

What's on

June 2025 - Angus



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink and company, feel free to pop in. If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

Please note there is no Boogie in June.

Arbroath Groups		
Monday 2 nd June	Floral Art Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 3 rd June	Down Memory Lane Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 3 rd June	Football Memories Arbroath Football Club, Gayfield	2pm – 3.30pm
Wednesday 4 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 4 th June	Jukebox Memories Arbroath Dementia Resource Centre	2pm-3.30pm
Thursday 5 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 10 th June	Arts and Crafts Arbroath Dementia Resource Centre	2pm – 3.30pm
Wednesday 11 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 12 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 17 th June	Music and Movement Arbroath Dementia Resource Centre	2pm – 3.30pm
Wednesday 18 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 19 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 25 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 26 th June	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon

Angus Groups		
Thursday 5 th June	Carnoustie Dementia Café Comrie Hall, Carnoustie	2pm – 3.30pm
Friday 6 th June	Monifieth Dementia Café New Monifieth Activity Centre, (MAC) Monifieth	2pm – 3.30pm
Wednesday 18 th June	Brechin Dementia Café JARS Community Hub, Brechin	2pm - 3.30pm
Thursday 19 th June	Montrose Dementia Café Philos Hub, Castle Street, Montrose.	2pm - 3.30pm
Friday 20 th June	Birkhill Dementia Café Millennium Hall, Birkhill	2pm - 3.30pm

Carer Groups		
Tuesday 3 rd June	Brechin Carers Group Jenner Centre, 24 Clerk Street, Brechin	2pm – 3.30pm
Wednesday 4 th June	Men's Carers Group Townhouse, 99 High Street, Arbroath	2pm – 3.30pm
Tuesday 17 th June	Carnoustie Carers Group Kinloch Care Centre, Kinloch St, Carnoustie	10.30am -12noon
Wednesday 25 th June	Arbroath Carers Group Arbroath Dementia Resource Centre	2pm – 3.30pm

Contact details for groups:

Rosemary Moncur - 07585700902 - rmoncur@alzscot.org

Angus Dementia Resource Centre – 01241 431770

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

