



**Alzheimer
Scotland**
Action on Dementia

**Tea &
Blether**
Now you're talking



Get ready to blether!

2 to 8 June 2025

Join us this Dementia Awareness Week and host a coffee morning, afternoon tea or bake sale to raise funds for people living with dementia.

Tea & Blether can happen at home, work, school or wherever you are. Plus every penny raised in Scotland stays in Scotland.

**Sign up for free to get your fundraising pack at
blether.alzscot.org**



Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069.
Recognised as a charity by the Office of the Scottish Charity Regulator, no. SC022315

