

What's on



June 2025 – Aberdeenshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below. **Please contact your Activity Organiser in advance of attending any of the groups. – see contact details below.**

| Dementia Awareness Week | | |
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| Monday 2 nd June to Sunday 8 th June- check out Events below | | |
| In Person Group | What's On In North Aberdeenshire | |
| Monday 16 th & 30 th | Banff Castle Gardening Group Banff Castle, Castle Street, Banff Come along and join us planting bedding plants in our raised beds, followed by a cuppie in the cafe. | 11.00am-12.30pm |
| Tuesday 3 rd | Musical Memories Banff Library, High Street, Banff For people living with dementia and their carers. Sing along to some old favourites, hear different musicians, have a chat and a coffee. If interested, please get in touch to book a space. | 2.00pm-3.30pm |
| Tuesday 10 th | Walk & Talk at Aden Park Aden Country Park, Station Road, Mintlaw Meet in the car park beside carers garden, join us for a walk round the park followed by a cuppie in the cafe | 11.00am-12.30pm |
| Tuesday 17 th | Turriff Hae a News Turriff Library, Grange Villa, The Square, Turriff For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment | 11.00am-12.30pm |
| Tuesday 24 th | Fraserburgh Hae A News Fraserburgh Library, King Edward St Fraserburgh For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment. | 11.00am-12.30pm |

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| Wednesday 4th | Advice Point & Information Stand (Dementia Awareness Week Event) Aden Country Park, Station Road, Mintlaw Alzheimer Scotland want to make sure that nobody faces dementia alone. Our Dementia Advisors support people with dementia, their families and carers and work with local communities. Your local dementia advisor can: <ul style="list-style-type: none"> • Provide information and advice. • Help you to find the dementia-specific support that you need. • Connect you to local groups and services. Pop in past to chat to Laura Crockatt & Kathy Fraser to find out more about the range of services on offer. | 10.00am–1.00pm |
| Wednesday 11th | Peterhead Dementia Cafe Mission Cafe, Union Street, Peterhead (Please note new venue and time) For people living with dementia and their carers to meet others, have a cuppie and a blether | 10.30am–12.00pm |
| Wednesday 18th | Walk & Talk at Aden Park Aden Country Park, Station Road, Mintlaw Meet in the car park beside carers garden, join us for a walk round the park followed by a cuppie in the cafe | 11.00am–12.30pm |
| Wednesday 25th | Carer Support Group Kirkburn Court Care Home, Academy Pl. Peterhead Peer support, establish new friendships and get advice from your local Dementia Advisor. If you need to bring your cared for with you, please get in touch and we can arrange for them to join our dementia friendly social group in a safe environment so you can relax and get the support you need. Contact Laura Crockatt or Kathy Fraser for further details | 2.00pm –3.30pm |
| Thursday 5 th & 19th | Mintlaw Hae a News Mintlaw Library, MACBI Community Hub, Newlands Rd, Mintlaw For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment. | 11.00am–12.30pm |
| Thursday 26th | Banff Hae A News & Carer Support Group Banff Library, High Street, Banff For people living with dementia and their carers. Both groups to run alongside each other within The Library. CARER SUPPORT is a safe space for carers to gain peer support and get advice from their local Dementia Advisor | 11.00am–12.30pm |

SOCIAL GROUP is for the person living with dementia and their carer to meet others and gain social stimulation in a dementia friendly environment.

| In Person Group | | What's On In Central Aberdeenshire |
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| Monday 2nd | Inverurie Carers Support Group Port Elphinstone Community House, Flat 1, Pinewood House, Elphinstone Road, Inverurie. For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences | 2.00-3.00pm |
| Tuesday 3 rd | Insch Social Group Bennachie Leisure Centre, Largie Rd, Insch A social group for people living with dementia and their carers. | 10.45-11.45 am |
| Tuesday 3 rd | Morrisons Supermarket, Inverurie (Dementia Awareness Week Event) Come along and visit our information stand and find out about our local groups | 12.30-2.00pm |
| Tuesday 10 th | KEMNAY Pop-up Café Kemnay Library, Kendal Rd, Kemnay AB51 5RN A social group for people living with dementia and their carers. Come along for some coffee, chat and fun. | 1.30-2.30pm |
| Tuesday 17 th | Port Elphinstone Social Group Port Elphinstone Community House, Flat 1, Pinewood House, Elphinstone Road, Inverurie. A social group for people living with dementia and their carers to have a blether, a cuppa and some fun. | 11.00 – 12.00pm |
| Wednesday 4 th | Morrisons Supermarket, Inverurie (Dementia Awareness Week Event) Come along and visit our information stand and find out about our local groups | 10-12 pm |
| Wednesday 4 th | Westhill Social Group Westhill Library, Westhill Primary, Westhill Drive A social group for people living with dementia and their carers to have a blether, a cuppa and some activities. | 2.00 -3.00 pm |
| Wednesday 18 th | Westhill Carers Support Group Westhill Library, Westhill Primary, Westhill Drive For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences | 2.00 -3.00 pm |

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| Wednesday 25th | Walk at Fetternear , Kemnay NEW 1.30pm Meet at Fetternear Carpark Come along and join us for a gentle stroll up to the former Bishop's Palace. The walk will take about 20 minutes in each direction and is suitable for wheelchairs. Toilets are available at Bennachie Lodge, Kemnay (part of Aberdeenshire Council's Comfort Scheme). Contact Susan for further details. |
| Wednesday 25th | In the Same Boat Stonehaven Library, Even Street, Stonehaven 2.00-3.30pm New in person carers support group for those carers who support someone with dementia living in a care home, or about to move into long term care. It's a great opportunity to access peer support, exchange stories and share information. Please contact Mags if you are interested in attending. |
| Thursday 5th | Tea, Blether and Buttery Morning (Dementia Awareness Week Event) 10.30 - 12.30pm Westhill Library, Westhill Primary, Westhill Drive Come along and join us for Tea, Blether and a buttery for Dementia Awareness Week. Information will be available about our local groups and our Dementia Advisor will be there to assist with any queries. |
| Thursday 5th | Oldmeldrum Social Group Meldrum Town Hall (downstairs room), The Square, Oldmeldrum 1.30 – 2.30pm Come along & enjoy a social event for people living with dementia and their carers. |
| Thursday 12th & 26th | Ellon Social Group The Kirk Centre, Station Road, Ellon (Upstairs – there is a lift) 2.00 -3.00pm A social group for people living with dementia and their carers to have a blether, a cuppa and join in a fun activity. |
| Thursday 12th | Ellon Carers Support Group Forvie Room, The Kirk Centre, Station Rd, Ellon 2.00 -3.00pm For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences |

| In Person Group | | What's On In South Aberdeenshire |
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| Monday 2 nd | Morrisons Store, North Deeside Road, Banchory (Dementia Awareness Week Event) Come along at the start of 'Morrisons Forget Me Not Appeal' week to find out more about our local social group or just have a friendly chat on the support we offer people living with dementia/memory issues and their carers. | 10.00-12 noon |
| Tuesday 3 rd | Portlethen Pastimes Portlethen Library, Bruntland Road, Portlethen. A social group for people living with dementia and their carers to have a chat, a cuppa and join in a fun activity. | 10.30 - 11.30am |
| Tuesday 10 th & 24 th | Stonehaven Activities & More Community Education Centre, Bath Street, Stonehaven. A social group for people living with dementia, and their carers, to meet up for some fun activities whilst enjoying a cuppa & a catch-up. | 10.30 - 12.00pm |
| Tuesday 10 th | Stonehaven Carers Group Stonehaven Community Education Centre, Bath Street. For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences | 10.30 –12.00pm |
| Wednesday 4 th June NEW EVENT! | Pop-Up Dementia Cafe - Dementia Awareness Week 2025 Bervie Church Hall, King Street, Inverbervie, Montrose DD10 0RQ For people living with dementia, or memory issues, and their carers to get together for a chat, a cuppa and a fun activity. | 10.30-11.30 am |
| Wednesday 18 th | Aboyne Social Group Aboyne Library, Bridgeview Road, Aboyne. A social group for people living with dementia and their carers to meet up for a cuppa and a chat. | 2.00 -3.00pm |
| Wednesday 25 th | In the Same Boat Stonehaven Library, Even Street, Stonehaven New in person carers support group for those carers who support someone with dementia living in a care home, or about to move into long term care. It's a great opportunity to access peer support, exchange stories and share information. Please contact Mags if you are interested in attending. | 2.00-3.30pm |

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| Thursday 5th & 19th | Banchory Social Group Banchory Library, Bridge Street, Banchory. A Social Group for people living with dementia, and their carers, to enjoy some fun activities over a chat and a cuppa. | 1.30 - 3.00pm |
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For those times when you cannot make it into the centre, or wish to attend some groups in person, and some online.

Please contact the person listed below the activity and they will send you the link to join.

| On-line Groups | | |
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| Tuesday, 3rd | Letting Go Group – Mags Corbett Support group for carers who have a loved one in a care home or moving soon into a care home. | 2.00-3.00pm |
| Thursday 5th | Rare Dementia Carer Support – Laura Crockatt | 11.00 am |
| Thursday, 19th | Aberdeenshire Carers Support Group – Laura Crockatt and Mags Corbett | 11 am – 12.30pm |

Check out Our Virtual Resource Centre (VRC) An online space where people can access groups, activities, and information sessions all from the comfort of their own homes. You can access a range of free live and 'on demand' activities including live music sing-alongs, arts and crafts, quizzes, seated exercises and relaxation techniques. VRC Facilitator Email sberesford@alzscot.org. **To access the Virtual Resource Centre follow this link - <https://www.alzscot.org/virtual-resource-centre-o>**

Contact details for groups:

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| Laura Crockatt, Dementia Advisor Aberdeenshire (North) lcrockatt@alzscot.org 07825 242381; | Kathy Fraser, Comm. Activities Organiser Aberdeenshire (North) kfraser@alzscot.org 07795 391092; - |
| Mags Corbett, Dementia Advisor Aberdeenshire (Central & South) mcorbett@alzscot.org 07769 366 175 | Susan Westcott, Comm. Activities Organiser Aberdeenshire (Central) swestcott@alzscot.org 07876 003154 |
| Dee Cobban, Community Activities Organiser Aberdeenshire (South) dcobban@alzscot.org 07825 546006 | |



Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/aberdeendrc>

What's on

June 2025 – Aberdeenshire



VOLUNTEERS WANTED FOR NATIONWIDE APPEAL

We are teaming up with Morrisons supermarkets in a nationwide fundraising appeal from **Monday 2nd – Sunday 8th of June**. Could you spare a couple of hours to make a difference? You'll be joining a group of volunteers working across Scotland in Morrisons' 62 stores from 10am to 7pm between Monday 2 to Sunday 8th June 2025, in two hour slots. For further details or to register, click on the following link <https://www.alzscot.org/MorrisonsVolunteers>

Dementia Awareness Week 2025 – which runs from Monday 2 June to Sunday 8 June – is an opportunity to support the 90,000 people living with dementia in Scotland and their families and carers.

The theme for this year's campaign focuses on the importance of maintaining friendships and social connections at every step of a person's dementia progression.



Alzheimer Scotland has seen first-hand how staying connected, listening, and showing kindness can bring comfort, joy and a sense of belonging. Friends help keep memories alive, reduce loneliness, and support people with dementia as well as their carers, friends and family.

Alzheimer Scotland Conference 2025

Our Annual Conference will be held on **Monday 22 September at the Edinburgh International Conference Centre (EICC)**. Early Bird tickets are now available to buy at Eventbrite using the link below.

Alzheimer Scotland Annual Conference 2025 Tickets, Mon 22 Sep 2025 at 09:00 | Eventbrite

As always, tickets for people with dementia and carers are free - please email conference@alzscot.org for more information about free tickets.

More details of the conference, including the full programme will be made available closer to the event.

For more information, or if you would be interested in exhibiting at our conference, please contact our team: conference@alzscot.org

In North Aberdeenshire



**Location:- Deveronside Club ,
Tannery St,
Banff AB45 1ER**

Come along and join in a fun afternoon of music from Starlite Discos, dance & friendship. Held once a month.

For Senior Citizens, people living with dementia and their carers and local care homes. Anyone living alone and looking for company and a chat.

Refreshments will be available – Teas, Coffee & cakes - £2.50 pp.

For more information, contact Deveronside Club on 01261 812769 during opening hours or Marlene on 07790 911503.

The following event takes place at the Aberdeen Brain Health & Dementia Resource Centre which you or someone you know may find of interest. All welcome.

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| Tuesday 17 June | Talkspot and Reminiscence: The Tall Ships We are delighted to welcome 2 of the volunteers from this years Tall Ships event to present some slides and information on the upcoming event coming to Aberdeen this July. They will also be bringing some memorabilia from the previous Tall Ships event held in the late 90s. This promises to be an interesting and informative event – please spread the word and encourage friends to come too. Feel free to arrive from 1.30pm for a cuppa first. Brain Health & Dementia Resource Centre 13 – 19 King Street Aberdeen | 2-3pm |
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**Alzheimer
Scotland**
Action on Dementia



Sunday 24 August 2025

Alzheimer Scotland Memory Walk Aberdeen

Time: Arrive from 11.30am. Walk starts at 12 noon. Event finishes at 2pm.

Location: Aberdeen Sports Village, Linksfield Road, AB24 5RU

Join us for a gentle 5k walk around the athletics track at Aberdeen Sports Village while raising vital funds for people living with dementia.

Adult tickets are £10. Children's tickets are free - children must be registered for a ticket to take part in the walk and must be accompanied by an adult.

Please note, only guidance dogs are permitted on this walk.

Register: <https://memorywalk.alzscot.org/event-info-aberdeen>

If you can't do the Memory Walk, there is an opportunity to do 'Your Walk, Your Way' - the link above also takes you to this information and registration.

For anyone planning a trip to Glasgow or knows someone there who may be interested:

Dementia-Friendly Visits at the Scottish Football Museum in Hampden



Drop in between 2–5pm on Thursdays in May & June 2025

Come along for a relaxed, dementia friendly visit at the **Scottish Football Museum**



Try out Alzheimer Scotland's VR Reminiscence Technology



Enjoy a cuppa and a chat



Explore Scotland's footballing history in a calm, friendly setting

Free of charge | No booking needed | All welcome including family, friends & carers

Let football memories come alive in a space built for comfort, connection, and community.

Location: Scottish Football Museum. **Hampden Park, Letherby Drive, Mount Florida, Glasgow, G42 9BA.**

Phone: 0141 616 639 for more information

Should you no longer wish to receive Aberdeenshire What's On or updates, please call or write to:

Val Sleigh, Service Admin Coordinator - 01467-530516 or email vsleigh@alzscot.org



Making sure nobody faces dementia alone.