

What's on

August 2025 – South Ayrshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In person group		
Tues 5 th Aug	Tuesdays at Millrock Tea/coffee/chat Millrock Court, Barassie, Troon	10.30am – 12.00noon
Wed 6 th Aug	Wednesdays at Morrison Gardens Tea/coffee/chat Morrison Gardens Sheltered Housing Complex, Ayr	10.30am – 12.00noon
Wed 6 th Aug	Nurture through Nature Nature based walk/activities for unpaid Carers led by TCV – the Conservation Volunteers at Ailsa Hospital, Dalmellington Rd, Ayr KA6 6AB	13.00pm – 14.30pm
Tues 12 th Aug	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Weds 13 th Aug	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Weds 13 th Aug	Nurture through Nature Nature based walk/activities for unpaid carers Ailsa Hospital, Dalmellington Rd. Ayr	13.00pm – 14.30pm
Tues 19 th Aug	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Weds 20 th Aug	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Wed 20 th Aug	*New Forget me Not Group For those with family member/friend in long term care. Belhaven House, 3 Craigend Rd. Troon KA10 6ER	13.30pm – 15.00pm
Mon 25 th Aug	Carer Wellbeing and chat Tesco Community Space Whitletts Rd, Ayr	13.00pm – 14.30pm

Tues 26 th Aug	Peaceful Place (Booking required – max 10/12 attendees) Tea/coffee/chat Millrock Court, Barassie, Troon	10.30am – 12.00noon
Tues 26 th Aug	*Event Boogie Afternoon (Booking required) An afternoon of live music, singing and dancing with Aimee Penman – tea/coffee and scones. St Quivox church hall, Prestwick	14.00pm – 15.30pm
Wed 27 th Aug	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Wed 27 th Aug	Memory Café Boyle Court Community Room, Girvan, KA26 9ED A visit from the NHS Oral Heath team.	10.00am – 11.30am

Contact details for groups:

Email: PRudge@alzscot.org Tel: 07788253234
Email: LRobertson@alzscot.org Tel: 07585331946

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

