

What's on



**Alzheimer
Scotland**
Action on Dementia

September 2025 – South Ayrshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In person group		
Tues 2 nd Sept	Tuesdays at Millrock Tea/coffee/chat Millrock Court, Barassie, Troon	10.30am – 12.00noon
Tues 2 nd Sept	Burnside Garden visit Littlemill Road, Drongan KA6 7EN Refreshments provided. Good footwear essential.	13.30pm – 15.00pm
Wed 3 rd Sept	Wednesdays at Morrison Gardens Tea/coffee/chat Morrison Gardens Sheltered Housing Complex, Ayr	10.30am – 12.00noon
Tues 9 th Sept	Dementia Advisor Drop In 'Connect' Hub Sandgate, Ayr	09.30am – 12.30pm
Tues 9 th Sept	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Weds 10 th Sept	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat and a visit from Murray Waugh Care Technologist, Health & Social Care Partnership	10.30am – 12.00noon
Tues 16 th Sept	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat and a visit from Murray Waugh Care Technologist, Health & Social Care Partnership	10.30am – 12.00noon
Weds 17 th Sept	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Wed 17 th Sept	'Forget me Not' Group For those with family member/friend in long term care. Belhaven House, 3 Craigend Rd. Troon KA10 6ER	13.30pm – 15.00pm
*Tues 23 rd Sept	Peaceful Place Group (Booking required – max 10/12 attendees) Quiet therapeutic activity group Millrock Court, Barassie, Troon	10.30am – 12.00noon

Wed 24 th Sept	Wednesdays at Morrison Gardens Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Wed 24 th Sept	Memory Café Boyle Court Community Room, Girvan, KA26 9ED and a visit from Murray Waugh Care Technologist, Health & Social Care Partnership	10.00am – 11.30am

****Please note:***

The Peaceful Place group will take place on the 4th Tues of the month for Sept. not the last Tuesday

There will be no Music and More at St Quivox this month.

Contact details for groups:

Email: PRudge@alzscot.org Tel: 07788253234
Email: LRobertson@alzscot.org Tel: 07585331946

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

