

# What's on



## August 2025 - Renfrewshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them.

Contact Katie for details on any of the groups Email: [krobinson@alzscot.org](mailto:krobinson@alzscot.org) or Tel: 07795257195



Fri 1 Aug	Cuppa and a Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 1 Aug	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Wed 6 Aug	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 7 Aug	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00
Fri 8 Aug	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Mon 11 Aug	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 12 Aug	Singing Buddies North Church, Paisley, PA3 4AB	2.00-3.30
Wed 13 Aug	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 14 Aug	Carers Support Group 32, Riccartbar Avenue, Paisley, PA2 6BG	10.30-12.00
Thurs 14 Aug	Houston Hello Group West Halls, Main Street, Houston	2.00-4.00
Fri 15 Aug	Cuppa and a Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 15 Aug	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Tues 19 Aug	Carers Support Group 32, Riccartbar Avenue, Paisley, PA2 6BG	2.00-3.30
Wed 20 Aug	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 21 Aug	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00
Thurs 21 Aug	The Haven, Drop In Café St. Mark's Church, Paisley, PA1 3DL	2.00-4.00

Fri 22 Aug	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Mon 25 Aug	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 26 Aug	Singing Buddies North Church, Paisley, PA3 4AB	2.00-3.30
Wed 27 Aug	Lunch Club Venue TBC, must be booked	12.30
Wed 27 Aug	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 28 Aug	Houston Hello Group West Halls, Main Street, Houston	2.00-4.00
Fri 29 Aug	Cuppa and a Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 29 Aug	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

