

What's on

September 2025 -

Renfrewshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who are living with dementia should come with a companion who can provide support for them.

Contact Katie for details on any of the groups Email: krobinson@alzscot.org or Tel: 07795257195



Wed 3 Sept	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 4 Sept	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00
Fri 5 Sept	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Mon 8 Sept	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 9 Sept	Singing Buddies North Church, Paisley, PA3 4AB	2.00-3.30
Wed 10 Sept	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 11 Sept	Houston Hello Group West Halls, Main Street, Houston	2.00-4.00
Fri 12 Sept	Cuppa and a Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 12 Sept	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Tues 16 Sept	Carers Support Group 32, Riccartbar Avenue, Paisley, PA2 6BG	2.00-3.30
Wed 17 Sept	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 18 Sept	Carers Support Group 32, Riccartbar Avenue, Paisley, PA2 6BG	10.30-12.00
Thurs 18 Sept	The Haven, Drop In Café St. Mark's Church, Paisley, PA1 3DL	2.00-4.00
Thurs 18 Sept	Houston Hello Singers West Halls, Main Street, Houston	2.00-4.00

Fri 19 Sept	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30
Mon 22 Sept	Football Memories St Mirren Park, Paisley, PA3 1RU	2.00-3.30
Tues 23 Sept	Singing Buddies North Church, Paisley, PA3 4AB	2.00-3.30
Wed 24 Sept	Lunch Club Venue TBC, must be booked	TBC
Wed 24 Sept	Forget Me Not Café North Church, Renfrew, PA4 8RG	2.00-4.00
Thurs 25 Sept	Houston Hello Group West Halls, Main Street, Houston	2.00-4.00
Fri 26 Sept	Cuppa and a Chat Morrisons Café, Johnstone, PA5 8SF	10.30-12.00
Fri 26 Sept	Keep Fit Chair Exercises North Church, Paisley, PA3 4AB	1.30-2.30

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

