

with

Podiatry

you **CAN...**



The COLLEGE
of PODIATRY

Podiatry can help people remain independent and mobile through good foot health.

Podiatry can:

- Promote an active and healthy lifestyle by helping you to maintain your mobility
- Devise an agreed treatment plan tailored to your needs
- Reduce your risk of falling by identifying concerns and helping you to act upon them
- Support and advise you, your families and carers on delivering personal care

24 HOUR Dementia Helpline
Freephone: **0808 808 3000**
Email: helpline@alzscot.org

Local Contact:

The College Of Podiatry
207 Providence Square, Mill Street, London, SE1 2EW
Website: www.scpod.org
Email: enq@scpod.org

Alzheimer Scotland - Action on Dementia is a registered Scottish charity no. SC022315



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