

What's on



August 2025 – Kilmarnock/East Ayrshire

Kilmarnock Brain Health and Dementia Resource Centre, 8-12 College Wynd, Kilmarnock, KA1 1N.

For further information please contact **John Gray** at JohnGray@alzscot.org or on **07919 097681**.

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are above.

In Person Group		
Mon 4 th Aug	WAG Chat Kilmarnock DRC	1.00pm – 2.00pm
	Football Memories Rugby Park	2.00pm – 4.00pm
	WAG Group Kilmarnock DRC	2.00pm – 3.00pm
Tues 5 th Aug	BOCCE – Carpet Bowls Kilmarnock DRC	1.00pm – 2.00pm
Wed 6 th Aug	Tipi Project Dean Park	1.30pm – 3.00pm
Thurs 7 th Aug	Coffee Catch-Up Kilmarnock DRC	11.00am – 1.00pm
Mon 11 th Aug	WAG Chat Kilmarnock DRC	1.00pm – 2.00pm
	Football Memories Kilmarnock DRC	2.00pm – 3.00pm
	WAG Group Kilmarnock DRC	2.00pm – 3.00pm
Wed 13 th Aug	Tipi Project Dean Park	1.30pm – 3.00pm
Thurs 14 th Aug	Coffee Catch Up Kilmarnock DRC	11.00am – 1.00pm
Fri 15 th Aug	And relax... Kilmarnock DRC	12.00pm – 1.00pm
Mon 18 th Aug	WAG Chat Kilmarnock DRC	1.00pm – 2.00pm
	Football Memories Kilmarnock DRC	2.00pm – 3.00pm
	WAG Group Kilmarnock DRC	2.00pm – 3.00pm
Tues 19 th Aug	Art Class Kilmarnock DRC	2.00pm – 3.00pm
Cont..		

	Carers Café Kilmarnock DRC	2.00pm – 3.00pm
Wed 20 th Aug	Tipi Project Dean Park	1.30pm - 3.00pm
Thurs 21 st Aug	Coffee Catch Up Kilmarnock DRC	11.00am – 1.00pm
Mon 25 th Aug	WAG Chat Kilmarnock DRC	1.00pm – 2.00pm
	Football Memories Kilmarnock DRC	2.00pm – 3.00pm
	WAG Group Kilmarnock DRC	2.00pm – 3.00pm
Tues 26 th Aug	Movie Morning Kilmarnock DRC	10.30am – 12.00pm
	Carers Café Kilmarnock DRC	10.30am – 12.00pm
Wed 27 th Aug	Tipi Project Dean Park	1.30pm - 3.00pm
	Supper Club - Under 65s Kilmarnock Booking Required – Limited Numbers	5.30pm – 7.30pm
Thurs 28 th Aug	Coffee Catch Up Kilmarnock DRC	11.00am – 1.00pm
Fri 29 th Aug	Afternoon Tea Kilmarnock DRC Booking Required – Limited Numbers	2.00pm - 3.00pm

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To donate, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

24 HOUR

Dementia


Alzheimer Scotland
Action on Dementia

Helpline

Freephone 0808 808 3000
 Email helpline@alzscot.org

Dementia-Friendly Visits at the Scottish Football Museum in Hampden

🕒 *Drop in between 2–5pm on Thursdays*

Come along for a relaxed, dementia friendly visit at the **Scottish Football Museum**

- ☒ Try out Alzheimer Scotland's VR Reminiscence Technology
- ☐ Enjoy a cuppa and a chat
- ☐ Explore Scotland's footballing history in a calm, friendly setting

Free of charge | No booking needed | All welcome including family, friends & carers

Let football memories come alive in a space built for comfort, connection, and community.

Location: Scottish Football Museum. **Hampden Park, Letherby Drive, Mount Florida, Glasgow, G42 9BA.**

Phone: 0141 616 639 for more information