitable Company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company, the Charitable Company's members as a body and the Charitable Company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DocuSigned by:
Martin Gill
B6F16A8EF9FD4ED...

Martin Gill (Senior Statutory Auditor)
For and on behalf of BDO LLP, statutory auditor
Edinburgh 02 September 2024

BDO LLP is a limited liability partnership registered in England and Wales (with registered number OC305127).

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

Consolidated Statement of Financial Activities (SOFA)
Incorporating income and expenditure account

For the year ended 31 March 2024

	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2024 Total £	2023 Total £
Income from						
Donations and legacies	4	14,816,520	906,604	-	15,723,124	8,761,852
Other trading activities	5	114,220	-	-	114,220	89,785
Income from charitable activities	6	8,274	9,588,528	-	9,596,802	9,998,280
Income from investments		434,593	100,693	3,580	538,866	203,180
Other (gain on disposal of tangible assets)		8,000	-	-	8,000	12,405
Total income		15,381,607	10,595,825	3,580	25,981,012	19,065,502
Expenditure on						
Raising funds	7	(324,784)	-	-	(324,784)	(282,045)
Charitable activities	8	(6,335,369)	(10,019,706)	-	(16,355,075)	(14,943,896)
Total expenditure		(6,660,153)	(10,019,706)	-	(16,679,859)	(15,225,941)
Net gains/(loss) on investments		181,778	-	-	181,778	(140,914)
Net income/(expenditure)		8,903,232	576,119	3,580	9,482,931	3,698,647
Transfers between funds	20 22	658,584	(658,584)	-	-	-
Net movement in funds		9,561,816	(82,465)	3,580	9,482,931	3,698,647
Reconciliation of funds						
Total funds brought forward		17,904,364	3,721,594	105,406	21,731,364	18,032,717
Total funds carried forward	20 23	27,466,180	3,639,129	108,986	31,214,295	21,731,364

The consolidated statement of financial activities includes all gains and losses recognised in the year.

Prior year comparative breakdown across funds is shown in Note 3.

All results reflect continuing operations.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

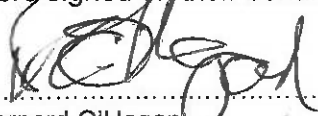
Consolidated and Company Balance Sheets

At 31 March 2024

		Group		Company	
	Note	2024	2023	2024	2023
		£	£	£	£
Fixed assets					
Tangible assets	13	6,895,101	7,162,018	6,891,791	7,153,877
Investments	14	2,519,309	2,268,677	2,519,309	2,268,677
Investments in subsidiary	15	-	-	1,000	1,000
Total fixed assets		9,414,410	9,430,695	9,412,100	9,423,554
Current assets					
Debtors: amounts due within one year	16	9,716,239	2,186,288	9,709,753	2,192,543
Short term investments		8,045,726	4,942,561	8,045,726	4,942,562
Cash at bank and in hand		5,800,436	7,216,753	5,793,819	7,214,239
Total current assets		23,562,401	14,345,602	23,549,298	14,349,344
Liabilities					
Creditors: amounts falling due within one year	17	(1,762,516)	(2,044,933)	(1,742,987)	(2,029,199)
Net current assets		21,799,885	12,300,669	21,806,311	12,320,145
Total assets less current liabilities		31,214,295	21,731,364	31,218,411	21,743,699
Represented by:					
Restricted income funds	20	3,639,129	3,721,594	3,639,129	3,721,594
Endowment funds	21	108,986	105,406	108,986	105,406
Total restricted funds		3,748,115	3,827,000	3,748,115	3,827,000
General Funds	22	13,947,416	15,404,364	13,951,532	15,416,699
Designated funds	22	13,518,764	2,500,000	13,518,764	2,500,000
Total unrestricted funds		27,466,180	17,904,364	27,470,296	17,916,699
Total Funds		31,214,295	21,731,364	31,218,411	21,743,699

The surplus for the year of the charitable company being the parent company is £9,477,484 (2022/23 surplus £3,696,398). No separate Statement of Financial Activities has been presented for the company alone, as permitted by section 408 of the Companies Act 2006.

The financial statements were authorised and approved by the Directors on 30th August 2024 and were signed on their behalf:


Bernard O'Hagan
Treasurer and Director


Mary-Frances Morris
Convenor and Director


Keith Chapman
Convenor and Director

Company registration number SC149069, Charity number SC022315

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

Consolidated statement of Cash Flows
For the year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net (expenditure)/income for the reporting period (as per statement of financial activities)	9,482,931	3,698,647
Depreciation charges	609,407	585,988
(Increase)/decrease in debtors	(7,529,951)	(466,422)
(Decrease)/increase in creditors	(282,807)	(88,461)
(Gains)/losses on investments	(181,778)	140,914
Gain on disposal of fixed assets	(8,000)	(12,405)
Dividends, interest, and rents from investments	(538,866)	(203,181)
Net cash provided by (used in) operating activities	1,550,936	3,655,080
Cash flows from investing activities		
Proceeds from sale of fixed assets	8,000	12,405
Purchase of fixed assets	(342,490)	(1,162,147)
Proceeds from sale of investments	-	22
Purchase of investments	(81,480)	(27,048)
Dividends and interest from investments	538,866	203,181
Increase in short term investments	(3,103,164)	(2,042,651)
Net cash provided (used in)/by investing activities	(2,980,268)	(3,016,238)
Increase in cash and cash equivalents	(1,429,332)	638,842
Cash and cash equivalents at 1 April	7,249,718	6,610,876
Cash and cash equivalents at 31 March	5,820,386	7,249,718
Analysis of cash and cash equivalents	2024	2023
	£	£
Cash in hand – bank	3,110,115	5,066,752
Cash held by investment manager	19,950	32,966
Notice deposits (less than 3 months)	2,690,321	2,150,000
Total for cash flow purposes	5,820,386	7,249,718
Short term investments	8,045,726	4,942,562
Less cash held by investment manager	(19,950)	(32,966)
Total cash at bank and in hand	13,846,162	12,159,314

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

Notes to the Financial Statements

1. General information

Alzheimer Scotland – Action on Dementia is a registered charity and company limited by guarantee, incorporated in Scotland, UK, company number SC149069. The nature of the Group's operations and activities are set out on pages 4 and 5. The charity is registered at 160 Dundee Street, Edinburgh, Scotland EH11 1DQ.

2. Accounting policies

(a) Basis of accounting

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charity and Trustee Investment (Scotland) Act 2005 and the Companies Act 2006.

The preparation of the financial statements in compliance with FRS102 requires the use of certain critical accounting estimates. It also requires the Charity to exercise judgement in applying the entity accounting policies (see Note 2(w) below).

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The Statement of Financial Activities and balance sheet consolidate the financial statements of the company, its subsidiary, and its associate undertakings. The results of the subsidiary are consolidated on a line-by-line basis.

The company has used paragraph 4(1) of Schedule 1 to SI 2008 No. 410 "The Large and Medium-sized Companies and Groups (Accounts and Reports) Regulations 2008" to reflect the special nature of the company's activities. Alzheimer Scotland – Action on Dementia constitutes a public benefit entity as defined by FRS 102.

The group's functional and presentational currency is GBP. The financial statements have been prepared to the nearest £1.

In accordance with Section 1 of FRS102, exemption has been taken from disclosing a statement of cash flows for the charitable parent company.

(b) Going Concern

In March 2024 the Executive Team presented a budget to the Board highlighting a deficit of £889,019 and capital investment of £1.6m, for 2024/25. In order to assess the level of headroom in the liquidity, we performed stress testing analysis on the forecasts until 2026/27. Two scenarios were prepared to assess the further reduction in income which would result in reserves falling below Reserves policy (being 4 months of costs) and also for all liquid resources to be exhausted. The first of these would require total income for 2025 to be at 50% of 2024 and the second would require total income for 2025 to be at 24% of income for 2024. However, we did not reduce the expenditure in line with any reducing income in this testing. In general terms the 2024/25 budget highlights that our liquid reserves will drop by £1.9m and it is clear from the Balance Sheet that we have a good level of cash available to cover this estimated reduction.

The Directors have reviewed the financial position, the financial forecasts and the results of the stress testing, all of which cover the 3 years to March 2027, taking into account the levels of investments, reserves and cash, and the systems of financial control and risk management. As a result of this, the Directors believe that we are well placed to manage financial and operational risks successfully.

Accordingly, the Directors have a realistic expectation that the Charitable Company and the Group have adequate resources to continue in operational existence for the foreseeable future. Consequently, they continue to support the going concern basis in preparing the financial statements.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

(c) Public funding and trust grants

Public funding and trust grants are credited to the Statement of Financial Activities in the year for which they are receivable including government grants.

Deferred income represents amounts received either for future periods or before any performance conditions attached to the grants have been met. Deferred income is released to income in the period either for which it has been received or in which the performance conditions have been met.

(d) Donations and legacies

Donations and legacies are accounted for when receivable. The recognition criteria are entitlement, probable and measurement.

(e) Membership subscriptions

Membership subscriptions are for a financial year and are accounted for when receivable.

(f) Donated goods/services

On receipt, donated goods are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt or capitalised where they relate to capital items.

(g) Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been attributed directly to one of the functional categories of expenditure in the Statement of Financial Activities on the basis of resources used.

(h) Allocation of expenditure

Raising funds include the costs incurred in generating income from donations and legacies, retail trading costs, fundraising event costs and publicity costs. These costs are regarded as necessary to generate funds that are needed to finance charitable activities.

Charitable activities expenditure enables Alzheimer Scotland – Action on Dementia to meet its charitable aims and objectives. Governance costs are associated with the governance arrangements of the charity, and relate to the general running of the charity at a strategic level.

These costs include audit fees, directors' indemnity, insurance and costs associated with meeting constitutional and statutory requirements such as cost of Directors' meetings. Support costs are those costs which enable fund generating and charitable activities to be undertaken and include finance, HR, IT, and property maintenance. Where expenditure incurred relates to more than one cost category it is apportioned. The method of apportionment uses the most appropriate basis which is mainly time cost apportionment.

(i) Operating leases

Operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term. Any lease incentives are spread over the period of the lease.

(j) Tangible fixed assets

All fixed assets costing over £5,000 (2022-23 £5,000) including VAT are capitalised and depreciated.

(k) Cash flow and liquid resources

Cash flows comprise increases and decreases in cash and include cash in hand and cash at bank. Liquid resources comprise assets held as a readily disposable store of value. They include cash term deposits and bank notice accounts. Cash and cash equivalents comprise cash at bank, cash on deposit where funds can be accessed without penalty within three months or less from opening the account and cash held with the investment manager. There are two bank accounts established on 90 day access terms, the purpose of this is secure a higher rate of interest, there are interest penalties if access is needed before the 90 days expires, however this is factored into the cash-flow models to avoid such a development. During 2023/24, we continued to place funds into term deposit accounts to secure a higher rate of interest.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

(l) Fund accounting

The unrestricted funds comprise of accumulated unrestricted surpluses and deficits. Restricted income funds are subject to restrictions imposed by the donor. The Endowment fund, which is permanent, represents the amount for which the capital must be retained and invested.

(m) Investments

Investments are revalued monthly so that when investments are sold, gains or losses which arose before the previous year-end have already been recognised. The Statement of Financial Activities includes unrealised movements in value arising from investment changes or revaluation at the year end, together with realised gains and losses on disposal of investments.

(n) Depreciation of tangible fixed assets

Depreciation is provided on all fixed assets at rates calculated to write off the cost or valuation less estimated residual value of each asset evenly over its expected useful life as follows:

Heritable property	50 years
Leasehold property	over the term of the lease
Leased motor vehicle	over the term of the lease
Other tangible fixed assets	5 years

(o) Pension costs

The company operates a defined contribution group personal pension scheme for a money purchase pension so there is no outstanding liability to the company or group. Contributions are charged to the statement of financial activities as they become payable in accordance with the rules of the scheme.

(p) Value added tax

The charitable company is not registered for VAT and accordingly expenditure includes value added tax where applicable.

(q) Financial instruments

Financial assets and liabilities are initially measured at transaction price (including transaction costs). The Group only has financial assets and liabilities of a kind that qualify as basic financial instruments. An analysis is given in note 19.

(r) Holiday pay

A liability is recognised to the extent of any unused holiday pay entitlement which has accrued at the balance sheet date and carried forward to future periods. This is measured at the undiscounted salary cost of the future holiday entitlement so accrued at the balance sheet date.

(t) Termination benefits

Alzheimer Scotland – Action on Dementia accepts that there are occasions when it may be necessary to make staff redundant or terminate their employment; our intention is to manage the business in a manner which results in secure employment for our employees and will always try to avoid the need for compulsory redundancies. Payments for redundancy are calculated on the basis of paying the statutory entitlements or above.

(u) Dilapidation provision

Our practice is to ensure that premises are maintained to a good standard throughout the lease term, such that the obligation arising at the end of the lease term is minimised. Dilapidations costs are estimated, and a provision has been established based on the estimated dilapidation costs of the individual leased properties, this is then adjusted as maintenance costs are incurred and new leases are taken out.

(v) Judgements in applying accounting policies and key sources of estimation uncertainty

In preparing these financial statements, the Directors have made the following judgements:

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

Determined whether there are indicators of impairment of the group's tangible assets. Factors taken into consideration in reaching such a decision include the economic viability and expected future financial performance of the asset and the viability and expected future performance of that asset.

Other key sources of estimation uncertainty

Tangible fixed assets (see note 13)

Tangible fixed assets are depreciated over their useful lives taking into account residual values, where appropriate. The actual lives of the assets and residual values are assessed annually and may vary depending on several factors. In re-assessing asset lives, factors such as technological innovation and maintenance programmes are considered. Residual value assessments consider issues such as future market conditions, the remaining life of the asset and projected disposal values.

(w) Donated professional services

Donated professional services and donated facilities are recognised as income, if a value can be reliably measured, at the value to the charity when received. In accordance with the Charities SORP (FRS 102), no amounts are included in the financial statements for services carried out by volunteers, including professional services provided directly by volunteers. The number of active volunteers of 573 has increased by 33 (2023: 540).

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

3. SOFA prior year comparison disclosure

	N	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2023 Total £
Income from					
Donations and legacies	4	7,419,238	1,342,614	-	8,761,852
Other trading activities	5	89,785	-	-	89,785
Income from charitable activities	6	137,532	9,860,748	-	9,998,280
Income from investments		169,641	32,346	1,193	203,180
Other (gain on disposal of tangible assets)		12,405	-	-	12,405
Total income		7,828,601	11,235,708	1,193	19,065,502
Expenditure on					
Raising funds	7	(282,045)	-	-	(282,045)
Charitable activities	8	(5,151,400)	(9,792,496)	-	(14,943,896)
Total expenditure		(5,433,445)	(9,792,496)	-	(15,225,941)
Net gains/(loss) on investments		(140,914)	-	-	(140,914)
Net income/(expenditure)		2,254,242	1,443,212	1,193	3,698,647
Transfers between funds	20 22	(245,601)	245,601	-	-
Net movement in funds		2,008,641	1,688,813	1,193	3,698,647
Reconciliation of funds					
Total funds brought forward		15,895,723	2,032,781	104,213	18,032,717
Total funds carried forward	20 22	17,904,364	3,721,594	105,406	21,731,364

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

4. Donations and legacies

	2024	2023
	£	£
Donations	3,543,942	3,148,215
Legacies	11,454,867	5,320,218
Trust grants	724,315	293,419
Total	15,723,124	8,761,852

5. Other trading activities

	2024	2023
	£	£
Dementia Scotland including shops	114,220	89,785
Total	114,220	89,785

6. Income from charitable activities

2024	Provision of care related services	Awareness raising	Campaigning	Involvement	Total
	£	£	£	£	£
Public funding	8,759,039	248,831	-	228,942	9,236,812
Service user income	148,113	-	-	-	148,113
Other charitable income	189,617	21,774	-	486	211,877
Total	9,096,769	270,605	-	229,428	9,596,802

2023	Provision of care related services	Awareness raising	Campaigning	Involvement	Total
	£	£	£	£	£
Public funding	8,718,222	200,000	47,902	562,495	9,528,619
Service user income	109,727	-	-	-	109,727
Other charitable income	268,043	91,499	-	392	359,934
Total	9,095,992	291,499	47,902	562,887	9,998,280

Public funding included the following Government grants:

	2024	2023
	£	£
Brain Health	200,000	200,000
Section 10 – Scottish Dementia Working Group & Carers Network	166,000	167,000
TEC – Development	75,532	140,120
Section 10 – AHP project	62,942	383,495
Dementia Nurses	60,000	170,862
Carers Funding	-	143,341
Section 10 – Counselling	-	84,872
Section 10 – Policy Advisor/Diagnosis project	-	27,040
Total	564,474	1,316,730

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

7. Raising funds

2024	Activities undertaken directly	Support costs (Note 9)	Total
	£	£	£
Fundraising costs	208,107	16,874	224,981
Trading activities	99,803	-	99,803
Total	307,910	16,874	324,784

2023	Activities undertaken directly	Support costs (Note 9)	Total
	£	£	£
Fundraising costs	169,525	13,745	183,270
Trading activities	98,775	-	98,775
Total	268,300	13,745	282,045

Types of activities undertaken to generate funds were trust applications, events, appeals, and shops. Support costs are calculated at 7.5% of fundraised costs. This is the percentage calculated to cover national office support functions including Human Resources, IT, Finance and Governance costs.

8. Charitable activities

2024	Activities undertaken directly	Support Costs (Note 9)	Total
	£	£	£
Provision of care related services	14,111,508	1,144,176	15,255,684
Awareness raising	239,193	19,394	258,587
Campaigning	196,442	15,928	212,370
Involvement	356,464	28,902	385,366
Research	243,068	-	243,068
Total	15,146,675	1,208,400	16,355,075

2023	Activities undertaken directly	Support Costs (Note 9)	Total
	£	£	£
Provision of care related services	12,779,079	1,036,947	13,816,026
Awareness raising	317,043	25,706	342,749
Campaigning	189,221	15,342	204,563
Involvement	398,559	32,316	430,875
Research	149,683	-	149,683
Total	13,833,585	1,110,311	14,943,896

Operating lease rentals of £357,858 (2023 £321,503) are included in activities undertaken directly.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

9. Analysis of support costs

2024	Fundraising incl. shops	Provision of care related services	Awareness Raising	Campaign- ing	Involve- ment	Total (Note 7&8)
	£	£	£	£	£	£
Governance	910	61,701	1,046	859	1,558	66,074
Management	418	28,330	480	394	716	30,338
Finance	4,901	332,364	5,634	4,627	8,396	355,922
IT	7,801	528,946	8,966	7,364	13,361	566,438
Human resources	2,844	192,835	3,268	2,684	4,871	206,502
Total	16,874	1,144,176	19,394	15,928	28,902	1,225,274

2023	Fundraising incl. shops	Provision of care related services	Awareness Raising	Campaign- ing	Involve- ment	Total (Note 7&8)
	£	£	£	£	£	£
Governance	482	36,330	901	537	1,132	39,382
Management	428	32,290	800	478	1,006	35,002
Finance	3,956	298,469	7,399	4,416	9,302	323,542
IT	6,501	490,454	12,158	7,257	15,285	531,655
Human resources	2,378	179,404	4,448	2,654	5,591	194,475
Total	13,745	1,036,947	25,706	15,342	32,316	1,124,056

Support costs were apportioned on the basis of the total of direct expenditure, except research which was excluded from the apportionment because research comprises large sums with negligible support costs.

10. Governance costs

	2024	2023
	£	£
Audit Fees	33,300	33,697
Non-audit fees for tax compliance	3,758	4,377
Director's indemnity insurance	840	1,120
Directors' meetings and other costs (includes AGM & Legal costs)	28,176	11,123
Total	66,074	50,317

Within Directors' meetings and other costs, 2 members of the Board received travel and subsistence expenses £160 (2023 - 2 members received £221). The organisation has put in place qualifying third-party indemnity provisions for all of the directors of the Group.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA

(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

11. Staff payroll costs and numbers

	2024	2023
	£	£
Wages and salaries	9,780,694	8,621,028
Social security costs	856,244	772,540
Pension costs	487,131	410,871
Redundancy and termination	26,789	41,325
Total	11,150,858	9,845,764

	2024	2023
Support staff	317	291
Administration staff	90	104
Total number of employees	407	395

Full time staff	166	169
Part time staff	241	226
Total number of employees	407	395

Full time equivalent average headcount	309	304
---	------------	------------

The following numbers of staff have emoluments above £60,000		
Number of employees earning between £60,000 and £70,000	4	-
Number of employees earning between £70,001 and £80,000	1	1
Number of employees earning between £80,001 and £90,000	-	-
Number of employees earning between £90,001 and £100,000	-	-
Number of employees earning between £100,001 and £110,000	-	-
Number of employees earning between £110,001 and £120,000	-	-
Number of employees earning between £120,001 and £130,000	-	1
Number of employees earning between £130,001 and £140,000	1	-

12. Key Management Remuneration and Related parties

Alzheimer Scotland has ten key management personnel roles, these are the Executive Directors and Executive Leads who are authorised by the Board to make decisions on the day to day running of the organisation. This includes financial, staffing, and operational decisions. The remuneration of the charity's key management is set, monitored, and reviewed by a Remuneration Committee, subject to final Board approval. The overall pay award budget for the key management posts will consider factors such as external benchmarking, performance of individual role holders and other factors such as affordability.

The total employee benefits of the key management personnel in the year was £792,032 (2023: £763,963).

No trustees received any remuneration from the company during the year (2023 - £nil).

Russel + Aitken received £3,379 (2023 - £3,258) for legal advice given during the year at their standard price. David McClements, a member of Board is also a member of Russel + Aitken.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

13. Tangible fixed assets

Group	Freehold property	Leasehold property	Motor vehicles	Leased Motor vehicles	Fixtures & Fittings	Total
	£	£	£	£	£	£
Cost						
At beginning of the year	7,585,384	173,329	127,535	-	4,364,892	12,251,140
Additions	-	-	-	87,541	254,949	342,490
Disposals	-	-	(46,995)	-	(545,917)	(592,912)
At end of the year	7,585,384	173,329	80,540	87,541	4,073,924	12,000,718
Depreciation						
At beginning of the year	(1,730,096)	(138,664)	(116,544)	-	(3,103,818)	(5,089,122)
Depreciation	(151,772)	(4,333)	(5,991)	(5,043)	(442,268)	(609,407)
Disposals	-	-	46,995	-	545,917	592,912
At end of the year	(1,881,868)	(142,997)	(75,540)	(5,043)	(3,000,169)	(5,105,617)
Net book value at 1 April	5,855,288	34,665	10,991	-	1,261,075	7,162,018
Net book value at 31 March	5,703,516	30,332	5,000	82,498	1,073,755	6,895,101

Company	Freehold property	Leasehold property	Motor vehicles	Leased Motor vehicles	Fixtures & Fittings	Total
	£	£	£	£	£	£
Cost						
At beginning of the year	7,585,384	173,329	127,535	-	4,340,740	12,226,988
Additions	-	-	-	87,541	254,949	342,490
Disposals	-	-	(46,995)	-	(545,917)	(592,912)
At end of the year	7,585,384	173,329	80,540	87,541	4,049,772	11,976,566
Depreciation						
At beginning of the year	(1,730,106)	(138,664)	(116,544)	-	(3,087,797)	(5,073,111)
Depreciation	(151,772)	(4,333)	(5,991)	(5,043)	(437,437)	(604,576)
Disposals	-	-	46,995	-	545,917	592,912
At end of the year	(1,881,878)	(142,997)	(75,540)	(5,043)	(2,979,317)	(5,084,775)
Net book value at 1 April	5,855,278	34,665	10,991	-	1,252,943	7,153,877
Net book value at 31 March	5,703,506	30,332	5,000	82,498	1,070,455	6,891,791

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

14. Investments – funds

Group and Company	2024	2023
	£	£
Market value:		
At 1 April 2023	2,235,711	2,345,588
Purchase of investments at cost	81,480	31,006
Disposals at opening book value	-	(22)
Movement in market value	182,559	(140,804)
Management fees	(391)	(57)
	2,499,359	2,235,711
Cash held for investment	19,950	32,966
At 31 March 2024	2,519,309	2,268,677
Represented by:		
Listed equities	2,499,359	2,235,711
Cash held for investment purposes	19,950	32,966
	2,519,309	2,268,677
Fixed income	309,577	332,199
UK equities	120,821	422,346
Global equities	1,709,807	1,056,945
Property	89,010	99,001
Alternative investments	171,533	276,702
	2,400,748	2,187,193
Liquid investments	98,611	48,518
Cash	19,950	32,966
At 31 March 2024	2,519,309	2,268,677
Investments held at cost:		
Listed equities	2,034,934	1,953,454
Cash held for investment purposes	19,950	32,966
	2,054,884	1,986,420

Investments included in the fund are overseas investments of £1,854,524 (74.2%) (2023: £1,305,655, 58.4%).

Investments are held within Sarasin Endowment Fund Class A INC.

The Directors consider the value of the investments to be supported by their underlying assets, as appropriate.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

15. Investments – subsidiary undertakings

2024	Group	Company
	£	£
At 1 April 2023	-	1,000
At 31 March 2024	-	1,000

2023	Group	Company
	£	£
At 1 April 2022	-	1,000
At 31 March 2023	-	1,000

Details of the subsidiary undertakings at the balance sheet date are as follows:

Subsidiary	Principal activity	Class of Share	Holding %	Aggregate capital and reserves
				£
Dementia Scotland Limited 160 Dundee Street, Edinburgh, Scotland, EH11 1DQ SC296817	Retail & Events (minimum sponsorship)	Ordinary	100	1,000

Dementia Scotland Limited - Summary of Results	2024	2023
	£	£
Turnover	114,220	98,061
Operating expenses – operations	(99,803)	(98,775)
Operating expenses - audit fees	(6,248)	(2,100)
Tax on profit/(loss)	(2,722)	568
Distribution to Alzheimer Scotland - Action on Dementia	-	-
	5,447	(2,246)
Net assets	(4,052)	(9,499)

16. Debtors

Amounts due within one year	Group		Company	
	2024	2023	2024	2023
	£	£	£	£
Service debtors	403,320	454,878	403,320	453,223
Other debtors	8,772,914	1,381,221	8,785,656	1,415,515
Prepayments	540,006	350,189	520,777	323,805
Total	9,716,239	2,186,288	9,709,752	2,192,543

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)
For the year ended 31 March 2024

17. Creditors

Amounts falling due within one year	Group		Company	
	2024	2023	2024	2023
	£	£	£	£
Deferred income (Note 18)	317,340	580,968	305,021	570,517
Trade creditors	461,351	470,760	459,707	470,242
Accruals	525,017	619,689	517,167	613,327
Other creditors	130,262	129,413	132,546	131,010
Pension costs	0	53,611	0	53,611
Social security costs and other taxes	328,546	190,492	328,546	190,492
Total	1,762,516	2,044,933	1,742,987	2,029,199

18. Deferred income

	Group		Company	
	2024	2023	2024	2023
	£	£	£	£
Balance brought forward	580,968	688,470	570,517	682,676
Deferred income receivable	317,340	580,968	305,021	570,517
Deferred income released to statement of financial activities	(580,968)	(688,470)	(570,517)	(682,676)
Balance carried forward	317,340	580,968	305,021	570,517

Deferred income comprises payments received in advance of the expenditure made of before any performance conditions attached to the items of income have been met. The amounts below mostly refer to payments in advance for our 2024/25 sponsored events and grant funding, all of which will be utilised within 12 months.

19. Financial Instruments

Financial Assets	Group		Company	
	2024	2023	2024	2023
	£	£	£	£
Financial Assets at fair value through income & expenditure	2,519,309	2,268,677	2,520,309	2,346,589

Financial assets at fair value include investments held with Sarasin and cash held for investment purposes (note 14) and Investments in subsidiary (note 15).

Financial assets measured at amortised cost include cash at bank and in hand, loans to associates, service debtors and other debtors. Financial liabilities measured at amortised cost is measured at initial recognition less any repayments of the principal and these include trade creditors, other creditors, amounts due to associated undertakings, accruals, and pension contributions.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

20. Restricted funds

2024		Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
		£	£	£	£	£
Income funds:						
National Office	a	351,051	768,781	(817,880)	(7,104)	294,848
Services	b	384,805	8,797,106	(8,472,270)	(119,973)	589,668
Heritage Horizons – Cairngorms 2030 project	c	20,829	83,716	(116,670)	12,125	-
		756,685	9,649,603	(9,406,820)	(114,952)	884,516
Other funds:						
Restricted legacy reserve	d	1,825,945	126,261	(421,871)	(543,632)	986,703
Research reserve	e	1,138,964	819,961	(191,015)	0	1,767,910
		2,964,909	946,222	(612,886)	(543,632)	2,754,613
Total company and group restricted funds						
		3,721,594	10,595,825	(10,019,706)	(658,584)	3,639,129

2024 Notes:

- a. Income from Local authorities and Scottish Government restricted to various projects including Brain Health, Allied Health Professional role, Dementia Nurses and Section 10 grant relating to Active voices work.
- b. Income from Local authorities and Health boards restricted to core service delivery.
- c. Heritage Horizons: Cairngorms 2030 project- Outdoor Dementia Resource Centre funding, transfer relates to restricted voluntary income which was approved to fund this project.
- d. Restricted legacy reserve income is from bequests that specify an area or purpose for the donations to be spent.
- e. Research reserve income is where bequests and donations specify to fund research into dementia.

Income funds include funds received through local authorities which must be spent in accordance with the conditions imposed by the relevant authority. The transfers column shows the charity moving its own funds from one heading to another to ensure that funds are available where needed to meet charitable and other expenditure; this includes transfers between unrestricted and restricted funds. movement of internal funding relating to any service development plans, transferred to cover redesign of services, reserves covering all our fixed assets and internal rents paid by services housed within owned properties. The subsidiary companies have no restricted funds.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

20. Restricted funds continued

2023		Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
		£	£	£	£	£
Income funds:						
National Office	a	289,269	1,551,686	(1,482,059)	(7,845)	351,051
Services	b	-	8,219,071	(8,087,712)	253,446	384,805
Heritage Horizons – Cairngorms 2030 project	c	-	96,991	(76,162)	-	20,829
		289,269	9,867,748	(9,645,933)	245,601	756,685
Other funds:						
Restricted legacy reserve	d	1,654,668	192,840	(21,563)	-	1,825,945
Research reserve	e	88,844	1,175,120	(125,000)	-	1,138,964
		1,743,512	1,367,960	(146,563)	-	2,964,909
Total company and group restricted funds		2,032,781	11,235,708	(9,792,496)	245,601	3,721,594

2023 Notes:

- Income from Local authorities and Scottish Government restricted to various projects includes SDS work, AHP post and Internships, Dementia dialogue and Section 10 grant relating to Social work.
- Income from Local authorities, Health boards and Scottish Government restricted to core service delivery. The transferred amount to unrestricted funds is the surplus as a result of the Coronavirus Job Retention scheme payments received, having reviewed rules of the organisation and the scheme we are satisfied this is appropriate.
- Heritage Horizons: Cairngorms 2030 project - Outdoor Dementia Resource Centre funding
- Restricted legacy reserve income is from bequests that specify an area or purpose for the donations to be spent.
- Research reserve income is where bequests and donations specify to fund research into dementia.

21. Endowment fund

The Michael Clutterbuck Bequest

Group and Company

	2024	2023
	£	£
Opening balance	105,406	104,213
Interest	3,580	1,193
	108,986	105,406
Expenditure	-	-
Closing balance	108,986	105,406

The Michael Clutterbuck Bequest was established to fund initiatives providing nursing or home care for people with Alzheimer's disease. The Bequest is not accessible as general revenue for Alzheimer Scotland – Action on Dementia the sum of £100,000 is to be retained.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

22. Unrestricted Funds

2024	Fund balances brought forward	Income	Expenditure	Investment gain/(loss)	Transfers	Fund balances carried forward
	£	£	£		£	£
General funds	15,426,630	15,267,387	(6,331,075)	181,778	(10,583,207)	13,961,513
Fixed Assets	-	-	-	-	6,891,791	6,891,791
Property	2,000,000	-	(119,227)	-	1,600,000	3,480,773
Investing in our services	-	-	-	-	2,500,000	2,500,000
Time for you	500,000	-	(103,800)	-	-	396,200
Brain Health Scotland	-	-	-	-	250,000	250,000
Total Designated funds	2,500,000	-	(223,027)	-	11,241,791	13,518,764
Total company unrestricted funds	17,926,630	15,267,387	(6,554,102)	181,778	658,584	27,480,277
Subsidiary undertaking profit and loss account	(22,266)	114,220	(106,051)	-	-	(14,097)
Total group unrestricted funds	17,904,364	15,381,607	(6,660,153)	181,778	658,584	27,466,180

The Board of Alzheimer Scotland – Action on Dementia approved the following designated funds:

1. Fixed Assets - unrestricted funds invested in our tangible fixed assets, which are not available for other purposes.
2. Property – for the continued expansion of our Brain Health and Dementia Resource Centres and for major repairs to the fabric of our buildings.
3. Investing in our services - the value of investment required into our services per our 5-year forecast.
4. Time for You – for running our Time for You fund initiative.
5. Brain Health Scotland – a one year fund to develop our Brain Health Scotland strategy, its marketing, and frontline activities.

The transfers column shows the charity moving its own funds from one heading to another so that funds are available where needed to meet charitable and other expenditure; this includes transfers between unrestricted and restricted funds and includes internal funding relating to any service development plans, transferred to cover redesign of services, reserves covering all our fixed assets and internal rents paid by services housed within owned properties.

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

22. Unrestricted Funds continued

2023	Fund balances brought forward	Income	Expenditure	Investment gain/(loss)	Transfers	Fund balances carried forward
	£	£	£		£	£
General funds	15,906,899	5,238,816	(5,332,570)	(140,914)	(245,601)	15,426,630
Property	-	2,000,000	-	-	-	2,000,000
Time for you	-	500,000	-	-	-	500,000
Total Designated funds	-	2,500,000	-	-	-	2,500,000
Total company unrestricted funds	15,906,899	7,738,816	(5,332,570)	(140,914)	(245,601)	17,926,630
Subsidiary undertaking profit and loss account	(11,176)	89,785	(100,875)	-	-	(22,266)
Total group unrestricted funds	15,895,723	7,828,601	(5,433,445)	(140,914)	(245,601)	17,904,364

23. Analysis of assets and liabilities among funds

2024	General Funds	Restricted Funds	Endowment Funds	Total Funds
	£	£	£	£
Group				
Tangible fixed assets	6,895,101	-	-	6,895,101
Investments – Sarasin	2,519,309	-	-	2,519,309
Investments – subsidiary	-	-	-	-
Net current assets	18,051,770	3,639,129	108,986	21,799,885
Total	27,466,180	3,639,129	108,986	31,214,295
Company				
Tangible fixed assets	6,891,791	-	-	6,891,791
Investments – Sarasin	2,519,309	-	-	2,519,309
Investments – subsidiary	1,000	-	-	1,000
Net current assets	18,058,195	3,639,129	108,986	21,806,310
Total	27,470,295	3,639,129	108,986	31,218,410

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

23. Analysis of assets and liabilities among funds continued

2023	General Funds	Restricted Funds	Endowment Funds	Total Funds
	£	£	£	£
Group				
Tangible fixed assets	7,162,018	-	-	7,162,018
Investments – Sarasin	2,268,677	-	-	2,268,677
Investments – subsidiary	-	-	-	-
Net current assets	8,472,013	3,721,594	105,406	12,299,013
Total	17,902,708	3,721,594	105,406	21,729,708
Company				
Tangible fixed assets	7,153,877	-	-	7,153,877
Investments – Sarasin	2,268,677	-	-	2,268,677
Investments – subsidiary	1,000	-	-	1,000
Net current assets	8,493,144	3,721,594	105,406	12,320,144
Total	17,916,698	3,721,594	105,406	21,743,698

24. Pension and retirement benefits

The company operates two pension schemes both of which are NEST Compliant. The first is a defined contribution group personal pension scheme. As the pension scheme is a defined contribution money purchase scheme, no liabilities for pensions arise for the company or group. The second scheme is one that all staff can access for auto-enrolment purposes.

The assets of these schemes are held separately from those of the company in independently administered funds.

The contribution for the year amounted to £487,131 (2023 - £410,871).

25. Operating lease commitments

	Group Land & Buildings		Company Land & Buildings	
	2024	2023	2024	2023
	£	£	£	£
The company had total commitments under non-cancellable leases expiring as follows:				
Within one year	229,491	239,532	213,691	218,932
2-5 years	334,165	507,165	334,165	502,365
Over 5 years	-	-	-	-
Total	563,656	746,697	547,856	721,297

Operating lease expense charges to the SOFA for the year amounted to £378,185 (2023: £342,103)

ALZHEIMER SCOTLAND – ACTION ON DEMENTIA
(a company limited by guarantee and not having share capital)

For the year ended 31 March 2024

26. Net debt reconciliation

Group	1 April 2023	Cashflows	31 March 2024
	£	£	£
Cash and cash equivalents	12,192,280	1,673,832	13,866,112
Net debt	12,192,280	1,673,832	13,866,112